

Los Angeles Wheelmen VP Report - March 3, 2026

Hello All:

Sunday's ride was "Straight Cow Mountain" and (follow me on this) I was thinking of songs about cows and then I remembered there was a group in the 60's called the Cowsills and that took me to this song. Actually, this is their 2nd most famous song. I was going to use their most famous song, but thought I might keep it for a rained out ride.

<https://www.youtube.com/watch?v=LS0z-UuP6JY>

Watch the video and it's hard to believe there were ever groups like that. It's a family which actually sang with their mother. Get a load of how they are dressed. I was thinking that's a lot like "The Partridge Family" so I Googled it to see if there was a connection. Turns out "The Partridge Family" was based on the Cowsills and, in fact, the Cowsills were originally offered to star in the show, but negotiations broke down because the producers wanted to replace the mother with an actress. They should have taken the deal because I think today more people remember the Partridge Family than remember the Cowsills.

Sunday: There were 4 of us at the start in Alhambra. As usual, **Phil Whitworth** took this selfie:



That's **Edwin Dair**, surprise visitor **David Nakai**, **Me**, and **Phil**. I rode the short route while the others did the long. The short was only 30 miles and I decided it wasn't even worth stopping for lunch. I did make a Coke stop about 9 miles from the end, but it was a hot day. I wish I had taken some photos, because I don't have many photos tonight. I passed one up I thought would be funny, but just didn't bother to turn around and go back to take it. I've got to learn to do that. The other 3 seemed to have had a good day. Here's a shot Phil took out on the course:



Might have been at lunch - not sure. Here's another taken by Edwin:



Same location -- if it wasn't lunch, it looks like a refreshment stop. It was a warm day and I suspect it was pretty hot going over Turnbull Canyon late in the ride.

This Week: On Sunday we will be riding "Reseda Park - Phase II" which starts from Reseda Park (Duh). All 3 routes head west and return. The short stays in the Valley while the other two routes go over Santa Susana Pass to Simi Valley. The medium has lunch in Simi and then returns while the long goes all the way to Moorpark for lunch and then returns. That's two trips over Santa Susana for the medium and long riders, but it's never a really steep climb -- I might give it a try or maybe I'll just stick with the short. I just checked and this is NOT one of the weekends on which they will be closing some lanes on the 405, so at least we shouldn't have any additional problems getting out to the ride.

Cycling Quote of the Week: Here's another one from H. G. Wells, who must have been a cyclist:

"After your first day of cycling, one dream is inevitable. A memory of motion lingers in the muscles of your legs, and round and round they seem to go. You ride through Dreamland on wonderful dream bicycles that change and grow." H. G. Wells

Parting Shot: That's all I have for tonight. I don't have a photo for this spot, but here is another from Phil on last Sunday's ride.



I thought the cactus sort of brought out how hot the day was. This looks like it might have been a bathroom stop. His Strava map places it near the bottom of Turnbull Canyon but I'm not familiar with a bathroom in that area. Not a bad place for one though, so you can lighten up before the climb.

See You On The Road

Rod Doty, VP

Attachments area

Preview YouTube video The Cowsills - Indian Lake (1968)

Preview YouTube video The Cowsills - Indian Lake (1968)

