

SOUTH BAY RAMBLE

Long (Detour) - 55 Miles - 2800 Feet (mapping software)

PROTECTIVE HELMETS ARE TOTAL NEXT
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 14 ft):
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR (<i>Pershing curves R</i>)	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY (<i>formerly Sepulveda</i>)	5.6	1.1
R - VALLEY DR. (<i>1st R after Rosecrans</i>)	6.7	0.6

L - PACIFIC AVE. (<i>For a short way</i>)	7.3	0.0
L - MARINE AVE.	7.3	0.2
R - POINSETTIA AVE. (<i>Hill</i>)	7.5	1.1
R - DUNCAN PL. (<i>To end</i>)	8.6	0.1

L - ARDMORE AVE.	8.7	1.0
JOG R/L AT PIER AVE INTO VALLEY DR.	9.7	0.8
L - HERONDO ST	10.5	1.7

BCMS ANITA . . . THEN 190TH ST

Long & Medium Routes split here
Medium continues straight at HERONDO

R - ANZA AVE.	12.2	0.7
L - DEL AMO BLVD.	12.9	1.3
R - MAPLE AVE	14.2	0.9
L - EL DORADO ST. (<i>Walk across RR tracks</i>)	15.1	1.1

R - ARLINGTON AVE.	16.2	1.0
L - SANTA FE AVE.	17.2	0.2

(*Pit Stop at Torrance Park if Desired*)

R - CABRILLO AVE	17.4	2.6
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BCMS ESHELMAN

L - 263RD STREET	20.0	0.2
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R - WESTERN AVE.	20.2	0.3
R - PALOS VERDES DR	20.5	2.9
L - CRENSHAW BLVD	23.4	1.2
R - SILVER SPUR RD	24.6	0.9

L - HAWTHORNE BLVD	25.5	4.5
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LUNCH at Golden Cove on Left at Palos Verdes Dr
(Subway / Starbucks)

CONTINUED IN NEXT COLUMN

After Lunch . . .

GO NORTH ON PALOS VERDES DR	30.0	3.4
R - MONTE MAR	33.4	0.5
L - VIA DEL MONTE (<i>into VIA CAMPESINA</i>)	33.9	2.4
L - PALOS VERDES DRIVE NORTH	36.3	1.3

JOG R/L AT VIA ALAMEDA INTO PALOS VERDES DR. N / VIA CAPAY	37.6	0.5
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L - VIA ANITA	38.1	0.1
R - PALOS VERDES <u>BOULEVARD</u>	38.2	1.6
L - PROSPECT AVE.	39.8	2.3

R - BERYL ST.	42.1	0.6
R - 190TH STREET	42.7	0.1
L - RINDGE LANE	42.8	1.0
L - ARTESIA BLVD	43.8	0.2

R - BLOSSOM LANE	44.0	0.9
L - WARFIELD AVE	44.9	0.2
R - AVIATION BLVD	45.1	4.6
L - ARBOR VITAE	49.7	3.6

BCMS WESTCHESTER PKWY

R - PERSHING DR	53.3	0.7
L - TO STAY ON PERSHING	54.0	0.1
L - CULVER BLVD	54.1	0.2

ICE CREAM AT PLAYA PROVISIONS
Then continue on Culver Blvd

R - PACIFIC AVE	54.3	0.1
R - CONVOY ST	54.4	0.1
L - ESPLANADE ST	54.5	0.1
FINISH BACK AT PARK	54.6	

See Us on the Web at LAWheelmen.org
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Revised 7/21

Last Scheduled 08/17/25

Next Week:
Most of Aliso Creek



Scan to go to route on RideWithGPS

SOUTH BAY RAMBLE

Long (Detour) - 55 Miles - 2800 Feet (mapping software)

PROTECTIVE HELMETS ARE REQUIRED ON ALL WHEELMEN RIDES

TOTAL NEXT
MILES TURN

START LOCATION (Elev. 14 ft):
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR (<i>Pershing curves R</i>)	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY (<i>formerly Sepulveda</i>)	5.6	1.1
R - VALLEY DR. (<i>1st R after Rosecrans</i>)	6.7	0.6

L - PACIFIC AVE. (<i>For a short way</i>)	7.3	0.0
L - MARINE AVE.	7.3	0.2
R - POINSETTIA AVE. (<i>Hill</i>)	7.5	1.1
R - DUNCAN PL. (<i>To end</i>)	8.6	0.1

L - ARDMORE AVE.	8.7	1.0
JOG R/L AT PIER AVE INTO VALLEY DR.	9.7	0.8
L - HERONDO ST	10.5	1.7

BCMS ANITA . . . THEN 190TH ST

Long & Medium Routes split here
Medium continues straight at HERONDO

R - ANZA AVE.	12.2	0.7
L - DEL AMO BLVD.	12.9	1.3
R - MAPLE AVE	14.2	0.9
L - EL DORADO ST. (<i>Walk across RR tracks</i>)	15.1	1.1

R - ARLINGTON AVE.	16.2	1.0
L - SANTA FE AVE.	17.2	0.2

(*Pit Stop at Torrance Park if Desired*)

R - CABRILLO AVE	17.4	2.6
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BCMS ESHELMAN

L - 263RD STREET	20.0	0.2
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R - WESTERN AVE.	20.2	0.3
R - PALOS VERDES DR	20.5	2.9
L - CRENSHAW BLVD	23.4	1.2
R - SILVER SPUR RD	24.6	0.9

L - HAWTHORNE BLVD	25.5	4.5
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LUNCH at Golden Cove on Left at Palos Verdes Dr
(Subway / Starbucks)

CONTINUED IN NEXT COLUMN

After Lunch . . .

GO NORTH ON PALOS VERDES DR	30.0	3.4
R - MONTE MAR	33.4	0.5
L - VIA DEL MONTE (<i>into VIA CAMPESINA</i>)	33.9	2.4
L - PALOS VERDES DRIVE NORTH	36.3	1.3

JOG R/L AT VIA ALAMEDA INTO PALOS VERDES DR. N / VIA CAPAY	37.6	0.5
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L - VIA ANITA	38.1	0.1
R - PALOS VERDES <u>BOULEVARD</u>	38.2	1.6
L - PROSPECT AVE.	39.8	2.3

R - BERYL ST.	42.1	0.6
R - 190TH STREET	42.7	0.1
L - RINDGE LANE	42.8	1.0
L - ARTESIA BLVD	43.8	0.2

R - BLOSSOM LANE	44.0	0.9
L - WARFIELD AVE	44.9	0.2
R - AVIATION BLVD	45.1	4.6
L - ARBOR VITAE	49.7	3.6

BCMS WESTCHESTER PKWY

R - PERSHING DR	53.3	0.7
L - TO STAY ON PERSHING	54.0	0.1
L - CULVER BLVD	54.1	0.2

ICE CREAM AT PLAYA PROVISIONS

Then continue on Culver Blvd

R - PACIFIC AVE	54.3	0.1
R - CONVOY ST	54.4	0.1
L - ESPLANADE ST	54.5	0.1
FINISH BACK AT PARK	54.6	

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Revised 7/21

Last Scheduled 08/17/25

Next Week: Most of Aliso Creek



Scan to go to route on RideWithGPS

SOUTH BAY RAMBLE

Medium - 44 Miles - 2000 feet (barometric)

PROTECTIVE HELMETS ARE REQUIRED ON ALL WHEELMEN RIDES

TOTAL NEXT
MILES TURN

START LOCATION (Elev. 13 ft):
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR (<i>Pershing curves R</i>)	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY (<i>formerly Sepulveda</i>)	5.6	1.1
R - VALLEY DR. (<i>1st R after Rosecrans</i>)	6.7	0.6

L - PACIFIC AVE. (<i>For a short way</i>)	7.3	0.0
L - MARINE AVE.	7.3	0.2
R - POINSETTIA AVE. (<i>Sign hard to see</i>)	7.5	1.1
R - DUNCAN PL. (<i>To end</i>)	8.6	0.1

L - ARDMORE AVE.	8.7	1.0
JOG R/L AT PIER AVE INTO VALLEY DR. (<i>Becomes FRANCISCA</i>)	9.7	1.1

Medium & Long routes split here
Long turns left at HERONDO

R - CATALINA AVE.	10.8	1.1
R - ESPLANADE	11.9	1.5
CURVE L INTO CALLE MIRAMAR	13.4	0.3
R - CAMINO DE ENCANTO (<i>Just before light</i>)	13.7	0.5

L - PASEO DE LA PLAYA (<i>At T</i>)(<i>a short way</i>)	14.2	0.0
R - PALOS VERDES BOULEVARD (<i>At T</i>) (<i>Curves R into Palos Verdes Dr West</i>)	14.2	2.2

R - At 2ND PASEO DEL MAR (<i>Where Palos Verdes Drive becomes divided</i>) (<i>Becomes PASEO LUNADO</i>)	16.4	2.0
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R - VIA ANACAPA (<i>For a short way</i>)	18.4	0.0
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R - PASEO LUNADO <i>BCMS PASEO DEL MAR</i>	18.4	0.8
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R - VIA ALVARADO (<i>To End</i>)	19.2	0.1
L - INTO ALLEYWAY	19.3	0.1
R - VIA PACHECO (<i>For a short way</i>)	19.4	0.0

R - PALOS VERDES DRIVE WEST	19.4	1.4
R - INTO WHALE WATCH SITE	20.8	0.2

BREAK--WATER & RESTROOMS

CONTINUED IN NEXT COLUMN

RETURN TO PALOS VERDES DR	21.0	0.2
L - PALOS VERDES DR. (<i>back the way you came</i>)	21.2	0.4

LUNCH at Golden Cove on R (Subway / Starbucks)

CONT. ON PALOS VERDES DR	21.6	4.9
L - PALOS VERDES BLVD. (<i>Carefull!!</i>)	26.5	0.6
R - CALLE MAYOR	27.1	1.9
L - ANZA AVE.	29.0	2.9

L - 190TH AVE.	31.9	0.5
R - RINDGE LANE	32.4	1.0
L - ARTESIA BLVD	33.4	0.1
R - BLOSSOM LANE	33.5	0.9

L - WARFIELD AVE	34.4	0.2
R - AVIATION BLVD	34.6	4.6
L - ARBOR VITAE	39.2	3.6

<i>BCMS WESTCHESTER PKWY</i>		
R - PERSHING DR	42.8	0.7

L - TO STAY ON PERSHING	43.5	0.1
L - CULVER BLVD	43.6	0.2

ICE CREAM AT PLAYA PROVISIONS
Then continue on Culver Blvd

R - PACIFIC AVE	43.8	0.1
R - CONVOY ST	43.9	0.1
L - ESPLANADE ST	44.0	0.1
FINISH BACK AT PARK	44.1	

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Revised 7218 Last Scheduled 08/17/25

Next Week:
Most of Aliso Creek



Scan to go to route on RideWithGPS

SOUTH BAY RAMBLE

Medium - 44 Miles - 2000 feet (barometric)

PROTECTIVE HELMETS ARE REQUIRED ON ALL WHEELMEN RIDES

TOTAL NEXT
MILES TURN

START LOCATION (Elev. 13 ft):
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR (<i>Pershing curves R</i>)	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY (<i>formerly Sepulveda</i>)	5.6	1.1
R - VALLEY DR. (<i>1st R after Rosecrans</i>)	6.7	0.6

L - PACIFIC AVE. (<i>For a short way</i>)	7.3	0.0
L - MARINE AVE.	7.3	0.2
R - POINSETTIA AVE. (<i>Sign hard to see</i>)	7.5	1.1
R - DUNCAN PL. (<i>To end</i>)	8.6	0.1

L - ARDMORE AVE.	8.7	1.0
JOG R/L AT PIER AVE INTO VALLEY DR. (<i>Becomes FRANCISCA</i>)	9.7	1.1

Medium & Long routes split here
Long turns left at HERONDO

R - CATALINA AVE.	10.8	1.1
R - ESPLANADE	11.9	1.5
CURVE L INTO CALLE MIRAMAR	13.4	0.3
R - CAMINO DE ENCANTO (<i>Just before light</i>)	13.7	0.5

L - PASEO DE LA PLAYA (<i>At T</i>)(<i>a short way</i>)	14.2	0.0
R - PALOS VERDES BOULEVARD (<i>At T</i>) (<i>Curves R into Palos Verdes Dr West</i>)	14.2	2.2

R - At 2ND PASEO DEL MAR (<i>Where Palos Verdes Drive becomes divided</i>) (<i>Becomes PASEO LUNADO</i>)	16.4	2.0
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R - VIA ANACAPA (<i>For a short way</i>)	18.4	0.0
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R - PASEO LUNADO <i>BCMS PASEO DEL MAR</i>	18.4	0.8
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R - VIA ALVARADO (<i>To End</i>)	19.2	0.1
L - INTO ALLEYWAY	19.3	0.1
R - VIA PACHECO (<i>For a short way</i>)	19.4	0.0

R - PALOS VERDES DRIVE WEST	19.4	1.4
R - INTO WHALE WATCH SITE	20.8	0.2

BREAK--WATER & RESTROOMS

CONTINUED IN NEXT COLUMN

RETURN TO PALOS VERDES DR	21.0	0.2
L - PALOS VERDES DR. (<i>back the way you came</i>)	21.2	0.4

LUNCH at Golden Cove on R (Subway / Starbucks)

CONT. ON PALOS VERDES DR	21.6	4.9
L - PALOS VERDES BLVD. (<i>Carefull!!</i>)	26.5	0.6
R - CALLE MAYOR	27.1	1.9
L - ANZA AVE.	29.0	2.9

L - 190TH AVE.	31.9	0.5
R - RINDGE LANE	32.4	1.0
L - ARTESIA BLVD	33.4	0.1
R - BLOSSOM LANE	33.5	0.9

L - WARFIELD AVE	34.4	0.2
R - AVIATION BLVD	34.6	4.6
L - ARBOR VITAE	39.2	3.6

<i>BCMS WESTCHESTER PKWY</i>		
R - PERSHING DR	42.8	0.7

L - TO STAY ON PERSHING	43.5	0.1
L - CULVER BLVD	43.6	0.2

ICE CREAM AT PLAYA PROVISIONS
Then continue on Culver Blvd

R - PACIFIC AVE	43.8	0.1
R - CONVOY ST	43.9	0.1
L - ESPLANADE ST	44.0	0.1
FINISH BACK AT PARK	44.1	

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Revised 7218 Last Scheduled 08/17/25

Next Week:
Most of Aliso Creek



Scan to go to route on RideWithGPS

SOUTH BAY RAMBLE

Short - 36 Miles - 1800 feet (mapping software)

PROTECTIVE HELMETS ARE REQUIRED ON ALL WHEELMEN RIDES

TOTAL NEXT
MILES TURN

START LOCATION (Elev. 13 ft):
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR (<i>Pershing curves R</i>)	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY (<i>formerly Sepulveda</i>)	5.6	1.1
R - VALLEY DR. (<i>1st R after Rosecrans</i>) (<i>Becomes FRANCISCA</i>)	6.7	4.1

Short & Medium routes split here
Medium turns left at PACIFIC AVE

R - CATALINA AVE.	10.8	1.1
R - ESPLANADE	11.9	1.6
CURVE L INTO CALLE MIRAMAR.	13.5	0.3
R - CAMINO DE ENCANTO (<i>Just before light</i>)	13.8	0.5

L - PASEO DE LA PLAYA (<i>At T</i>)(<i>a short way</i>)	14.3	0.0
R - PALOS VERDES BOULEVARD	14.3	0.3
R - PALOS VERDES DRIVE WEST	14.6	0.2
L - VIA CORTA (<i>Pause at Malaga Cove</i>)	14.8	0.1

L - VIA CAMPESINA	14.9	1.8
L - PALOS VERDES DRIVE NORTH	16.7	0.9
R - VIA COLUSA (<i>go around barrier</i>)	17.6	0.3
L - CALLE MIRAMAR	17.9	0.5

R - CALLE MAYOR	18.4	1.3
L - ANZA AVE.	19.7	1.4

LUNCH at Carl's at Torrance Blvd

CONTINUED IN NEXT COLUMN

WEST - ON TORRANCE BLVD.	21.1	0.9
R - PROSPECT AVE.	22.0	1.1
R - BERYL ST	23.1	0.6
R - 190 TH ST.)	23.7	0.1

L - RINDGE LANE	23.8	1.0
L - ARTESIA BLVD	24.8	0.2
R - BLOSSOM LANE	25.0	0.9
L - WARFIELD AVE	25.9	0.2

R - AVIATION BLVD	26.1	4.6
L - ARBOR VITAE	30.7	3.6

BCMS WESTCHESTER PKWY

R - PERSHING DR	34.3	0.7
L - TO STAY ON PERSHING	35.0	0.1

L - CULVER BLVD	35.1	0.2
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ICE CREAM AT PLAYA PROVISIONS
Then continue on Culver Blvd

R - PACIFIC AVE	35.3	0.1
R - CONVOY ST	35.4	0.1
L - ESPLANADE ST	35.5	0.1
FINISH BACK AT PARK	35.6	

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Most of Aliso Creek



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SOUTH BAY RAMBLE

Short - 36 Miles - 1800 feet (mapping software)

PROTECTIVE HELMETS ARE REQUIRED ON ALL WHEELMEN RIDES

TOTAL NEXT
MILES TURN

START LOCATION (Elev. 13 ft):
Del rey Lagoon in Playa del Rey

START SOUTH ON ESPLANADE ST	0.0	0.1
L - CULVER BLVD	0.1	0.1
R - PERSHING DR (<i>Pershing curves R</i>)	0.2	2.5
L - IMPERIAL HWY	2.7	0.7

R - MAIN ST.	3.4	1.1
L - EL SEGUNDO BLVD.	4.5	1.1
R - PACIFIC COAST HWY (<i>formerly Sepulveda</i>)	5.6	1.1
R - VALLEY DR. (<i>1st R after Rosecrans</i>) (<i>Becomes FRANCISCA</i>)	6.7	4.1

Short & Medium routes split here
Medium turns left at PACIFIC AVE

R - CATALINA AVE.	10.8	1.1
R - ESPLANADE	11.9	1.6
CURVE L INTO CALLE MIRAMAR.	13.5	0.3
R - CAMINO DE ENCANTO (<i>Just before light</i>)	13.8	0.5

L - PASEO DE LA PLAYA (<i>At T</i>)(<i>a short way</i>)	14.3	0.0
R - PALOS VERDES BOULEVARD	14.3	0.3
R - PALOS VERDES DRIVE WEST	14.6	0.2
L - VIA CORTA (<i>Pause at Malaga Cove</i>)	14.8	0.1

L - VIA CAMPESINA	14.9	1.8
L - PALOS VERDES DRIVE NORTH	16.7	0.9
R - VIA COLUSA (<i>go around barrier</i>)	17.6	0.3
L - CALLE MIRAMAR	17.9	0.5

R - CALLE MAYOR	18.4	1.3
L - ANZA AVE.	19.7	1.4

LUNCH at Carl's at Torrance Blvd

CONTINUED IN NEXT COLUMN

WEST - ON TORRANCE BLVD.	21.1	0.9
R - PROSPECT AVE.	22.0	1.1
R - BERYL ST	23.1	0.6
R - 190 TH ST.)	23.7	0.1

L - RINDGE LANE	23.8	1.0
L - ARTESIA BLVD	24.8	0.2
R - BLOSSOM LANE	25.0	0.9
L - WARFIELD AVE	25.9	0.2

R - AVIATION BLVD	26.1	4.6
L - ARBOR VITAE	30.7	3.6

BCMS WESTCHESTER PKWY

R - PERSHING DR	34.3	0.7
L - TO STAY ON PERSHING	35.0	0.1

L - CULVER BLVD	35.1	0.2
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ICE CREAM AT PLAYA PROVISIONS
Then continue on Culver Blvd

R - PACIFIC AVE	35.3	0.1
R - CONVOY ST	35.4	0.1
L - ESPLANADE ST	35.5	0.1
FINISH BACK AT PARK	35.6	

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Most of Aliso Creek



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