

## Los Angeles Wheelmen VP Report - October 29, 2024

Hello All:

I was hoping the Dodgers would win tonight to complete a win of the World Series, but I guess that will have to wait until tomorrow or back in LA later in the week. I have no doubt they will win the series and in honor of that, here is the song that gets played after each Dodger win. This is the original "I Love LA" video by Randy Newman. It's not as complimentary to LA as many may think. Just to make you watch it, here's a quiz: What mountain does the video show at the line "Look at that mountain"

[https://www.youtube.com/watch?v=KcADqxnQA\\_4](https://www.youtube.com/watch?v=KcADqxnQA_4)

**Sunday:** Speaking of mountains, our Sunday ride was "Mount Wilson." There were 6 of us at the start and **Julie Shishino** (for a change of pace) took this shot:



That's **Bill Faulkner**, **Dale Aaronson**, **Me**, **Phil Whitworth**, and **Edwin Dair**. Bill and I only did the short which did not head up toward Wilson at all. Shortly after we started, we ran into **Rafi Karpinski** who said he was running late but he

would try to catch up to the rest. Apparently he did because here he is (2nd from the left) in another photo taken by Julie up on the mountain:



So we don't leave Julie out of the photos, here is one Phil took of her as she left Red Box.



I believe all the mountaineers made it to the top. Here's a photo from Dale taken at the Cosmic Cafe.



A final photo from Dale shows what a nice day it was in the mountains.



I wish I were in good enough shape to have gone with them.

**This Week:** This Sunday we will be riding the "Alhambra -Burbank Caper." which starts from Alhambra, just like two weeks ago. All routes head out to Burbank, but the short doesn't go quite as far out as the long and medium before turning back. The only difference between the long and medium is that on the return, the medium skirts around the edge of Griffith Park while the the long goes up and over Griffith Park, taking you past the Observatory. All nice routes for our first ride of November. **NOTE: Day light saving ends this Sunday** so enjoy the extra hour of sleep and join us for the ride.

**Breaking a Bad Habit:** Every Monday night I go to bed planning to get up and do a solo Tuesday ride and every Tuesday morning I wake up and decide I will do it next week. I looked at my records tonight and the last time I rode on a Tuesday was July 4th, 2023 -- and I rode that day because it was a club ride on the 4th of July. So, for well over a year, I have planned to ride on Tuesday and have failed to do it every single time. Well, today, I finally rode a solo Tuesday ride. It wasn't easy and I didn't get out the door until 9 a.m., but I made it. Hopefully this will begin a string of Tuesday rides and I can finally break my bad

habit of not riding as often as I know I should. I wouldn't mention this except I suspect I'm not the only one who has a motivational problem. It's just so easy to lay in bed rather than get up and ride. So, if you find yourself in the same boat, take heart -- you can break the cycle.

**Patches of the Week: Laverne Boethling** just send me a box of patches she found in here attic. They are mostly for holiday rides and club events for which we formerly gave out patches. She included 7 League patches for a Halloween Ride. Since it is Halloween this week, here are 4 of them:







L.A.W.  
HALLOWEEN 1983



I like the one with a bicycle caught in a spider's web.

**Parting Shot:** If you ask someone where they rode today and they say I rode up to the domes, they usually mean the radar domes on top of Palos Verdes which is a climb of about 1000 feet. But here is a photo from Sunday's ride (taken by Dale) which gives new meaning to "I rode to the domes."



To get to these domes, you have to climb about 5000 feet. Quite a difference from Palos Verdes. Hats off to those who made it to the domes on Sunday.

See You On The Road

Rod Doty, VP

Attachments area

Preview YouTube video Randy Newman - I Love L.A. (Official Video)

