

## Los Angeles Wheelmen VP Report - August 27, 2024

Hello All:

We were riding in Long Beach again last Sunday and I'm all out of songs about Long Beach for our theme music, so I'm just going to fall back on the idea of beach music and pick something from the Beach Boys. This one has nothing to do with the beach, but when it was first released back in the 60's there was a popular girl in my high school class with the same name and the song always reminds me of her.

[https://www.youtube.com/watch?v=j1THDLgL\\_bs](https://www.youtube.com/watch?v=j1THDLgL_bs)

**Sunday:** We were riding the "Long Beach Bike Path" on Sunday. We had a fairly good turn-out of 7 riders. **Phil Whitworth** took this group shot at the start:



From the left: **Bill Faulkner, Mario Solano, Jacques Stern, Rafi Karpinski, Edwin Dair** and me. Bill did the medium and the rest of us did the long route. I was not having a great day and was soon riding by myself. The group did wait for me at the Whittier Narrows Dam, but I told them to go on. The 20 mile slog down the Rio Hondo & LA Rivers to Long Beach seemed to take forever and I stopped to rest 3 times. I finally limped into lunch where I caught Jacques. At least at that

point we only had 7 miles to go to the end. It's funny how things go sometimes -- last week I did 63 miles and felt great and this week I only had to go 53 flat miles and felt lousy. Oh well. I trust the rest had a good day. Phil posted this photo showing there is still water coming down the San Gabriel River, even in late September:



The purpose of the routes was to ride the Long Beach Bike Path and Jacques posted this photo of one of the nicer sights to be seen along that path:



**This Week:** This Sunday we will be riding "Malibu Vistas" which we ride almost every year. All routes start in Malibu and ride to Neptune's Net for lunch and return. The long is fairly difficult as it climbs Latigo on the way north and then Yerba Buena on the return -- both major climbs. The medium follows the long up Latigo and on to lunch, but after lunch skips the Yerba Buena climb and takes an easier route back. The short (which I will be riding by the way) doesn't do any major climbs, but a number of smaller climbs on the way out to Neptune's Net and then the reverse of those climbs on the way back. The route was designed to stay off PCH as much as possible, so we are often riding roads parallel to PCH which we don't usually see when riding up and down PCH. BTW: I always write a soap opera episode synopsis for my my schedule description of this ride. This year I let ChatGPT write the synopsis for me. I'll be sending out that schedule tomorrow, so you can check it out.

**Triple Dipper Photo:** It was a beautiful day at Golden Cove in Palos Verdes last Thursday for the weekly Triple Dipper Ride. **Sandy Weiner** took this photo of the

group as we enjoyed our break:



**Patch of the Week:** I received this one from **Nancy Domjanovich**. It is for the Cinderella Classic which claims to be the original women only bike ride. It is held annually by the Valley Spokesmen, which is a club up in the bay area. Nancy's patch is for 2004 but they still hold this every year. They held the 48th edition this past April. I was looking at their web site and I notice they mark the course with pink arrows. Cute.



**Parting Shot:** I took this shot along the LA river on Sunday. I'm often impressed by the time and effort that would seem to go into the work of graffiti artists, but this one impresses me by the sheer number of gallons of paint that it must have taken.



See You On The Road

Rod Doty, VP

Attachments area

Preview YouTube video Help Me, Rhonda (Stereo)

