

## Los Angeles Wheelmen VP Report - August 6, 2024

Hello All:

Last Sunday was our annual ice cream ride. Like Pavlov's dogs, generations of America's youth have been trained to suddenly crave ice cream when they hear the following song. See if you can listen to it and resist running to the kitchen to see if you have some in the freezer.

<https://www.youtube.com/watch?v=CZB6WXDuM1g>

**Sunday:** Although I call it the ice cream ride, its actual name is "South Bay Ramble" and it started from Playa del Rey. We had an excellent turn-out of 10 riders, and thanks to a helpful passerby, the photos taken at the start included everyone. This one was sent to me by **Julie Shishino**



From the left: **Jacques Stern, Rafi Karpinski, Edwin Dair, Dale Aaronson, Julie Shishino, Gary Murphy, Me, Phil Whitworth, Mario Solano** and **Chris Hedberg**. The big news was the return of Rafi, who had not ridden with us in a long time. Some thought it had been years, but I looked back through some of these reports and I found him on the Easter ride on April 9, 2023. I didn't see anything later than that however. So it's been about a year and a half. Anyway, welcome back Rafi. Here is a shot I took of him at the end of the ride.





Although Gary and I started out on the medium, we switched to the short -- after several weeks off, I wasn't ready for the longer ride. The rest of the riders split between the long and medium, but I'm not exactly sure who went where. It was a nice day for riding, no matter which route you took. But the point of the ride was the ice cream at the end. Not surprising, Gary and I got there first, but we didn't have to wait too long before the rest showed up and they all showed up pretty close together. Playa Provisions once again turned out to be a pleasant place to enjoy our post-ride ice cream (or whatever -- I think only a couple of us actually had ice cream). BTW: Playa Provisions gives a 10% discount to cyclists. Here is a shot from Phil of the group enjoying the shaded patio.



**This Sunday:** This Sunday we will be riding "Orange Coast Tour" which is pretty much a traditional summer ride. We start from Huntington Beach. After wandering around a while, the long and medium make their way down to Newport and Balboa Island where we ride the ferry (bring change). The long then makes a loop inland to Old Town Irvine for lunch while the medium makes a more direct return. The short also goes down to Newport by a fairly direct route and returns, but it actually ends up riding the ferry in the opposite direction from the other two routes. I would love to do the long because I like lunch in Old Town

Irvine, but given my performance last Sunday, that might be a bit too much for me, so we shall see.

**Save the Date:** Not this week, but next week on Thursday, August 15th, we will be holding our bi-monthly meeting. We have a new host this month -- **Andy Pollack** -- who lives in Westchester. Details next week, but save the date.

**Patch of the Week:** Not actually a patch this week, but **Mel Cutler** send me this photo. The White Mountain Double Century did not give out finisher patches, but for those who made it to the top of White Mountain at 10,100 feet, you were give this decorated CO2 cartridge.



**Breaking News:** After 21 consecutive losses (tying the American League record) the White Sox won tonight. It's tough being a Chicago fan.

**Parting Shot:** Don't really have anything for this spot, but it's been a while since I used one of the signs out in Malibu with it's weekly seafood related puns. This one is from **Phil Whitworth's** ride today



See You On The Road

Rod Doty, VP

Attachments area

Preview YouTube video The Ice Cream Truck Song

