Los Angeles Wheelmen VP Report - March 26, 2024

Hello All:

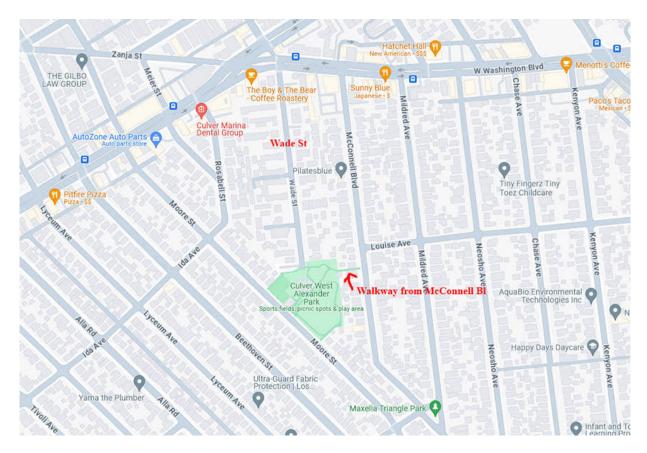
Last Sunday's ride was "Looking For Leona" and as luck would have it, there is an old song called "Leona." I've never heard of it, but it's a country song first released in 1961 when I was 11, so I guess that's no surprise. Anyway, here it is for tonight's theme music.

https://www.youtube.com/watch?v=D1n0IAjSJ-E

Sunday: The ride was "Looking for Leona" but it would appear that no one found her. I'm experiencing a slight medical problem that might keep me off the bike for a couple of weeks, so I didn't go. I heard from no one else who showed and I didn't see any Strava posts from riders who showed. There was a threat of rain and wind, so I suspect that kept riders away. San Francisquito and Bouquet Canyons are pretty far out there to get caught in the rain and when the winds blow, they often **REALLY** blow out there. So, no photos this week. In fact this will probably be a short report.

This Sunday: This Sunday is Easter and we will be riding our traditional Easter Ride which we call the "Funny Bunny Ride" and which starts from the "Corner." These are short holiday routes meant to get you home early to celebrate the day any way you wish. The long and medium start with a little climbing in Beverly Hills before heading south through Culver City and on to Westchester. They stop for a break in the Marina Del Rey area. The medium returns directly to the start while the long does an extra loop taking you into the Holmby Hills where only yesterday the Feds raided the home of Sean "Diddy" Combs. I don't know if the course goes by his mansion, but it probably goes close. The short skips the initial climbing in Beverly Hills, but otherwise follows the medium route to the break in the Marina and back to the start. I doubt I make the ride, but you never know. There is talk of rain anyway.

Reminder About the Awards Lunch. I hope you all got your invitation to the annual Awards Lunch on Sunday, April 7. If you didn't, contact me and I'll send it again. Only a few of you have RSVP'd so far, so if you plan to attend, please RSVP to me at roddoty@roadrunner.com. We have a new location this year, but it's still at a park in Culver City. The invitation included the map below, but the more I think about it, I would really encourage everyone to find street parking on Moore St on the west side of the Park. There is very little parking in the park.



Patch of the Week: This patch came from Jackie Burneson and is for the Cinderella Classic held up in Bay Area by the Valley Spokesmen Bicycle Club.



According to their web site, they are the original women only bike ride and this year will be their 48th year. This year the ride will be held on April 13th and I believe you can still register. It's women only, but they encourage the men in your life to volunteer to staff the ride.

Observation: I don't have much tonight, so let me stick in something I have recently noticed. A couple of months ago I replaced my Garmin 1030 with the newer Garmin 1040. Since then, I have noticed that the exact same ride I often do on Thursdays is now giving me 1600 feet of elevation gain instead of the old 1400. Two weeks ago on the Rose Bowl Century, I noticed one lap around the Rose Bowl was giving me almost 130 meet of climbing instead of the 110 feet I

used to get. I can only assume that the newer Garmin has a more sensitive or more discriminating altimeter which is recording little 4 or 5 foot humps etc. that the old one would ignore. On longer rides, these can add up. I'm wondering if anyone else has noticed this with newer Garmins. I would assume they use the same altimeter in all their models, but I'm not sure so this might only apply to the 1040. It means I might start revising upward all the elevation gains listed on the club route sheets. It also means that if you are into racking up as much climbing as possible every year, you should get a newer Garmin. If you ride a lot, it could mean an extra 400 feet per week, or over 2000 extra feet per year, without actually doing any extra climbing.

No Parting Shot: I don't have a photo for this spot and even the weekly shot of the Reel Inn sign from **Phil Whitworth** wasn't all that funny this week.

See You On The Road

Rod Doty, VP