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## Los Angeles Wheelmen VP Report

1 message

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### Los Angeles Wheelmen VP Report - July 11, 2023

Hello All:

Sunday's ride was "Orange Coast Tour" so I looked for songs that had something to do with oranges. I came up with this one.

<https://www.youtube.com/watch?v=cPSiK5dCTCU>

**Sunday:** As mentioned, we were riding "Orange Coast Tour" which started in Huntington Beach. There were 7 riders and as usual, **Phil Whitworth** took this photo at the start:



From the left, that's me, **Bill Faulkner** (in the distance), **Ben King**, **Jacques Stern** and **Mario Solano**. **Thomas Knoll** joined us a bit later, but to be fair, we left early, so he wasn't late. I don't know how that happened -- we never leave early. Thomas, Bill and I rode the medium and the others rode the long. We all stayed together during the early miles as we looped around Huntington Beach and then headed off for our ride on the Balboa Ferry. Here's a selfie Phil took on board.



Here's another shot from the ferry.



There aren't many bike rides when you can take shots like this one, but we will probably be on the ferry a couple more times this summer. The medium stayed near the coast all day so we had nice temperatures. I didn't hear from any of the long riders as to how hot it got on their trip inland to Old Town Irvine, but they should have had cooling breezes on the way back, so it probably wasn't too bad.

Sunday **Hoy Quan** also lead a newcomer ride from downtown to Griffith Park and back. He send this photo from the start:



Looks like they had another good group.

**This Week:** On Sunday we will be riding the "Coastal Cruise Centuries" which are our century and metric century of the month. These are fairly easy centuries which stay near the coast, so you can ignore those heat warnings on the news. The routes start from the Del Rey Lagoon in Playa del Rey and head south. The full century makes it down to Huntington Beach before returning while the metric only goes as far as Long Beach. There are a few climbs in Palos Verdes and the long goes up to the top of Signal Hill, but if you are clever, you can cut those off (I often do). I hope to ride the metric. You should also note that these rides start a bit early at 8 a.m.

**Mystery Instrument:** I forgot to mention this last week, but 2 weeks ago I asked if anyone could identify the instrument being played in the video accompanying that week's e-mail. **M. J. Grove** was the only person to correctly identify the instrument as a Nyckelharpa. I don't know if she really knew that or just realized the name of the instrument was in the text accompanying the video. Anyway, if you are interested, here is a link to the Wikipedia entry for a Nyckelharpa: <https://en.wikipedia.org/wiki/Nyckelharpa>

**Parting Shot:** Once again I don't really have a photo for this spot, but as usual, Phil took his weekly photo of the pun posted on the sign at the Reel Inn in Malibu. I thought this one was pretty good



I'm really impressed that they can keep coming up with so many fish related puns. I wonder if they found a book called "1001 Seafood Puns."

See You On The Road

Rod Doty, VP