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## Los Angeles Wheelmen VP Report

1 message

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### Los Angeles Wheelmen VP Report - April 18, 2023

For tonight's theme music I have chosen this song as one that is appropriate for the day

<https://www.youtube.com/watch?v=xYCntCKHy6I>

**Sunday:** Last Sunday we were out in Santa Clarita for "Canyon Lakes" which is one of the former Grand Tour training rides which has been expanded to 3 routes so it could be used as a standard Sunday ride. It's such a pretty ride and the weather promised to be great so I was disappointed in the attendance. As a trainer, this ride used to draw 20 to 30 riders. Anyway, there were only 6 of us. **Phil Whitworth** took this shot at the start:



From RIGHT to LEFT: **Gary Murphy, me, Thomas Knoll, Lora Chen** and a friend of Lara's (whose name is down in my car and I'm too lazy to go down and get it now. Phil makes six. Phil rode the long. I'm not sure what Lora and her friend did but it was either the long or the medium. Thomas did the short. I had hoped to do the medium, but my climbing just isn't what it

should be so when I got to the top of Bouquet, I turned around and did the short as well. Gary was riding the medium. Unfortunately, while going down San Francisquito, his bike slipped out from beneath him and he went down. The result was a cracked hip and a visit to the hospital. I believe he will be home tomorrow. I know we all wish him a speedy recovery.

One of the highlights of the ride is Bouquet Reservoir. Here is my shot of the lake taken from the dam.



It's not quite full, but it is hard to say what that means since it can be filled with water from up north and can be drained for drinking water in Los Angeles. The second highlight of the ride (only on the long route) is the view of the poppies. I only got this one photo of the poppies from Phil





I wish I could have made it out to see them myself. Phil also sent this photo, taken along San Francisquito Rd near Green Valley:



I suppose this is one way to make sure people notice your "Slow Down" sign.

**This Sunday:** This Sunday we will be riding our century and metric century of the month which is the "Paul Neuerburg Century" which starts from Arcadia. This is a fairly easy century with only around 2000 feet of climbing and a lot of miles on bike paths. The century makes a large circle starting in Arcadia and heading over to Yorba Linda (passing the Nixon Library) where it picks up the Santa Ana River south to the coast. A trip north along the coast takes you to the San Gabriel River which you ride most of the way back to the start. The metric is even easier with only about 1000 feet of climbing and almost entirely on bike paths. It heads down the San Gabriel river to Long Beach for lunch and then returns back up the river.

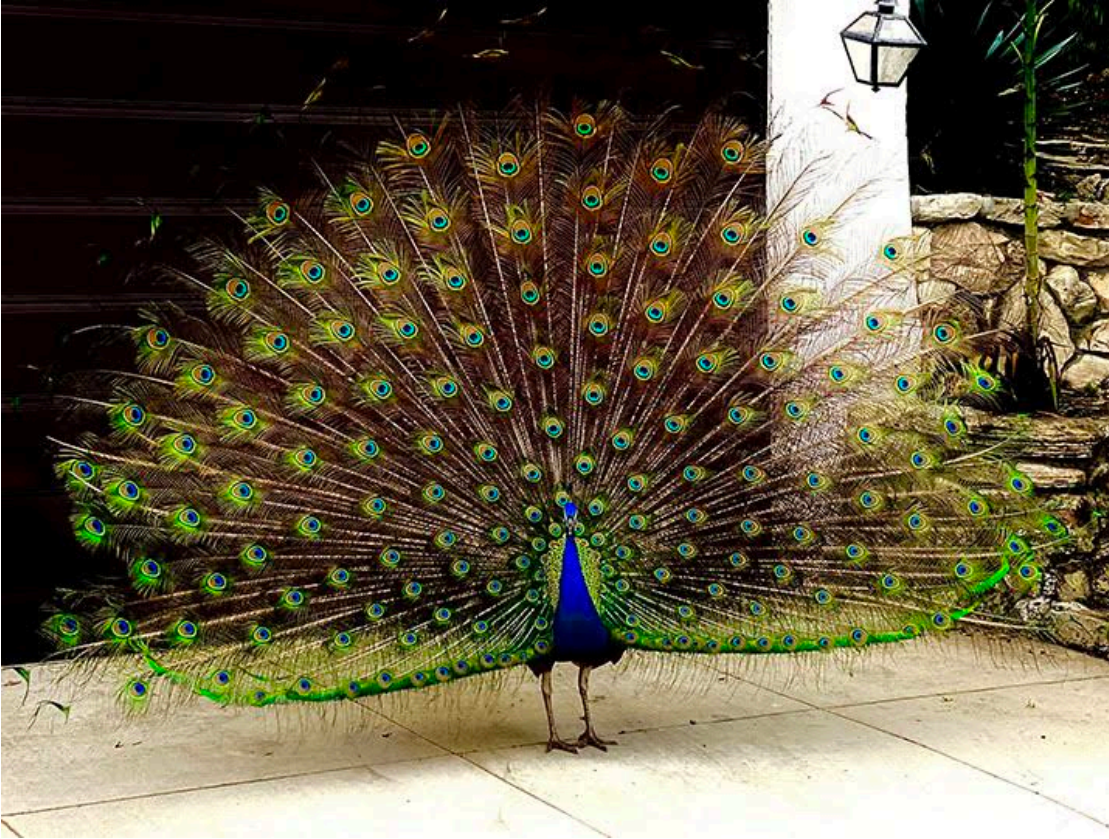
**NOTE:** **David Nakai** warns me that as of this last weekend, there is one spot on the San Gabriel River which is still under water. It is where the path goes under Valley Blvd and this only affects the return on the metric century. It may be dry by this Sunday, but if not, it's easy enough to get off the path and then back on past the blockage. See me at the start for details. I do plan to be there. I haven't decided whether to do the metric or the full century. My performance last Sunday says I should stick to the metric, but the century doesn't have much climbing, and it's the climbing that gets me down. I'll decide on Sunday.

**Monthly Meeting:** This Thursday is our monthly meeting for April. Our host this month is **Ann Trank**. It's been a long time since Ann has hosted. I'm sure the Grand Tour will be up for discussion since it is only a couple of months away. There are usually a few other items to discuss. Her address is **465 N. Gardner St, Los Angeles 90036**. It's a duplex on the Southwest corner of Gardner & Rosewood in West Los Angeles. The location is just about in the center of a rectangle bounded by Fairfax on the west, La Brea on the east, Melrose on the north and Beverly Blvd on the south. Ann has indicated that parking may be a problem and suggested parking on Gardner north of Rosewood or on Rosewood west of Gardner, but in any case **read parking signs carefully**. Car pooling may be a good idea. I hope to see you there.

**New Member:** Welcome to our new member **Herman Li**. We hope to see you out on our rides.



**Parting Shot:** It's spring and a young peacock's fancy lightly turns to thoughts of love (with apologies to Alfred Lord Tennyson). **Sandy Weiner** sent me this photo from last Thursday's ride in Palos Verdes.



See You On The Road

Rod Doty, VP