



LOS ANGELES WHEELMEN SCHEDULE



APRIL 2023

VISITORS ARE ALWAYS WELCOME. Each week the routes offered will be available on the Web. Go to www.LAWheelmen.org and click on "Upcoming Rides." Download the routes and bring them with you to the ride.

NOTE: Recent CDC pronouncements indicate that cycling is safe without a mask for **VACCINATED people. Most club members have already been vaccinated. We urge all potential riders to become vaccinated before riding with us.**

NEWCOMER RIDES: As of this writing, the date and details of the April Newcomer Rides have not yet been finalized. There often will be two rides – an easy ride and a more advanced ride. When available, information will be found via the club web site: www.lawheelmen.org

April, 2 – 8:30 a.m. PRE-AWARDS LUNCH RIDE. (27 mi & 1200 ft) We have only ridden this route once – back on March 1st, 2020, At that time it was the pre-ride for the club's Installation Lunch and supposedly the kick-off for the club's year-long 75th anniversary celebration. In fact, this route was intended as the short route for what would later in the year be a short, medium and long (quarter century, half century and full century) anniversary ride. But, a few days after that lunch ride, the world slammed to a halt because of Covid and we never held the anniversary ride or any installation lunch until this year. Actually, it's not an installation lunch this year either. Our bylaws require officers be installed in March and we couldn't get this venue then. So, the officers have been installed, but we still have a lot of



Installation (Awards) Lunch in 2020

awards to give out such as the Jack Flynn award and the century challenge awards. So, today's lunch has been rebranded as an "Awards Lunch." As in the past, we will offer a short ride for those who wish to ride prior to the lunch and the route we used back in 2020 seems right. It is a short 27 mile ride starting and ending at the lunch location. Since we don't often ride downtown and Sunday is the best day to do this, we thought we would tour this portion of the city for which the club is named. From Culver City we will head downtown and ride through the USC campus (another place we almost never ride). We continue to downtown past the Crypto.com Arena (Staples back in 2020) and the new buildings which have sprung up around it. On the way back we will tour some other historic neighborhoods in LA. The ride will not be hilly except for an optional climb (very steep) to the Baldwin Hills Scenic Overlook which gives an excellent view of the city (the 1200 feet of gain includes this optional climb). Even if you do not ride, we hope you will come to the lunch. It will start at noon with awards being given out after lunch but before we cut the cake. **David Nakai** will be acting as our MC for the program and that is always entertaining. **RIDE START & LUNCH LOCATION: LINDBERG PARK in Culver City** (5041 Rhoda Way, Culver City 90230) Lunch will be in the activity building at the north end of the park. From Overland Ave just north of the intersection with Jefferson in Culver City go west on Virginia Ave about 5 blocks to park.

Thursday, April 6 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE Meet on the bridge at end of the Ballona Creek Trail in Marina Del Rey. Riders usually go south to Palos Verdes on the bike path and then do some riding on the Peninsula. There are optional climbs including the 3 "dips" which give the ride its name. The group usually stops for a break at the Golden Cove shopping area. Occasionally the group will decide to vary the route and explore specific sites elsewhere in the city. A typical day is 40 - 50 miles but often individual riders either cut the day short or add extra miles as desired. Contact **Nancy Domjanovich** nancydomx@icloud.com for details.

Sunday, April 9 – 8:30 a.m. -- FUNNY BUNNY EASTER

RIDE. (Long 44 mi & 1900 ft; Medium 34 mi & 1300 ft; Short 25 mi & 500 ft) This is our traditional Easter ride, but I note that we are also in the midst of Passover week and Ramadan. That should cover most of our members. Buddhists and Hindus do have spring holidays but I don't believe any of them occur this week. For Atheists, I suppose you could say every day is a holiday from religion. In any case, no one should feel left out on this ride because there is really nothing religious about the routes at all. We do pass by the "Witch's House" in Beverly Hills, which may please any Wiccans among us, but we don't stop to cast any spells or anything. So, why not just come out today and enjoy a nice spring ride. I'm writing this in March where it has been raining every week, but hopefully we will be out of the rainy season by this time and we can begin to look forward to summer. All routes are short today. They all head down to the Marina for brunch where we can dine al fresco and soak in the rays. The long and medium do a few small hills in Beverly Hills first (nothing real bad) before heading south to the Marina. The short skips the hills. The long takes an extra loop on the return for a couple of more hills and some extra miles. These extra miles take you past some very nice homes in the Holmby Hills area (including the former Playboy mansion), although many of them are behind walls. **START: THE "CORNER", Olympic Blvd, 1 block west of La Cienega in Beverly Hills.** From the Santa Monica Frwy (10), off & north La Cienega 1½ miles, L - Olympic 1 block to R- Le Doux



"Witch's House" on Funny Bunny Ride in 2021

Thursday, April 13 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE See April 6th for details.



Poppies on Canyon Lakes Ride

Sunday, April 16, 8:30 a.m. – CANYON LAKES (Long 65 mi & 4800 ft, Medium 49 mi & 3500 ft, Short 39 mi & 2400 ft.). For years this has been our first Grand Tour training ride of the year, but we are not holding the training rides this year. However, this route is too nice to simply abandon, so I have converted it to a regular Sunday ride by the addition of a medium and short route. All routes have a fair amount of climbing (including the short) but the scenery is so spectacular, you really won't want to miss it. All routes ride Bouquet Canyon. I remember my first time going up that canyon and it blew me away how nice it was. The long is the old trainer route. We start by climbing up Bouquet Canyon to the reservoir which should be full this year. We then do a second climb up and over Spunky Canyon to Green Valley where we usually stop for lunch or a break. This long then climbs to the top of San Francisquito Road which includes a rather tough last mile. From there we ride Lake Elizabeth Road where we pass hills which are often covered with poppies this time of year. With all the rain, it could be a great year for the poppies. It really is a sight to see. We then ride the nearly 13 mile downhill on Lake Hughes Rd to our final climb of the day (which we call Calvary) before we finally descend past Lake Castaic and take the Old Road back to the start. The medium follows the long to Green Valley, but then takes San Francisquito down (instead of up) back to Santa Clarita and the start. You miss a couple of major climbs, but also miss the poppies. I wanted everyone to

experience Bouquet Canyon, so the short follows the other two routes up to the Bouquet Reservoir, but then turns around and rides back down to have lunch in Santa Clarita. It cuts some miles and a major climb off the medium. It makes for a late lunch, but once you get to the top, you can practically coast back down to lunch. I hope to see a lot of you out for this one because it's such a nice area to ride and few of our Sunday rides get out that way. **START: NEAR DENNY'S in Valencia** Take Golden State Frwy (I-5) North, Exit R on Magic Mtn. Parkway, R Tourney Rd (1st R) and R Wayne Mills Pl (1st R) toward Denny's – Park along street in front of Denny's

Thursday, April 20 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE See April 6th for details.

Thursday, April 20 – 7:00 p.m. MONTHLY MEMBERS MEETING. Our host this month is **Ann Trank**. Looking at the records, I see that Ann hosted once back in 2012, so it's been 11 years since we have been to her home. Actually, she was scheduled to host the March meeting in 2020 but that meeting was held on-line due to Covid. So finally, three years later Ann gets to host that cancelled meeting. This will be the first meeting since the officers were installed last month, but I don't think that will make much difference since most of the officers are the same. With the Grand Tour only a few months away, that is likely to be a major topic of discussion. Who knows what else will come up. Maybe you have something you would like to discuss. So why not join us. As usual we will have refreshments, but after 11 years since Ann has hosted, I don't remember what she served last time. It will be a surprise. **PLACE: 465 N. Gardner St, Los Angeles 90036.** It's a duplex on the Southwest corner of Gardner & Rosewood in West Los Angeles. The location is just about in the center of a rectangle bounded by Fairfax on the west, La Brea on the east, Melrose on the north and Beverly Blvd on the south. Ann has indicated that parking may be a problem and suggested parking on Gardner north of Rosewood or on Rosewood west of Gardner, but in any case **read parking signs carefully**. Car pooling may be a good idea. Meeting night directions: **(323) 658-6758**

Sunday, April 23 – 7:30 a.m. PAUL NEUERBURG CENTURY (Century 100 mi & 2200 ft, Metric Century 65 mi & 1000 ft) **NOTE EARLY START TIME.** This is our century and metric century of the month for April. I've always enjoyed this century. The club used to run it every year and it was sort of a big deal. We actually gave out patches to riders (see photo). I believe it was created by former member Paul Neuerburg to celebrate his birthday. A lot of riders do a special ride to celebrate their birthday – often riding their age. I was thinking maybe we should designate one ride a year as the birthday ride for everyone. Today's ride would be perfect. Both routes are relatively easy with only about 2000 feet of climbing for the full century and half that for the metric. Both routes also spend a lot of time on bike trails. They are long enough to prove to yourself that you can still ride a century or metric century at whatever your age may be. And if you want to ride your age (and you are under 65) the metric is basically an out and back route, so you could always turn around a bit earlier. The century travels down to Yorba Linda where it picks up the Santa Ana river trail which it takes almost all the way to the coast. Then it heads north along the coast to the San Gabriel River and Rio Hondo trails back to the start. And if 100 miles is really out of the question, there is the metric century. This is a fairly simple route. It takes the San Gabriel River down to the coast for lunch and then returns back up the river and back to the start. Neither route is very hilly, but the constant pedaling without a downhill to break things up might tire you more than you would think. Take it easy and you'll do fine. **START: ARCADIA PARK in Arcadia.** From San Bernardino Frwy (10) off and north on Santa Anita (5 mi) to park or from Foothill Frwy (210) off and south on Santa Anita one half mile.



Thursday, April 27 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE See April 6th for details.



Pine Tree Park Start Location before it was closed

Sunday, April 30 – 8:30 a.m. WINDING ROADS OF ORANGE COUNTY II (Long 71 mi & 3300 ft, Medium 49 mi & 2100 ft, Short 31 mi & 900 ft) **NOTE NEW START LOCATION** Several months ago Pine Tree Park, where we formerly started this ride and many other Orange County rides, was closed for renovations. I had decided to quit scheduling rides that start there until the renovations were complete but I just checked a few weeks ago and they are not making much progress. It could be many months before it is open again and I don't want to put off doing some of our Orange County rides until then. So I found another park not very far from Pine Tree Park where we will be starting today. I haven't been there, but it appears to be a small community park similar to Pine Tree.

Its web site indicates there are toilets there, and that's the important feature for us. So,

let's give it a try. It's close enough to Pine Tree Park that the routes hardly change. They wind and twist around really going nowhere in particular. Just sit back and enjoy the scenery, fresh air and companionship of your fellow riders. Both the long and medium hit all

the same highlights including the Newport Hills and Turtle Rock areas. The only difference is that the long goes off and does an extra 20 mile loop in the middle and then rejoins the medium. There really isn't a short route, so we'll be using the short route from Winding Roads I. the Long and Medium have a few moderate climbs along the way (one more on the long route than on the medium) but you should know that one of these climbs is right before the end of the long and medium routes, so even when you are riding back toward the start across flat Irvine, keep a little something in the tank. So join us today and check out a new start location. If we like it, maybe we will shift all our Tustin rides there. **START: EI CAMINO REAL PARK IN TUSTIN.** From Santa Ana Frwy (I-5) in Tustin, off & east on Tustin Ranch Rd (one exit past Red Hill where we formerly exited), L- El Camino Real about one block to park at Parkcenter Lane. Parking is on the street – probably along Parkcenter Lane. .