



# LOS ANGELES WHEELMEN SCHEDULE



MARCH 2023

**VISITORS ARE ALWAYS WELCOME.** Each week the routes offered will be available on the Web. Go to [www.LAWheelmen.org](http://www.LAWheelmen.org) and click on "Upcoming Rides." Download the routes and bring them with you to the ride.

**NOTE: Recent CDC pronouncements indicate that cycling is safe without a mask for **VACCINATED** people. Most club members have already been vaccinated. We urge all potential riders to become vaccinated before riding with us.**

**NEWCOMER RIDES:** As of this writing, the date and details of the March Newcomer Rides have not yet been finalized. There often will be two rides – an easy ride and a more advanced ride. When available, information will be found via the club web site: [www.lawheelmen.org](http://www.lawheelmen.org)

**Thursday, March 2 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** Meet on the bridge at end of the Ballona Creek Trail in Marina Del Rey. Riders usually go south to Palos Verdes on the bike path and then do some riding on the Peninsula. There are optional climbs including the 3 "dips" which give the ride its name. The group usually stops for a break at the Golden Cove shopping area. Occasionally the group will decide to vary the route and explore specific sites elsewhere in the city. A typical day is 40 - 50 miles but often individual riders either cut the day short or add extra miles as desired. Contact **Nancy Domjanovich** [nancydomx@icloud.com](mailto:nancydomx@icloud.com) for details.

**Sunday, March 5 - 8:30 a.m. LIFE BEGINS AT 8:30.** (Long 68 mi & 5000 ft, Medium 53 mi & 3300 ft, Short 30 mi & 1200 ft) I'm writing this on February 20<sup>th</sup>, the day after I rode a shortened version of the Twin Peaks & Flying Pigs metric century and as I look at today's routes, I realize today's medium is almost exactly the same as the route I rode yesterday. Normally I wouldn't want to schedule two similar rides so close together, but there were only two of us who rode yesterday's route and I don't think either of us would mind doing it again. It will give us a chance to see if we have improved in a few weeks. Besides, maybe we will do the long which is different from what we did yesterday. As for the rest of you, we haven't run these routes since 2021, so they should be a fresh experience for you. We start in West LA and both the long and medium head out to Malibu and go over Malibu Cyn to Mulholland Hwy. The long heads west to Kanan and returns back to PCH for a coastal return. The medium heads east and returns through the valley and over Sepulveda. The Short riders miss all the fun by staying in the Palisades area. The lunch locations have been a problem on these routes. So I have provided a couple of alternatives on both the long and medium. On the long you can now choose the Rock Store (which is often very busy on Sunday) or go an additional 7 miles (plus a couple of hills) to more options (including the Habit) in Agoura. On the medium you can now choose between Pedalers Fork or others in Calabasas or the Habit later in the route. I'm not sure which of the options I would take. I'll wait and see what others want to do. Join us and help me make my decision. **START: Westwood Park at Sepulveda & Ohio.** From San Diego Frwy (405), off and east on Santa Monica Blvd, Left on Sepulveda and L on Ohio and R into Park.



**Climbing the Rock Store hill on Life Begins at 8:30 in 2016**

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**Thursday, March 9 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See March 2nd for details.

**Sunday, March 12 - 8:30 a.m. REVEL THE ROLLIES III** (Long 65 mi & 3600 ft, Medium 55 mi & 2600 ft, Short 36 mi & 600 ft) I've been avoiding rides that start at Pine Tree Park in Tustin until they finish the renovation of the park and most of the "Revel



The Rollies” rides start there, but this one doesn’t. It starts from Old Town Irvine which, ironically, is often the lunch stop on rides which start from Pine Tree Park. Old Town Irvine is a bit further south than Pine Tree Park and starting there allows us to explore some areas of southern Orange County we might not otherwise see. The long and medium riders take Antonio Parkway all the way to Ortega Hwy, just a hop, skip and a jump from Capistrano where we stop for lunch. Then it’s north along the coast. The medium heads inland on Laguna Canyon while the long goes north to Newport Coast Drive (a good climb) and riding in the Turtle Rock area before heading back. The short riders do their own thing, heading to the Back Bay. All routes have some hills, as the name of the ride implies, but nothing too steep or long. These are all good routes which take us to a few places in Orange County none of our other rides go. Maybe on the drive home I’ll swing by Pine Tree Park to see how the work is going. I would like to start using our rides which start there again. **START: OLD TOWN IRVINE.** From San Diego Fry (I-5), off at west on Sand Canyon in Irvine. L - Burt St (1st left) to end and park in Lot 3.



**Riding Laguna Cyn Rd (I think) on Revel the Rollies III**

Thursday, March 16 – 8:30 a.m. **TRIPLE DIPPER SOUTH BAY RIDE** See March 2nd for details.

**Thursday, March 16 – 7:00 p.m. MONTHLY MEMBERS MEETING** Our first in-person meeting last month went well, so we will probably continue with them at least until the next pandemic hits. As of this writing, we do not yet have a host, but rest assured we will have one by meeting day. We will be sending an e-mail to all members notifying you as to where it will be held. This will be a somewhat important meeting because we will install the new officers for 2023. Normally we do this at a big lunch meeting, but we are holding that in April and our by-laws require the officers be installed in March. So the April lunch will be an awards lunch and we will install the officers at this meeting. No big ceremony. Just something like “Abracadabra, you are all officers.” There will probably be other things to discuss and of course refreshments (which we couldn’t have over Zoom). So, why not show up and enjoy seeing your fellow members in person. **PLACE: TBD**

**Sunday, March 19 – 8:30 a.m. CRUISE & CLIMB IN CLAREMONT.** (Long 59 mi & 3300 ft, Medium 46 mi & 2700 ft, Hilly Short 35 mi & 2000 ft, Easy Short 26 mi & 1100 ft) March should be a good time for these routes. I can remember riding them one time when there was ice on the streets, but it shouldn’t be that cold in March. Also, these rides are all inland away from the ocean and could be too hot in the summer. So March should be just right. The name implies some climbing today, but like last week, nothing too steep or too long. Just some medium sized hills like Grand Avenue and Brea Canyon. The name also implies we do some cruising and there is plenty of that too. The long and medium are the same to lunch. They first head up San Dimas Canyon and then come down to climb up past Puddingstone Reservoir. After cruising down again they climb over Grand Ave. After some more downhill, we climb Brea Canyon to Diamond Bar Blvd. After lunch in this area the two routes split. The long adds a loop into Pomona before heading back to Claremont while the medium heads more directly back. There are two short routes. The hilly short does much the same route as the medium but cuts off some of the climbing. The easy short cuts out most of the hills. All routes end with a nice ride through some of the campus area of the Claremont Colleges. There are actually five colleges at Claremont. Can you name them? Although they may share some facilities, each has a separate campus but all five are contiguous with each other. I’m not sure which ones we actually ride through. Join us and maybe you can figure it out. **START: EL**



**We pass through Diamond Bar on today’s ride. Although it used to be a ranch, those aren’t real cattle**

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**ROBLE JR. HIGH SCHOOL** at Harrison & Mountain in Pomona. From San Bernardino Frwy (I-10) off & north on Towne in Pomona for 1½ miles, R - Harrison a few blocks to Mountain.

**Thursday, March 23 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See March 2nd for details.



**The big kitty on the Camarillo Century – a regular sight in Old Topanga Canyon**

**Sunday, March 26 - 8:00 a.m. CAMARILLO CENTURY** (full century 100 mi & 5000 ft, metric century 62 mi & 4900 ft) Today is our monthly century and metric century ride. I usually like to schedule the monthly century a bit earlier in the month so that if anyone has to miss it for some reason, they still have time to get in a century for the month. But last week was the LA Marathon and I didn't want the routes to conflict. Besides, the Vernal Equinox was last week so now we have more than 12 hours of daylight to complete the century. That should be plenty of time. The concept is fairly simple -- We start in Brentwood and, as the name implies, head to Camarillo and back. Actually, only the full century makes it to Camarillo but the metric sticks with the century riders for about the first 25 miles. We start with a climb over Topanga Canyon and Old Topanga to Calabasas. We then head west through Agoura Hills, where the two routes split. The full century continues to Westlake and along Santa Rosa Road to Camarillo for lunch. Then it's a trip to the coast and back down the coast (with hopefully a

tailwind) to finish the day. The metric stops for lunch in Agoura and then jogs over to Mulholland Hwy on Cornell Rd. We ride Mulholland to Kanan Dume Rd. and take that down to the coast where we rejoin the full century on the return down the coast. The only really major climb of the day for the full century is Topanga/Old Topanga but there are a number of smaller climbs including all those hills coming back down the coast. The metric adds the climb on Mulholland up from the Rock Store. Therefore, although shorter in miles, the metric has almost the same amount of climbing as the full century. **NOTE:** These routes formerly started from San Vicente and Gretna Green in Brentwood, but that location is used as a farmer's market on Sunday, so we have moved the start down the road a bit on San Vicente. **START: CORNER OF SAN VICENTE BLVD & 26<sup>th</sup> ST.** in Santa Monica. From San Diego Frwy (405), off & west on Wilshire, R - San Vicente to 26<sup>th</sup> Street. You should be able to find parking near the intersection and then simply group at the intersection.

**Thursday, March 30 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See March 2nd for details.