

Los Angeles Wheelmen VP Report

1 message

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Hello All:

Last Week: We had two rides last week. The first up was our annual Thanksgiving Day Ride. We had a nice turn-out with at least 12 riders. I took this shot at the start:



I believe we all did the long route -- at least until the break in the Marina. After that, most of us went our own ways. As always it started with a pleasant ride in the Palisades. **Rafi Karpinski** took this shot of one of the few houses I saw that was decorated for the holiday.



Actually, I think I took a photo of this same decoration at the same house last year. It was a very clear day as shown by this photo from **Jacques Stern**. That's Palos Verdes in the distance.



All in all, a very pleasant way to start the holiday.

On Sunday we were riding "Cal Poly By Golly" Unfortunately, the only song that comes to mind when I hear this title is this one, which really doesn't have anything to do with the ride.

<https://www.youtube.com/watch?v=QTDhQ2QECqE>

We had 6 riders and we all did the long route. I took this photo at the start:



That's **Phil Whitworth**, **David Nakai**, **Jacques Stern** (in the back), **Gary Murphy** and **Rafi Karpinski**. It was a beautifully clear day for the ride. As always we made a loop through Cal Poly Pomona where we stopped to look at the farm animals. Phil took this photo:



However, perhaps the most notable thing about the ride was the flat tires. David had 4 (which, sad to say, is probably not a record for him), and Rafi had one. Here's a shot from Phil of David's 2nd flat of the day:



Rafi almost avoided his flat. He noticed the tube beginning to push out through a cut in the tire and was seconds away from letting the air out when it blew. That's how it goes sometimes. All the flats made for a leisurely ride, but it also meant the sun was getting pretty low in the sky by the time we finished. I had thought the freeways might be packed with people returning from a holiday weekend, but surprisingly, the drive home moved right along. BTW -- The ride started from a mall parking lot. When we returned, the lot was nowhere near full. Not an auspicious start to the holiday shopping season.

This Sunday: Our ride this Sunday is "Reseda Park - Phase I." While the short does an easy loop in the Valley, the long and the medium both ride out to Santa Clarita and back,. While the medium takes the Old Road out, the long gets there by going up and over the twin peaks of Little Tujunga. They both return back on the Old Road and both have an optional climb up Kagel Canyon. I always tell myself I will do the optional climb, but usually don't. Frankly my goal for the day is just to get up the Little Tujunga climb. This will be the biggest climb I've done since last spring and my climbing has left something to be desired lately. I hope some of you will take up the challenge with me.

Newcomer Ride: Sunday will also see our monthly Newcomer Ride for December. This month we are once again in Downtown LA for an easy 20 miles or so which will take riders over the the CicLAvia course being run that day. Riders can optionally join the CicLAvia ride for extra miles. Check out the club web site for additional information.

Parting Shot: Nothing else of importance tonight. Here is a shot of a sign for a dental practice that Phil Whitworth took on Sunday. David Nakai and Phil thought the dentist had an appropriate name



See You On The Road

Rod Doty, VP