

## Los Angeles Wheelmen VP Report

3 messages

Rod Doty <roddoty@roadrunner.com>

Tue, Sep 7, 2021 at 11:32 PM

### Los Angeles Wheelmen VP Report - September 7, 2021

Hello All:

**Sunday:** On Sunday we were riding "Long Beach Boogie" which started in Long Beach. It promised to be a very warm day, but nonetheless, 8 riders showed up. **Phil Whitworth** took this photo at the start:



From the left, **Gary Murphy, Me** (with back to camera), **Thomas Knoll, Chris Hedberg, Mario Solano, Nancy Domjanovich** and **Jacques Stern**. Thomas rode on ahead and I don't think any of us saw him again, but according to his Strava track, he rode the medium route. Gary rode the medium as well and the rest of us did the long route. Fortunately, the two major climbs of the day came relatively early. Here's a shot Phil took of some of the riders starting up the 2nd of these climbs. They look like they are doing fine, but by this time the heat was getting to me and I had fallen back.



I finally got to lunch just as most of the group was getting ready to leave. The place wasn't very busy and the group was able to spread out, as shown in the photo from Gary



I don't think they were social distancing. I think it was just cooler to spread out. We have been going to this lunch location on this ride for years, but it now has a new name



I think this is the third or fourth name it has had. I keep putting the name on the route sheet, but then it is wrong. Next time I think I'll just say lunch is at the burger place at such and such address. After a couple of more stops for Gatorade and to cool down, I finally finished. Not a good day for me, but I trust the rest of the riders did better.

**This Sunday:** The heat shouldn't be as much of a problem this Sunday since I think most (if not all) riders will opt for routes that keep them on the coast almost all day. This will be our century of the month for September and we will be riding the Grand Tour Lite, but in an unsupported mode. The century and the metric century routes both start in Malibu and ride north up the coast to Port Hueneme. The full century then makes a loop in the area and comes back to Port Hueneme to rejoin the metric route as it returns back down the coast. There is a double metric route as well, but this one is much more difficult with around 7000 feet of climbing and a trip inland to Simi Valley and back out. I plan to be there and hope to be doing better than last Sunday.

**Newcomer Ride:** **Mel Cutler** held his first monthly newcomer ride since they were stopped due to the pandemic. These rides are not just for newcomers to cycling, but also for those who have been riding, but are perhaps new to group riding or even those who have previously ridden club rides, but stopped for whatever reason, and now want to get back into it. The two riders who joined Mel were in these latter categories. They were also joined by club regulars **David Williams** and **Dale Aaronson**. Mel sent me this photo of the group.



From the left, **Michael Doyle**, **Ed Carolipio**, **Mel Cutler**, **David Williams** and **Dale Aaronson**. As their destination for the day, they chose the overlook at Mt. Holyoak, which is where the above photo was taken. Mel says the ride went well and everyone enjoyed the ride. **Hoy Quan** will be leading the October newcomer ride on October 10th. He is planning an easy ride in the downtown LA area which will be a pre-ride for the CicLAvia being held that day.

**Parting Shot:** On Sunday's ride, Gary and I were noticing these large bushy plants along the Coyote Creek bike trail, but we weren't sure what they were.



Gary asked our resident plant expert, **David Nakai** and it turns out they are tumbleweeds. It's just that you don't usually see them when they are green. I suppose on some level I knew that they had to be green at some point, but I only think of them as the dry brown plants blowing across my path.

See You On The Road

Rod Doty, VP

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**Jacques Stern** <jsupernova1@gmail.com>  
To: Rod Doty <roddoty@roadrunner.com>

Wed, Sep 8, 2021 at 12:06 AM

First I read/heard about an October 10 newcomer ride. Hoy will need to send me the details for that or it will remain unadvertised other than whatever he shares with other groups about it; what you mentioned doesn't provide a start time/location so.....details are needed.

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**Rod Doty** <roddoty@roadrunner.com>  
To: Jacques Stern <jsupernova1@gmail.com>

Wed, Sep 8, 2021 at 1:54 PM

I got the information while I was writing the e-mail last night, so it was new to me too. Here is what Hoy sent me

I am planning to host a CicLAvia preride starting at 8:30 am and run 2-3 hours for 20 miles on October 10. This will be a flat route with no hill climbs. It starts at Los Angeles State Historic Park (free parking along the street and restrooms - also a Metro Gold Line Station Stop) use a few miles of the LA River Bike Trail (It is fully open now) and end in Griffith Park. When it returns, riders can join in with CicLAvia.

I did a pre run on Monday and will compile a info sheet later.

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