

HILLS OF THE SOUTH BAY

Long - 52 Miles - 4200 Feet (barometric)

PROTECTIVE HELMETS ARE
REQUIRED ON ALL WHEELMEN RIDES

TOTAL MILES
NEXT TURN

START LOCATION (Elev. 91 ft):
Del Aire Park - on Isis Ave. near El Segundo Blvd. In Hawthorne

START SOUTH ON ISIS AV	0.0	0.1
R - EL SEGUNDO BLVD	0.1	0.5
R - DOUGLAS ST	0.6	0.5
L - MARIPOSA AVE (2 Climbs)	1.1	2.3
R - HILLCREST ST (Climb) (Jog L/R at Palm Av)	3.4	0.3
R - MAPLE AVE (2 Climbs)	3.7	0.8
R - SHELDON ST (Climb)	4.5	0.4
L - PINE AVE	4.9	0.1
R - SIERRA ST	5.0	0.1
L - HOLLY AVE (Steep Climb)	5.1	0.1
R - LOMITA ST	5.2	0.2
L - FRANKLIN AVE (Climb)	5.4	0.1
R - CENTER ST (Climb)	5.5	0.1
L - EL SEGUNDO BLVD (At T)	5.6	0.5
R - SEPULVEDA BLVD (Climb)	6.1	1.0
R - ROSECRANS AVE	7.1	0.4
L - PACIFIC AVE (2 Climbs)	7.5	0.7
L - 19TH ST.	8.2	0.2
R - POINSETTIA AVE (Steep Climb)	8.4	1.1
L - BOUNDARY PL (Sleeper Climb)	9.5	0.2
R - SEPULVEDA BLVD (for a short way)	9.7	0.0
R - LONGFELLOW DR	9.7	0.3
R - ARDMORE AVE	10.0	0.3
R - 2ND ST (Steep Climb)	10.3	0.5
L - JOHNSON ST (Climb)	10.8	0.4
R - 11TH ST (At T)	11.2	0.1
R - MEADOWS AVE (2 Climbs)	11.3	0.8
R - KEATS ST (For a Short Way)	12.1	0.1
L - PROSPECT AVE (Rollers)	12.2	0.8
R - AVIATION BLVD	13.0	0.3
R - SEPULVEDA BLVD (PCH)	13.3	0.2
R - 13TH ST (Steep Climb)	13.5	0.1
R - OCEAN DR (Climb) (Narrow Street)	13.6	0.2
L - 9TH ST	13.8	0.1
R - PROSPECT AVE	13.9	0.2
L - 7TH PLACE (NOT 7th Street)	14.1	0.1
R - REYNOLDS LN	14.2	0.1
L - SPRECKELS LN	14.3	0.2
L - GOODMAN AVE (Extremely Steep)	14.5	0.1
L - HAYNES LN (For a Short Way)	14.6	0.1
R - HARPER AVE (Climb)	14.7	0.1
R - MARSHALLFIELD LN	14.8	0.3
L - HARKNESS LN	15.1	0.2
R - GRANT AVE (Climb)	15.3	1.0

CONTINUED IN NEXT COLUMN

R - FELTON LN	16.3	0.2
R - RIPLEY AVE (2 Climbs)	16.5	0.8
L - CLUSTER LN	17.3	0.1
R - 190TH ST (2 Climbs - 15%) (Bcms ANITA)	17.4	0.6
L - PROSPECT AVE (At top) (Climb)	18.0	0.4
R - DIAMOND ST	18.4	0.5
R - GUADALUPE AVE	18.9	0.3
R - BERYL ST (Climb)	19.2	0.2
L - LUCIA AVE	19.4	0.3
R - ANITA ST / 190TH ST (2 Climbs - 14%)	19.7	1.5
R - ANZA AVE (Break at Del Amo Blvd)	21.2	3.6
X - PCH INTO VISTA DE MONTANA (Climb)	24.8	0.2
L - MESA ST (In middle of climb) (Climb)	25.0	0.5
R - PASEO de las TORTUGAS (Steep Climb)	25.5	0.8
L - CALLE de ARBOLES (Climb) <i>(Bears R into PASEO de los REYES)</i>	26.3	1.6
R - VIA ANITA (Steep Climb)	27.9	0.3
L - VIA ALAMEDA (L into Via Monte De Oro)	28.2	0.1
R - VIA PASCUAL	28.3	0.1
L - VIA COLUSA	28.4	0.2
L - VIA SEVILLA (into CALLE MIRAMAR)	28.6	0.2
R - VIA LOS MIRADORES (hidden sign?) <i>(Goes L at Via El Chico - X Calle Mayor -- Then Bear R to cont. VIA LOS MIRADORES)</i>	28.8	0.5
L - VIA LOS ALTOS (At T)	29.3	0.1
L - PASEO de GRACIA	29.4	0.4
L - CAMINO de CAMPO (Climb)	29.8	0.2
L - VIA MONTE de ORO (Longest Climb)	30.0	0.8
R - CALLE de ARBOLES (Into de los Reyes)	30.8	0.6
L - VIA ANITA	31.4	0.1
R - CALLE MAYOR	31.5	1.7
<i>Long & Medium Split here Long turns at Carlow Rd - Medium turns at Anza</i>		
L - CARLOW RD (Climb)	33.2	0.1
L - VANDERHILL RD (Climb)	33.3	0.5
R - DORIS WAY (Steep Climb) (Bcms Ave H)	33.8	0.8
R - PROSPECT AVE (Climb)	34.6	0.2
R - PALOS VERSES BLVD	34.8	0.4
L - LINDA DR (Steep Climb)	35.2	0.2
L - SEPULVEDA BL (Before main Sepulveda) <i>(Bear L into WARMSIDE AVE) (Climb)</i>	35.4	0.1
R - AVENUE "A" (Steep Climb)	35.5	0.5
R - SAPPHIRE ST	36.0	0.5
R - FRANCISCA AVE (At PCH) (Sharp turn)	36.5	0.3
R - PEARL ST (Climb)	36.8	0.4
L - PROSPECT AVE (Rollers)	37.2	2.4
R - AVIATION BLVD	39.6	0.4
R - GRANT AVE (Climb)	40.0	0.8
L - MACKAY LN	40.8	0.3

LUNCH AT ARTESIA BLVD

CONTINUED ON NEXT PAGE

WEST ON ARTESIA BLVD (<i>into Gould Ave</i>)	41.1	2.0
R - MORNINGSIDE DR	43.1	0.2
L - LONGFELLOW DR	43.3	0.1
R - HIGHLAND AVE (<i>into Vista Del Mar</i>)	43.4	3.0

R - GRAND AVE (<i>2 Climbs</i>)	46.4	1.4
L - CENTER ST	47.8	0.8
R - IMPERIAL AVENUE (<i>Climb</i>)	48.6	0.4
R - IMPERIAL HIGHWAY	49.0	1.6

R - LA CIENEGA BLVD	50.6	0.5
R - 120TH ST	51.1	0.2
L - ISIS AVE	51.3	0.4
RETURN TO START	51.7	

See Us on the Web at LAWheelmen.org

Problems with this route? E-mail: routes@lawheelmen.org

Created 8/06 Last Scheduled 04/18/21

Author: David Nakai

**Next Week:
No Atchison, No Topeka, But
Yes Santa Fe**

HILLS OF THE SOUTH BAY

Long - 52 Miles - 4200 Feet (barometric)

PROTECTIVE HELMETS ARE
REQUIRED ON ALL WHEELMEN RIDES

TOTAL MILES
NEXT TURN

START LOCATION (Elev. 91 ft):

Del Aire Park - on Isis Ave. near El Segundo Blvd. In Hawthorne

START SOUTH ON ISIS AV	0.0	0.1
R - EL SEGUNDO BLVD	0.1	0.5
R - DOUGLAS ST	0.6	0.5
L - MARIPOSA AVE (2 Climbs)	1.1	2.3
R - HILLCREST ST (Climb) (Jog L/R at Palm Av)	3.4	0.3
R - MAPLE AVE (2 Climbs)	3.7	0.8
R - SHELDON ST (Climb)	4.5	0.4
L - PINE AVE	4.9	0.1
R - SIERRA ST	5.0	0.1
L - HOLLY AVE (Steep Climb)	5.1	0.1
R - LOMITA ST	5.2	0.2
L - FRANKLIN AVE (Climb)	5.4	0.1
R - CENTER ST (Climb)	5.5	0.1
L - EL SEGUNDO BLVD (At T)	5.6	0.5
R - SEPULVEDA BLVD (Climb)	6.1	1.0
R - ROSECRANS AVE	7.1	0.4
L - PACIFIC AVE (2 Climbs)	7.5	0.7
L - 19TH ST.	8.2	0.2
R - POINSETTIA AVE (Steep Climb)	8.4	1.1
L - BOUNDARY PL (Sleeper Climb)	9.5	0.2
R - SEPULVEDA BLVD (for a short way)	9.7	0.0
R - LONGFELLOW DR	9.7	0.3
R - ARDMORE AVE	10.0	0.3
R - 2ND ST (Steep Climb)	10.3	0.5
L - JOHNSON ST (Climb)	10.8	0.4
R - 11TH ST (At T)	11.2	0.1
R - MEADOWS AVE (2 Climbs)	11.3	0.8
R - KEATS ST (For a Short Way)	12.1	0.1
L - PROSPECT AVE (Rollers)	12.2	0.8
R - AVIATION BLVD	13.0	0.3
R - SEPULVEDA BLVD (PCH)	13.3	0.2
R - 13TH ST (Steep Climb)	13.5	0.1
R - OCEAN DR (Climb) (Narrow Street)	13.6	0.2
L - 9TH ST	13.8	0.1
R - PROSPECT AVE	13.9	0.2
L - 7TH PLACE (NOT 7th Street)	14.1	0.1
R - REYNOLDS LN	14.2	0.1
L - SPRECKELS LN	14.3	0.2
L - GOODMAN AVE (Extremely Steep)	14.5	0.1
L - HAYNES LN (For a Short Way)	14.6	0.1
R - HARPER AVE (Climb)	14.7	0.1
R - MARSHALLFIELD LN	14.8	0.3
L - HARKNESS LN	15.1	0.2
R - GRANT AVE (Climb)	15.3	1.0

CONTINUED IN NEXT COLUMN

R - FELTON LN	16.3	0.2
R - RIPLEY AVE (2 Climbs)	16.5	0.8
L - CLUSTER LN	17.3	0.1
R - 190TH ST (2 Climbs - 15%) (Bcms ANITA)	17.4	0.6
L - PROSPECT AVE (At top) (Climb)	18.0	0.4
R - DIAMOND ST	18.4	0.5
R - GUADALUPE AVE	18.9	0.3
R - BERYL ST (Climb)	19.2	0.2
L - LUCIA AVE	19.4	0.3
R - ANITA ST / 190TH ST (2 Climbs - 14%)	19.7	1.5
R - ANZA AVE (Break at Del Amo Blvd)	21.2	3.6
X - PCH INTO VISTA DE MONTANA (Climb)	24.8	0.2
L - MESA ST (In middle of climb) (Climb)	25.0	0.5
R - PASEO de las TORTUGAS (Steep Climb)	25.5	0.8
L - CALLE de ARBOLES (Climb) <i>(Bears R into PASEO de los REYES)</i>	26.3	1.6
R - VIA ANITA (Steep Climb)	27.9	0.3
L - VIA ALAMEDA (L into Via Monte De Oro)	28.2	0.1
R - VIA PASCUAL	28.3	0.1
L - VIA COLUSA	28.4	0.2
L - VIA SEVILLA (into CALLE MIRAMAR)	28.6	0.2
R - VIA LOS MIRADORES (hidden sign?) <i>(Goes L at Via El Chico - X Calle Mayor -- Then Bear R to cont. VIA LOS MIRADORES)</i>	28.8	0.5
L - VIA LOS ALTOS (At T)	29.3	0.1
L - PASEO de GRACIA	29.4	0.4
L - CAMINO de CAMPO (Climb)	29.8	0.2
L - VIA MONTE de ORO (Longest Climb)	30.0	0.8
R - CALLE de ARBOLES (Into de los Reyes)	30.8	0.6
L - VIA ANITA	31.4	0.1
R - CALLE MAYOR	31.5	1.7
<i>Long & Medium Split here Long turns at Carlow Rd - Medium turns at Anza</i>		
L - CARLOW RD (Climb)	33.2	0.1
L - VANDERHILL RD (Climb)	33.3	0.5
R - DORIS WAY (Steep Climb) (Bcms Ave H)	33.8	0.8
R - PROSPECT AVE (Climb)	34.6	0.2
R - PALOS VERSES BLVD	34.8	0.4
L - LINDA DR (Steep Climb)	35.2	0.2
L - SEPULVEDA BL (Before main Sepulveda) <i>(Bear L into WARMSIDE AVE) (Climb)</i>	35.4	0.1
R - AVENUE "A" (Steep Climb)	35.5	0.5
R - SAPPHIRE ST	36.0	0.5
R - FRANCISCA AVE (At PCH) (Sharp turn)	36.5	0.3
R - PEARL ST (Climb)	36.8	0.4
L - PROSPECT AVE (Rollers)	37.2	2.4
R - AVIATION BLVD	39.6	0.4
R - GRANT AVE (Climb)	40.0	0.8
L - MACKAY LN	40.8	0.3

LUNCH AT ARTESIA BLVD

CONTINUED ON NEXT PAGE

WEST ON ARTESIA BLVD (<i>into Gould Ave</i>)	41.1	2.0
R - MORNINGSIDE DR	43.1	0.2
L - LONGFELLOW DR	43.3	0.1
R - HIGHLAND AVE (<i>into Vista Del Mar</i>)	43.4	3.0

R - GRAND AVE (<i>2 Climbs</i>)	46.4	1.4
L - CENTER ST	47.8	0.8
R - IMPERIAL AVENUE (<i>Climb</i>)	48.6	0.4
R - IMPERIAL HIGHWAY	49.0	1.6

R - LA CIENEGA BLVD	50.6	0.5
R - 120TH ST	51.1	0.2
L - ISIS AVE	51.3	0.4
RETURN TO START	51.7	

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**Next Week:
No Atchison, No Topeka, But
Yes Santa Fe**

HILLS OF THE SOUTH BAY

Medium - 42 Miles - 2900 Feet (barometric)

PROTECTIVE HELMETS ARE
REQUIRED ON ALL WHEELMEN RIDES

TOTAL MILES
NEXT TURN

START LOCATION (Elev. 91 ft):

Del Aire Park – on Isis Ave. near El Segundo Blvd. In Hawthorne

START SOUTH ON ISIS AV	0.0	0.1
R - EL SEGUNDO BLVD	0.1	0.5
R - DOUGLAS ST	0.6	0.5
L - MARIPOSA AVE (2 Climbs)	1.1	2.3
R - HILLCREST ST (Climb) (Jog L/R at Palm)	3.4	0.3
R - MAPLE AVE (2 Climbs)	3.7	0.8
R - SHELDON ST (Climb)	4.5	0.4
L - PINE AVE	4.9	0.1
R - SIERRA ST	5.0	0.1
L - HOLLY AVE (Steep Climb)	5.1	0.1
R - LOMITA ST	5.2	0.2
L - FRANKLIN AVE (Climb)	5.4	0.1
R - CENTER ST (Climb)	5.5	0.1
L - EL SEGUNDO BLVD (At T)	5.6	0.5
R - SEPULVEDA BLVD (Climb)	6.1	1.0
R - ROSECRANS AVE	7.1	0.4
L - PACIFIC AVE (2 Climbs)	7.5	0.7
L - 19TH ST.	8.2	0.2
R - POINSETTIA AVE (Steep Climb)	8.4	1.1
L - BOUNDARY PL (Steeper Climb)	9.5	0.2
R - SEPULVEDA BLVD (for a short way)	9.7	0.0
R - LONGFELLOW DR	9.7	0.3
R - ARDMORE AVE	10.0	0.3
R - 2ND ST (Steep Climb)	10.3	0.5
L - JOHNSON ST (Climb)	10.8	0.4
R - 11TH ST (At T)	11.2	0.1
R - MEADOWS AVE (2 Climbs)	11.3	0.8
R - KEATS ST (For a Short Way)	12.1	0.1
L - PROSPECT AVE (Rollers)	12.2	0.8
R - AVIATION BLVD	13.0	0.3
R - SEPULVEDA BLVD (PCH)	13.3	0.2
R - 13TH ST (Steep Climb)	13.5	0.1
R - OCEAN DR (Climb) (Narrow Street)	13.6	0.2
L - 9TH ST	13.8	0.1
R - PROSPECT AVE	13.9	0.2
L - 7TH PLACE (NOT 7th Street)	14.1	0.1
R - REYNOLDS LN	14.2	0.1
L - SPRECKELS LN	14.3	0.2
L - GOODMAN AVE (Extremely Steep)	14.5	0.1
L - HAYNES LN (For a Short Way)	14.6	0.1
R - HARPER AVE (Climb)	14.7	0.1
R - MARSHALLFIELD LN	14.8	0.3
L - HARKNESS LN	15.1	0.2
R - GRANT AVE (Climb)	15.3	1.0

CONTINUED IN NEXT COLUMN

R - FELTON LN	16.3	0.2
R - RIPLEY AVE (2 Climbs)	16.5	0.8
L - CLUSTER LN	17.3	0.1
R - 190TH ST (2 Climbs - 15%) (Bcms ANITA)	17.4	0.6

L - PROSPECT AVE (At top) (Climb)	18.0	0.4
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Medium & Short Split here
Medium turns at Diamond - Short turns at Del Amo

R - DIAMOND ST	18.4	0.5
R - GUADALUPE AVE	18.9	0.3
R - BERYL ST (Climb)	19.2	0.2
L - LUCIA AVE	19.4	0.3

R - ANITA ST / 190TH ST (2 Climbs - 14%)	19.7	1.5
R - ANZA AVE (Break at Del Amo Blvd)	21.2	3.6
X - PCH INTO VISTA DE MONTANA (Climb)	24.8	0.2
L - MESA ST (In middle of climb) (Climb)	25.0	0.5

R - PASEO de las TORTUGAS (Steep Climb)	25.5	0.8
L - CALLE de ARBOLES (Climb) (Bears R into PASEO de los REYES)	26.3	1.6
R - VIA ANITA (Steep Climb)	27.9	0.3
L - VIA ALAMEDA (L into Via Monte De Oro)	28.2	0.1

R - VIA PASCUAL	28.3	0.1
L - VIA COLUSA	28.4	0.2
L - VIA SEVILLA (into CALLE MIRAMAR)	28.6	0.2
R - VIA LOS MIRADORES (hidden sign?) (Goes L at Via El Chico - X Calle Mayor -- Then Bear R to cont. VIA LOS MIRADORES)	28.8	0.5

L - VIA LOS ALTOS (At T)	29.3	0.1
L - PASEO de GRACIA	29.4	0.4
L - CAMINO de CAMPO (Climb)	29.8	0.2
L - VIA MONTE de ORO (Longest Climb)	30.0	0.8

R - CALLE de ARBOLES (Into Pas de los Reyes again)	30.8	0.6
L - VIA ANITA	31.4	0.1
R - CALLE MAYOR	31.5	1.8

Long & Medium Split here
Long turns at Carlow Rd - Medium turns at Anza

L - ANZA AVE	33.3	3.0
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LUNCH AT CARLS JUST PAST TORRANCE BLVD
Then Continue on Anaz

R - 190TH ST	36.3	0.2
L - INGLEWOOD AVE	36.5	2.0
L - MANHATTAN BEACH BLVD	38.5	1.0
R - AVIATION BLVD	39.5	2.0

R - EL SEGUNDO BLVD	41.5	0.2
L - ISIS AVE	41.7	0.1
RETURN TO START	41.8	

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But Yes Santa Fe

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Medium - 42 Miles - 2900 Feet (barometric)

PROTECTIVE HELMETS ARE
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	TOTAL MILES	NEXT TURN
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START LOCATION (Elev. 91 ft): Del Aire Park – on Isis Ave. near El Segundo Blvd. In Hawthorne		
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START SOUTH ON ISIS AV	0.0	0.1
R - EL SEGUNDO BLVD	0.1	0.5
R - DOUGLAS ST	0.6	0.5
L - MARIPOSA AVE (2 Climbs)	1.1	2.3
R - HILLCREST ST (Climb) (Jog L/R at Palm)	3.4	0.3
R - MAPLE AVE (2 Climbs)	3.7	0.8
R - SHELDON ST (Climb)	4.5	0.4
L - PINE AVE	4.9	0.1
R - SIERRA ST	5.0	0.1
L - HOLLY AVE (Steep Climb)	5.1	0.1
R - LOMITA ST	5.2	0.2
L - FRANKLIN AVE (Climb)	5.4	0.1
R - CENTER ST (Climb)	5.5	0.1
L - EL SEGUNDO BLVD (At T)	5.6	0.5
R - SEPULVEDA BLVD (Climb)	6.1	1.0
R - ROSECRANS AVE	7.1	0.4
L - PACIFIC AVE (2 Climbs)	7.5	0.7
L - 19TH ST.	8.2	0.2
R - POINSETTIA AVE (Steep Climb)	8.4	1.1
L - BOUNDARY PL (Steeper Climb)	9.5	0.2
R - SEPULVEDA BLVD (for a short way)	9.7	0.0
R - LONGFELLOW DR	9.7	0.3
R - ARDMORE AVE	10.0	0.3
R - 2ND ST (Steep Climb)	10.3	0.5
L - JOHNSON ST (Climb)	10.8	0.4
R - 11TH ST (At T)	11.2	0.1
R - MEADOWS AVE (2 Climbs)	11.3	0.8
R - KEATS ST (For a Short Way)	12.1	0.1
L - PROSPECT AVE (Rollers)	12.2	0.8
R - AVIATION BLVD	13.0	0.3
R - SEPULVEDA BLVD (PCH)	13.3	0.2
R - 13TH ST (Steep Climb)	13.5	0.1
R - OCEAN DR (Climb) (Narrow Street)	13.6	0.2
L - 9TH ST	13.8	0.1
R - PROSPECT AVE	13.9	0.2
L - 7TH PLACE (NOT 7th Street)	14.1	0.1
R - REYNOLDS LN	14.2	0.1
L - SPRECKELS LN	14.3	0.2
L - GOODMAN AVE (Extremely Steep)	14.5	0.1
L - HAYNES LN (For a Short Way)	14.6	0.1
R - HARPER AVE (Climb)	14.7	0.1
R - MARSHALLFIELD LN	14.8	0.3
L - HARKNESS LN	15.1	0.2
R - GRANT AVE (Climb)	15.3	1.0

CONTINUED IN NEXT COLUMN

R - FELTON LN	16.3	0.2
R - RIPLEY AVE (2 Climbs)	16.5	0.8
L - CLUSTER LN	17.3	0.1
R - 190TH ST (2 Climbs - 15%) (Bcms ANITA)	17.4	0.6

L - PROSPECT AVE (At top) (Climb)	18.0	0.4
Medium & Short Split here Medium turns at Diamond - Short turns at Del Amo		

R - DIAMOND ST	18.4	0.5
R - GUADALUPE AVE	18.9	0.3
R - BERYL ST (Climb)	19.2	0.2
L - LUCIA AVE	19.4	0.3

R - ANITA ST / 190TH ST (2 Climbs - 14%)	19.7	1.5
R - ANZA AVE (Break at Del Amo Blvd)	21.2	3.6
X - PCH INTO VISTA DE MONTANA (Climb)	24.8	0.2
L - MESA ST (In middle of climb) (Climb)	25.0	0.5

R - PASEO de las TORTUGAS (Steep Climb)	25.5	0.8
L - CALLE de ARBOLES (Climb) (Bears R into PASEO de los REYES)	26.3	1.6
R - VIA ANITA (Steep Climb)	27.9	0.3
L - VIA ALAMEDA (L into Via Monte De Oro)	28.2	0.1

R - VIA PASCUAL	28.3	0.1
L - VIA COLUSA	28.4	0.2
L - VIA SEVILLA (into CALLE MIRAMAR)	28.6	0.2
R - VIA LOS MIRADORES (hidden sign?) (Goes L at Via El Chico - X Calle Mayor -- Then Bear R to cont. VIA LOS MIRADORES)	28.8	0.5

L - VIA LOS ALTOS (At T)	29.3	0.1
L - PASEO de GRACIA	29.4	0.4
L - CAMINO de CAMPO (Climb)	29.8	0.2
L - VIA MONTE de ORO (Longest Climb)	30.0	0.8

R - CALLE de ARBOLES (Into Pas de los Reyes again)	30.8	0.6
L - VIA ANITA	31.4	0.1
R - CALLE MAYOR	31.5	1.8

Long & Medium Split here Long turns at Carlow Rd - Medium turns at Anza		
L - ANZA AVE	33.3	3.0
LUNCH AT CARLS JUST PAST TORRANCE BLVD Then Continue on Anaz		

R - 190TH ST	36.3	0.2
L - INGLEWOOD AVE	36.5	2.0
L - MANHATTAN BEACH BLVD	38.5	1.0
R - AVIATION BLVD	39.5	2.0

R - EL SEGUNDO BLVD	41.5	0.2
L - ISIS AVE	41.7	0.1
RETURN TO START	41.8	

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Created 8/06 Last Scheduled 04/18/21 Author: David Nakai
**Next Week: No Atchison, No Topeka,
But Yes Santa Fe**

HILLS OF THE SOUTH BAY

Short - 27 Miles - 1900 Feet (mapping software)
 PROTECTIVE HELMETS ARE TOTAL NEXT
 REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 91 ft):

Del Aire Park – on Isis Ave. near El Segundo Blvd. In Hawthorne

START SOUTH ON ISIS AV	0.0	0.1
R - EL SEGUNDO BLVD	0.1	0.5
R - DOUGLAS ST	0.6	0.5
L - MARIPOSA AVE (2 Climbs)	1.1	2.3
R - HILLCREST ST (Climb) (Jog L/R at Palm)	3.4	0.3
R - MAPLE AVE (2 Climbs)	3.7	0.8
R - SHELDON ST (Climb)	4.5	0.4
L - PINE AVE	4.9	0.1
R - SIERRA ST	5.0	0.1
L - HOLLY AVE (Steep Climb)	5.1	0.1
R - LOMITA ST	5.2	0.2
L - FRANKLIN AVE (Climb)	5.4	0.1
R - CENTER ST (Climb)	5.5	0.1
L - EL SEGUNDO BLVD (At T)	5.6	0.5
R - SEPULVEDA BLVD (Climb)	6.1	1.0
R - ROSECRANS AVE	7.1	0.4
L - PACIFIC AVE (2 Climbs)	7.5	0.7
L - 19TH ST.	8.2	0.2
R - POINSETTIA AVE (Steep Climb)	8.4	1.1
L - BOUNDARY PL (Steeper Climb)	9.5	0.2
R - SEPULVEDA BLVD (for a short way)	9.7	0.0
R - LONGFELLOW DR	9.7	0.3
R - ARDMORE AVE	10.0	0.3
R - 2ND ST (Steep Climb)	10.3	0.5
L - JOHNSON ST (Climb)	10.8	0.4
R - 11TH ST (At T)	11.2	0.1
R - MEADOWS AVE (2 Climbs)	11.3	0.8
R - KEATS ST (For a Short Way)	12.1	0.1
L - PROSPECT AVE (Rollers)	12.2	0.8
R - AVIATION BLVD	13.0	0.3
R - SEPULVEDA BLVD (PCH)	13.3	0.2
R - 13TH ST (Steep Climb)	13.5	0.1

CONTINUED IN NEXT COLUMN

R - OCEAN DR (Climb) (Narrow Street)	13.6	0.2
L - 9TH ST	13.8	0.1
R - PROSPECT AVE	13.9	0.2
L - 7TH PLACE (NOT 7th Street)	14.1	0.1

R - REYNOLDS LN	14.2	0.1
L - SPRECKELS LN	14.3	0.2
L - GOODMAN AVE (Extremely Steep)	14.5	0.1
L - HAYNES LN (For a Short Way)	14.6	0.1

R - HARPER AVE (Climb)	14.7	0.1
R - MARSHALLFIELD LN	14.8	0.3
L - HARKNESS LN	15.1	0.2
R - GRANT AVE (Climb)	15.3	1.0

R - FELTON LN	16.3	0.2
R - RIPLEY AVE (2 Climbs)	16.5	0.8
L - CLUSTER LN	17.3	0.1
R - 190TH ST (2 Climbs - 15%) (Bcms ANITA)	17.4	0.6

L - PROSPECT AVE (At top) (Climb)	18.0	0.7
<i>Medium & Short Split here</i>		
<i>Medium turns at Diamond - Short turns at Del Amo</i>		

L - DEL AMO BLVD	18.7	0.9
R ANZA AVE	19.6	0.7

LUNCH AT CARLS JUST BEFORE TORRANCE BLVD

RETURN BACK NORTH ON ANZA AVE	20.3	1.5
R - 190TH ST	21.8	0.2
L - INGLEWOOD AVE	22.0	2.0
L - MANHATTAN BEACH BLVD	24.0	1.0

R - AVIATION BLVD	25.0	2.0
R - EL SEGUNDO BLVD	27.0	0.2
L - ISIS AVE	27.2	0.1
RETURN TO START	27.3	

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START LOCATION (Elev. 91 ft): Del Aire Park – on Isis Ave. near El Segundo Blvd. In Hawthorne		
START SOUTH ON ISIS AV	0.0	0.1
R - EL SEGUNDO BLVD	0.1	0.5
R - DOUGLAS ST	0.6	0.5
L - MARIPOSA AVE (2 Climbs)	1.1	2.3
R - HILLCREST ST (Climb) (Jog L/R at Palm)	3.4	0.3
R - MAPLE AVE (2 Climbs)	3.7	0.8
R - SHELDON ST (Climb)	4.5	0.4
L - PINE AVE	4.9	0.1
R - SIERRA ST	5.0	0.1
L - HOLLY AVE (Steep Climb)	5.1	0.1
R - LOMITA ST	5.2	0.2
L - FRANKLIN AVE (Climb)	5.4	0.1
R - CENTER ST (Climb)	5.5	0.1
L - EL SEGUNDO BLVD (At T)	5.6	0.5
R - SEPULVEDA BLVD (Climb)	6.1	1.0
R - ROSECRANS AVE	7.1	0.4
L - PACIFIC AVE (2 Climbs)	7.5	0.7
L - 19TH ST.	8.2	0.2
R - POINSETTIA AVE (Steep Climb)	8.4	1.1
L - BOUNDARY PL (Steeper Climb)	9.5	0.2
R - SEPULVEDA BLVD (for a short way)	9.7	0.0
R - LONGFELLOW DR	9.7	0.3
R - ARDMORE AVE	10.0	0.3
R - 2ND ST (Steep Climb)	10.3	0.5
L - JOHNSON ST (Climb)	10.8	0.4
R - 11TH ST (At T)	11.2	0.1
R - MEADOWS AVE (2 Climbs)	11.3	0.8
R - KEATS ST (For a Short Way)	12.1	0.1
L - PROSPECT AVE (Rollers)	12.2	0.8
R - AVIATION BLVD	13.0	0.3
R - SEPULVEDA BLVD (PCH)	13.3	0.2
R - 13TH ST (Steep Climb)	13.5	0.1

CONTINUED IN NEXT COLUMN

R - OCEAN DR (Climb) (Narrow Street)	13.6	0.2
L - 9TH ST	13.8	0.1
R - PROSPECT AVE	13.9	0.2
L - 7TH PLACE (NOT 7th Street)	14.1	0.1
R - REYNOLDS LN	14.2	0.1
L - SPRECKELS LN	14.3	0.2
L - GOODMAN AVE (Extremely Steep)	14.5	0.1
L - HAYNES LN (For a Short Way)	14.6	0.1
R - HARPER AVE (Climb)	14.7	0.1
R - MARSHALLFIELD LN	14.8	0.3
L - HARKNESS LN	15.1	0.2
R - GRANT AVE (Climb)	15.3	1.0
R - FELTON LN	16.3	0.2
R - RIPLEY AVE (2 Climbs)	16.5	0.8
L - CLUSTER LN	17.3	0.1
R - 190TH ST (2 Climbs - 15%) (Bcms ANITA)	17.4	0.6
L - PROSPECT AVE (At top) (Climb)	18.0	0.7
Medium & Short Split here Medium turns at Diamond - Short turns at Del Amo		
L - DEL AMO BLVD	18.7	0.9
R ANZA AVE	19.6	0.7
LUNCH AT CARLS JUST BEFORE TORRANCE BLVD		
RETURN BACK NORTH ON ANZA AVE	20.3	1.5
R - 190TH ST	21.8	0.2
L - INGLEWOOD AVE	22.0	2.0
L - MANHATTAN BEACH BLVD	24.0	1.0
R - AVIATION BLVD	25.0	2.0
R - EL SEGUNDO BLVD	27.0	0.2
L - ISIS AVE	27.2	0.1
RETURN TO START	27.3	

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