

Los Angeles Wheelmen VP Report

1 message

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Hello All:

Sunday: Last Sunday we were starting at the "Corner" to ride "Brentwood Flyer." There were 11 of us at the start and **Phil Whitworth** took this photo:



From the left: **Mario Solano, Rafal Karpinski, Nancy Domjanovich, Chris Hedberg, Rod Doty, Gary Murphy, Ann Trank, Jacques Stern, Marc Spigelman, and Dennis Kokas.** Apparently **Kit Gray** showed up a little later to make a total of 12 riders. We split between the long and medium but there were lots of variations along the way, so it's hard to say exactly what any particular rider did. It was the day after a rain and that always makes the air smell and feel fresh. Some may say it felt like the dawn of a new era. Phil took this shot of downtown from up on Mulholland which shows that it was a fairly clear day.



All riders started out with a few hills in Beverly Hills. I had forgotten why I liked this stretch, but it is because of all the interesting houses we pass. There are some really monster homes tucked away in them thar hills. After that portion the two routes split with the long riders going out to the Valley and the others heading to Brentwood and Santa Monica. I made it to the top of Sepulveda, but my legs just weren't feeling all that great and I turned back. The rest of the long group found a new location for lunch. Phil sent this photo of the long group at lunch,.



Looks like they had a good time. Strong winds picked up later in the day. It must have been a tailwind some of the time because I noticed on the "Relive" track that Phil provided me of his ride, it put a marker at the point where he achieved his maximum speed and it was 50 mph coming down Sepulveda. I've never come close to 50 mph on Sepulveda. **Kit Gray** sent me an edited version of his ride on the medium route using his 360 degree camera. Near the end of the video you can really get a sense of how strong the winds got. The link to his video is here: https://youtu.be/g36nwgQ8r_4

Other Ride: **David Nakai** was apparently doing a "permanent" along the coast on Sunday. He sent this photo of the beach at Santa Monica after the wind. You can see how smooth the sand was and that the trash cans had been blown over.



Next Week: Next Sunday we will be riding our monthly century and metric century: the "Camarillo Century." We start in Brentwood and both routes head to the coast and then ride up and over Topanga/Old Topanga to the Valley. They then head west to Agoura where the two routes split. The full century continues to Camarillo for lunch and then to the coast for a return back down PCH. The metric has lunch in Agoura and then cuts to the coast on Mulholland Hwy and Kanan Dume where it then rejoins the full century for the return on PCH. Although about 30 miles shorter, the metric has the climb up the "Rock Store" hill which gives it about the same amount of total elevation gain as the full century (about 5000 feet). I had hoped to do the full century, but my poor performance last Sunday convinced me to do the metric. With that 5000 feet of climbing, it will be tough enough.

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Parting Shot: Phil included this photo with his "Relive" track of last Sunday's ride. It was taken on the southern side of Sepulveda Pass near the bottom. The photo itself is unremarkable, but according to Phil, those same cars are always there. What strikes me about this is that I ride Sepulveda all the time and I've never noticed this before. It just shows you how different people see different things. For sure I'll be looking for them the next time I ride Sepulveda and probably forever after.



See You On The Road

Rod Doty, VP