

Los Angeles Wheelmen VP Report

1 message

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Hello All:

Sunday: Sunday we were starting in Torrance for "South Bay Typical" which was pretty much a ride in and around Palos Verdes. We had one of the best turn-outs in quite a while. **Phil Whitworth** took this photo:



From the left: **Matthew** (a visitor whose last name I didn't get), **Russ Brynes**, **Lee Meller**, **Gary Murphy**, **Rafal Karpinski**, **Me**, **Kit Gray**, **Ben King**, **Bill Faulkner**, **Chris Hedberg** and **Nancy Domjanovich**. Not in the photo were **Jacques Stern**, **David Nakai** and of course **Phil Whitworth**. That makes 14, but I could swear there were 15 and I just can't remember who I'm leaving out. While Gary and Jacques did the medium and I don't know what Kit did, most did the long, or something like it. With a course that loops around a lot and quite a few hills which are easily cut off, I guess you would have to expect that many riders would make modifications to the route. I'm happy to say I did the entire long route and I think a few others did too, but others made a few changes here and there. Several of them had ridden from home, so they weren't really cutting the route short. It was foggy at the start and even though it was plenty warm as I was returning on the inland side of Palos Verdes, when I got back to the start, it was still cool and a little hazy closer to the ocean. I noticed that even though it's only the first week in October, several homes were already decorated for Halloween. Gary sent me this photo of one home where the decorations also have a bicycling theme:



I just wonder how many trick-or-treaters they will be seeing this year.

Other Rides. Mel Cutler and Dale Aaronson rode a 100K permanent on Saturday which took them up the coast to Carpinteria and back. Mel sent this photo:



You might think this was sunset, but it is actually the sunrise. They got a very early start in order to get the ride in before dark.

Of Course there was the usual Thursday Triple Dipper Ride. Phil Whitworth sent me several photos. Instead of the usual shot at the start or at the Manhattan Pier, I thought I would show one taken at Golden Cove where we always regroup for our break



Next Week: Next Sunday we will be in Long Beach for the "Long Beach Rides." These routes wind around the Long Beach area and the long and medium routes make loops inland before returning to the coast. These are remarkably flat rides. Even the long route at 64 miles only has 1200 feet of total elevation gain. I managed the long last Sunday which had more climbing, so I guess I'll be up for the long this Sunday as well. One of the lunch options is Pick-Up-Stix -- a favorite of mine. I haven't been to one since the beginning of the year, so I'm looking forward to it. I hope to see a lot of you there.

Achievement: Mel informs me that **Dale Aaronson** has also gone over 10,000 miles for the year. Not only that, but he has completed a vertical century (over 528,000 feet of total elevation gain within a year). It is truly amazing that he has done this so early in the year. Congratulations!!!

Parting Shots: It's that time of year when campaign lawn signs are everywhere. Here are a couple that I thought were worth a photo. The first was sent to me by members **Tim & Maureen Evans**. They saw it while out on their tandem



I saw this second one on Sunday and, regardless of your political leaning, I thought it was clever.



See You On The Road

Rod Doty, VP