

LA Wheelmen VP Report

1 message

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Los Angeles Wheelmen VP Report - August 13, 2019

Hello All:

Last Sunday: Last Sunday we were riding "Poking Around PV" which was our monthly century and metric century. I believe we had a total of 9 riders. I took this photo at the start:



That's **Phil Whitworth, David Nakai, Gary Murphy, Thomas Knoll** and **Jacques Stern**. In addition to these, **Nancy Domjanovich** had gotten a slightly early start and **Bill Faulkner** and **Sheila Szymanski** met us out on the course. Although I think most got a century in, it seemed like almost all riders made slight variations in the route to suit their pleasure. For example, Thomas reported that he skipped a hill down in San Pedro, but later added a climb up Silver Spur so he could eat lunch at the Habit. Actually, I think almost everyone skipped that hill in San Pedro, but I thought it was the highlight of the ride so I went up. Gary, who also did the climb, took this photo of the harbor from the top of the hill:



That's me halfway down the descent. I will say this -- the last couple of Sunday rides ("Hills of the South Bay" and "Valley Venture") had a lot of steep climbing but I think doing those rides helped get me through the hills on Sunday's ride with ease. Just a reminder that you can't slack off if you want to keep doing the rides in style. Fortunately, despite the climbing, we never got too far from the coast and much of the time there was a cooling breeze. That helped a lot too.

Next Sunday: This Sunday we will be riding "Corner Caper I" which starts from the "Corner." This is an old time ride which basically just takes a run out to the San Fernando Valley for a quick loop and then returns. The only significant climbing is the trip up Benedict Canyon on the way out and over Sepulveda on the way back. Neither one of those climbs is terribly difficult. The long and medium make different loops in the valley while the short never goes out to the valley at all. After 3 weeks of some tough climbing, I'm looking forward to a slightly easier ride. If you are not up for any of that, there is a CicLAvia event this Sunday which will be traveling through West Hollywood, Hollywood and East Hollywood. That shouldn't be too far from the "Corner."

Monthly Meeting: We have our monthly meeting this Thursday at 7 p.m. in Room B at the Culver City Veteran's Memorial Center. Once again we have no one providing refreshments. I really wish someone would step forward and volunteer to do this. Let me know if you can do this.

Old Club Caps: Member Tom Parkes has recently come across some old bicycling caps with the club logo and he is wondering about their provenance. I've been a member for over 40 years and I don't remember the club having these caps and we asked **Laverne Boethling** who has been a member longer than I have and she doesn't remember them either. Anyway, here are a couple of photos of them. If you have any information regarding them, let me know.



Note On My Phone: At long last I have dumped my landline so if you want to call me you will have to use my cell (310 890-8063) Although this is the number that has been listed in the club schedule for over a year now, one or two of you have still been calling the landline. Eventually my old number will be reassigned and who knows who you will be calling.

Parting Shot: As some of you may know, **David Nakai** often starts riding near midnight on Saturday and rides through the night and then shows up to do the club ride with us on Sunday. I don't know how he does it, but he also ends up frequenting a lot of 24-hour restaurants. He often photographs his breakfasts and he sent me a couple of these.





He said the first one included waffles which didn't show up until after he took the photo. I suppose if you ride all night and all day you can eat like this.

See You On The Road

Rod Doty, VP