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**LA Wheelmen VP Report**

1 message

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**Los Angeles Wheelmen VP Report - July 30, 2019**

Hello All:

**Last Sunday:** Last Sunday we were riding "Hills of the South Bay." Predictably, on a ride with "hills" in it's name, there were only 5 riders. The same ride could easily be called "Downhills of the South Bay" -- I wonder if that would have attracted more riders. Well anyway, I took this photo at the start:



That's **Sheila Syzmanski, Thomas Knoll, David Nakai** and **Gary Murphy**. Sheila and Thomas took off and were only seen briefly later when the route crossed itself, but I think they did the long route. David, Gary and I stuck together and also rode the long route at a somewhat more leisurely pace. The route is a lot of short hills, but I was surprised by how quickly they went by. Both David and Gary sent me some photos. This first is from David



Gary looks like he's working pretty hard, but he is well ahead of me back down the hill. These next two shots are from Gary. The first is near the top of one of the steeper hills.



This next one shows how roly the route was in places



**Next Week:** Next Sunday we will be riding "Valley Venture" which rides in the San Fernando Valley. Long range forecasts look like it will be warm, but not excessively hot next Sunday, so we should be OK. The good news is that all the heavy climbing is in the beginning of the routes before it really gets warm. Speaking of climbing, the long has a few difficult climbs. The big feature of the day is the trip up Escalon/Encino Hills which is about 1 mile and may be one of the steeper hills in the

Valley. There are a couple of other good climbs on the long route as well. I look forward to the challenge, but if you are not like me, you might consider the medium. It does one major climb which is no where near as steep as Encino Hills. Or you might even consider the short which skips all the major climbing. Which ever route you pick, after the initial climbing sections, all routes come together for a trip to lunch in the West Valley and then return together. I hope to see you there.

**Vacation Photos:** Dale Aaronson rode all or most of the training rides this year, but not because he planned on riding the Grand Tour -- he was training for a bike tour in Montana. He has now made the trip and sent me a number of photos. Here are a couple.



It wouldn't be Montana without some buffalo. This next shows why they call it Big Sky Montana



**Parting Shot:** I saw this sign on last Sunday's ride in Torrance. Seems coyotes are everywhere these days. I've heard of complaints in Culver City too.



See You On The Road

Rod Doty, VP