

Los Angeles Wheelmen VP Report April 11, 2017

Hello All:

Last Saturday: Last Saturday was the 2nd Grand Tour Trainer in our 12 week series. The ride was "Encinal Canyon" which climbed that canyon for its main event. I think there were 10 riders. Overnight rain may have discouraged some riders from showing up, but the day turned out to be fine. I took this photo of the group at the start, but several riders are missing:

I can't remember the last time I've climbed Encinal so I wasn't sure what to expect. But it turns out to be 5 miles of a fairly even grade without any really steep parts. In the first half it gives you a few views back down to the coast. Here's a photo **Phil Whitworth** took of **Gary Murphy** at one of these points.





Some of us had a pleasant surprise as we came over Sepulveda near the end of the ride. **Emma Pham** was there to greet us. It was a nice end to a good trainer. That's two down and ten to go.

Sunday: On Sunday we were riding the "TriCounty Safari" starting from West Covina. The weather was very nice for riding so I was disappointed that only two other riders showed up: **Chris Hedberg** and **Russ Brynes**. I forgot to take a photo at the start. I looked through my past photos to see if I could find one where they were both in the shot, but couldn't find one. I was tired from the trainer the day before, so rather than hold them up all day, I told them to go on ahead. That worked out well because I was able to ride my own pace without worrying that I was holding up the group. Ironically, I finished a bit ahead of them. They must have spent more time at lunch than I did (They had lunch at a different location from me, so I didn't see them at lunch). Anyway, we all had a pleasant day. I took this photo at the bottom of Carbon Canyon just to show Gary Murphy that you don't have to go to Texas to see cattle.



Next Week: Next Saturday is our third trainer. As we sometimes do, we leave the hills behind for one week but extend the trainer to a full century. This time we are riding the old "Paul

Neuerburg Century" From Arcadia it heads to Yorba Linda where it picks up the Santa Ana River trail to the coast. It then heads north along the coast and back to the start via the San Gabriel River and Rio Hondo. With all the river trails, it's a very flat century less than 2000 feet of climbing. This is our century of the month for April, so we are also offering a Metric Century version.

Sunday is Easter and we will be riding our usual Easter ride the "Funny Bunny Ride" from the Corner. These routes are fairly short and eventually head down to the Marina for brunch or lunch. These are perfect recovery rides if you have ridden the century on Saturday, so I don't see why you all can't ride both days. I plan to be there for both.

Corner Ride: Sandy Weiner send me this photo from last Sunday's Corner ride. Apparently they stopped at Deus Ex Machina in Venice.



I wasn't familiar with this place so I looked it up on the web. It's something of an eclectic store since it not only offers bicycles, but also motorcycles and surf boards as well as clothing. It also has a cafe. They have locations around the world. I like the quote on their marquee.

That's all for tonight.

See You On the Road
Rod Doty, VP