

Los Angeles Wheelmen VP Report - December 27, 2016

Hello All

Last Sunday: We had our annual Christmas day ride last Sunday. There were 11 of us at the start and **Phil Whitworth** took this shot of the group:



Emma Pham had to cut out early, but then we picked up **Mike Eberts** and **Nancy Niebrugge** along the way. But then we somehow lost two newcomers who went off to do an extra climb in Griffith Park and were never seen again. So that meant we had 10 riders to gather for our traditional photo up on Carroll Street. **Phil** took the group shot. I thought it was a shame he never gets into these photos, so I Photoshopped him into this one. See if you can pick him out.



Looks like he has lost weight. We had a nice break in Chinatown which seemed a little busier than last year.

This Sunday: This Sunday is New Year's Day and we will be offering our usual New Year's Day Century which travels from Malibu up to Ventura and back. This year however, we are also offering a Metric Century and a Half Century to round out the day's offerings. All these routes are fairly easy with the only hills being those along PCH, which you will ride in both directions. It's always nice to start the year off with a good ride under your belt. It sets a tone for the entire year. I hope to see a lot of you out on Sunday.

Monday: This year, because New Year's Day falls on a Sunday, the Rose Parade and Rose Bowl Game (as well as most other January 1st bowl games) are being held on Monday the 2nd. This means that even if you rode with us on January 1st, you can still ride our annual ride to the Parade. It's only 14 miles, so you can't claim you are too tired. It is the best way to see the parade because you don't have to battle the traffic into Pasadena and back. We ride to the parade from Alhambra and we also ride down Orange Grove Ave where the floats line up

before the parade. This gives you an up close and personal preview of most of the floats before the parade even starts. You can't beat it. I plan to be there and look forward to seeing a lot of you out for this ride. You will be home in plenty of time to watch USC beat Penn State in the Rose Bowl.

Holiday Party: Just another reminder of our Holiday Party on Saturday, January 7th. Remember to RSVP with Nancy Domjanovich at nancyadnil@sbcglobal.net

Beautiful Weather: As long as you dress for the cold, cycling this time of year can be very nice because the air is so clear after the rains. Here's a shot I took today of the snow capped mountains as seen from the end of Ballona Creek in Marina del Rey. You don't see that every day.



Year End: This is my last VP Report of the year. I hope it's been a good year in cycling for all of you. I had a pretty good year. I managed to complete the Grand Tour one more time (my primary goal of the year) and I will end the year with 8000 miles. I'm a big believer in setting goals. If you don't have something to shoot for, it's too easy to stay in bed on mornings when you should get out and ride. I see one of the primary purposes of this club as helping its members achieve their cycling goals by providing plenty of rides and the mutual support of its members. Besides our weekend rides, we also have groups that ride every Thursday and Wednesday. So, set some goals for yourself and then use the club to achieve them. That's what we are here for. You can have a great cycling 2017.

Happy 2017
See You On The Road In The New Year
Rod Doty, VP