



# LOS ANGELES WHEELMEN SCHEDULE



December 2022

**VISITORS ARE ALWAYS WELCOME.** Each week the routes offered will be available on the Web. Go to [www.LAWheelmen.org](http://www.LAWheelmen.org) and click on "Upcoming Rides." Download the routes and bring them with you to the ride.

**NOTE: Recent CDC pronouncements indicate that cycling is safe without a mask for **VACCINATED** people. Most club members have already been vaccinated. We urge all potential riders to become vaccinated before riding with us.**

**NEWCOMER RIDES:** As of this writing, the date and details of the December Newcomer Rides have not yet been finalized. There often will be two rides – an easy ride and a more advanced ride. When available, information will be found via the club web site: [www.lawheelmen.org](http://www.lawheelmen.org)

**Thursday, December 1 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** Meet on the bridge at end of the Ballona Creek Trail in Marina Del Rey. Riders usually go south to Palos Verdes on the bike path and then do some riding on the Peninsula. There are optional climbs including the 3 "dips" which give the ride its name. The group usually stops for a break at the Golden Cove shopping area. Occasionally the group will decide to vary the route and explore specific sites elsewhere in the city. A typical day is 40 - 50 miles but often individual riders either cut the day short or add extra miles as desired. Contact **Nancy Domjanovich** [nancydomx@icloud.com](mailto:nancydomx@icloud.com) for details.

**Sunday, December 4 -- 7:30 a.m. (full century) and 8:30 a.m. (metric century) FOOTHILL FOOTSIE CENTURY & METRIC CENTURY** (Century 92 mi & 3700 ft, Metric Century 66 mi & 2400 ft). This is our 13<sup>th</sup> year in a row riding this century designed by **Dennis Miller** as our December Century of the month. I have ridden this one every year and I have completed the full century in all but two years. It's a chance to get started on getting into the holiday spirit. You will be passing several Christmas tree lots in operation and many homes will already be decorated for the holidays. Odds are that at the mall where we stop at for lunch they will be playing holiday music (if they play any music at all). As we emerge from the pandemic, I'm thinking everyone is more than ready to get back in the mood again. The century is so named because it roughly parallels Foothill Blvd (sometimes actually riding Foothill) from La Crescenta east through the San Gabriel Valley all the way to Claremont and back. Although the route has a lot of short ups and downs, there are no mountain climbs, and that makes for a fairly easy ride. Most of the roads should be familiar to anyone who has ridden with the club a lot or who rides the San Gabriel Valley often.



**Fall Colors on Foothill Footsie**

**NOTE:** The metric century has a separate start location. In order to give metric century riders the best portion of the full century, they are starting at the Pasadena High School and riding the center portion of the full century route out to Claremont and back. So come on out and enjoy looking at the decorated houses and the miles will just fly by **FULL CENTURY START: LA CRESCENTA PARK in Glendale.** From the Foothill Frwy (210), off and south on Pennsylvania, R- Honolulu to Park (on left) at Frederick St. **METRIC CENTURY START: PASADENA HIGH SCHOOL near the intersection of Orange Grove and Sierra Madre Blvds.** From the Foothill Frwy (210), off & north on Sierra Madre Blvd to school on left.

**Thursday, December 8 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See December 1st for details.

**Sunday, December 11 - WESTLAKE-POTRERO** (Long 76 mi & 2800 ft, Medium 45 mi & 2300 ft, Short 30 mi & 1400 ft) Potrero is a name that always strikes fear in my heart. Mostly because it is one of the most difficult climbs I know. No matter what shape I'm in, there is always a question in my mind as to whether I can make it up that hill without stopping to rest or walking part way. The good news is that we will be riding down Potrero today. But that doesn't exactly remove all the fear. It's such a steep downhill that you have got to be careful negotiating all the turns as you go down. It's not so bad as long as you have good brakes and don't let your speed get too high. Now that I have probably scared half of you away, I would like to say that



**Crops being picked when we last rode Westlake/Potrero in the summer Probably won't see this in December**

these routes are otherwise pleasant and travel areas we don't ride very often. After all, the Potrero downhill is only one mile out of the entire ride. The long and medium routes start with the fast descent of Potrero and on to the Camarillo area. The two routes split here with the long continuing to the coast and then north to Ventura before turning east and heading back to Camarillo. Here it rejoins the medium route and they both have lunch in Camarillo. Together they continue east to the Moorpark area and over the ridge back to the start. The Short skips all that and tours the Westlake area with a trip up to the top of Moorpark ridge. We don't ride out in this area very often so you should make the effort to join us. Westlake isn't such a long drive – I usually get there in less than 40 minutes. So join us for this unique set of rides. **START: WESTLAKE PLAZA in Westlake Village.** Go North on Ventura Frwy (101) to Westlake, off and L on Westlake Blvd., L on Agoura Rd. and L into shopping center lot. Park near Southwest corner of the parking lot (near intersection of Westlake Blvd and Agoura Rd)

**Thursday, December 15 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See December 1st for details.

**Thursday, December 15 – 7:00 p.m. MONTHLY MEMBERS MEETING.** Another month and again we are still meeting on Zoom. I think at this meeting I will bring up the possibility of starting the new year by returning to in-person meetings. If you want to weigh in on that, please attend. Also, an important reason for attending this meeting is that nominations for next year's officers open at this meeting. Please attend if you want to throw your hat into the ring. Tonight we will probably also continue discussions of the installation lunch and holiday party. The difficulty with the holiday party might be in finding a venue, so if you have any ideas, please attend tonight. We hope to see you there. If you would like to join the meeting, contact **Mel Cutler** at [cutlerme@earthlink.net](mailto:cutlerme@earthlink.net) for the necessary information



**Regrouping at the top of Lake Ave on the long route on Arcadia/La Tuna**

**Sunday, December 18 - ARCADIA – LA TUNA CANYON.** (long 60 mi & 3500 ft, medium 52 mi & 2300 ft, short 35 mi & 1400 ft) It's the week before Christmas and all through the land, people are scurrying to complete their holiday plan. If you are getting a little stressed out by the holidays, it might be a good time to take a nice stress reducing bike ride with friends. Throw in a 4 mile downhill on La Tuna and watch your cares float away. We start our stress reduction from Arcadia Park and the long and medium head for Montrose and La Tuna Canyon. Both the long and the medium ride down La Tuna Canyon (the 4 mile downhill previously mentioned) but the long throws in an extra loop (with an extra climb, but also an extra downhill) before getting to Montrose. After lunch along Glenoaks

Bld, we ride through Eagle Rock and then a short climb back up through South Pasadena back to the start. Maybe you don't have that much holiday stress and you might be thinking about the short route at this point. It doesn't do La Tuna. It heads that way, but before reaching Montrose, it goes down Chevy Chase to Eagle Rock Your cares

can float away on that downhill as well. The Short picks up the return route of the long and medium in Eagle Rock. What if you don't have any holiday stress at all? Well congratulations, but you should still show up to help the rest of us alleviate our own stress. Nothing like the calm influence of a friend to ease the way. **START: ARCADIA PARK.** From San Bernardino Frwy (10) off and north on Santa Anita (5 mi) to park or from Foothill Frwy (210) off and south on Santa Anita half mile.

**Thursday, December 22 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See December 1st for details.

**Sunday, December 25 – 8:30 a.m. CHRISTMAS RIDE** (44 mi & 2600 ft). It is that rare event this year when Christmas falls on Sunday Personally this works out well for me because usually I would have to write a description for a regular Sunday ride and also this description for the annual Christmas Day ride. But today our regular Sunday ride will BE the Christmas ride and I only have to write one description. Furthermore, there is only one route today, which makes my job even easier. So, this is our traditional Christmas Day ride. We don't really celebrate Christmas on this ride, so please feel free to ride with us whatever your beliefs. We are just taking advantage of the fact that the streets are unusually quiet on this day. What better day to ride Mulholland Drive or head downtown. Surprisingly, things are usually hopping on Olvera Street as we ride through and also in Chinatown where we stop for lunch or a break. But other than those two places, the stillness of the city is really something to see. And of course there is the ride along Carroll Ave with its restored Victorian homes, which we hit just before going downtown. We often regroup here for a photo (see below). So many nice things to see in one ride. How can you miss it? The ride is short, so if you are having a holiday celebration later, it should get you back in time for that. There are some hills, including the initial ride up Benedict Canyon to Mulholland, but the group usually sticks together so don't worry about being left behind. **START: THE "CORNER,"** Olympic Blvd, 1 block west of La Cienega in Beverly Hills. From the Santa Monica Frwy (10), off & north La Cienega 1½ miles, L - Olympic 1 block to R- Le Doux.



**Traditional group shot on Carroll Avenue during the Christmas ride**

**Thursday, December 29 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See December 1st for details.