

## Los Angeles Wheelmen VP Report

1 message

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Hello All and happy belated Labor Day

Since Sunday's ride had a lot of hills in it, I looked for a song about hills for tonight's theme music. I Googled "Songs about hills" and there are a lot of them, but none of them caught my fancy. I thought about using one by Leonard Cohen called "The Hills" but I played it and it was just too depressing. It's on YouTube if you want to check it out. So, the upshot is -- no song tonight.

**Sunday:** The ride was "Hills of the South Bay" and maybe it is just as well I don't have a song tonight because hardly anyone rode. Given the heat, I was wondering if anyone would show up. I went to the start planning on doing no more than the short route. Guess who showed up? **David Nakai!!!** Here is his photo:



It was only a short distance from his home so he only came over to see who was there and not to ride. He said he can only use one hand to ride, so it wasn't safe for him to ride more than a few blocks. But it was nice to see him back on a bike. The only other person to show up was **Gary Murphy** and I took his photo as well



But Gary said he only planned to ride the first few miles through El Segundo to the beach and then go home. Faced with no one actually riding the route, I just went home. So chalk one up for the heat wave. Maybe I'll re-schedule this one in a few months when it is cooler. I do like the ride when it's a more pleasant day.

**Alternative Riders:** Turns out a few of our regulars did a ride on their own on Sunday. They met at the bridge in Marina del Rey and rode along the beach to Palos Verdes and on down to San Pedro. **Phil Whitworth** sent this photo:



That's **Michael Doyle, Nancy Domjanovich, Mario Solano** and Phil's shadow on the right. Even though they stayed pretty close to the coast, Phil said it was still very hot in San Pedro.

**Next Sunday:** The good news is that the heat is supposed to break for the weekend. It will still be plenty warm, but not like it has been. Fortunately, our routes this Sunday are on the coast as we do our annual Grand Tour Lite routes. This year we will once again be doing these unsupported. We have a double metric century, a full century and a metric century. The double metric is very difficult with a lot of climbing and I would be surprised if anyone rides it. The century and metric century simply ride from Malibu up the coast to Port Hueneme and back. The two routes are the same except that the full century adds a loop in the Port Hueneme/Ventura area for the extra miles (but with no extra climbing) These routes are pretty easy as centuries and metric centuries go. I plan to do the metric.

## Time Is Almost Up

**Club Apparel Order:** You only have a few more days to order a club jersey or other apparel items (bibs, jackets, vests, gaiters or arm warmers) We still need to have over 10 more items ordered for the order to go through **THE DEADLINE IS SEPTEMBER 12TH.** Please make your order now. Go to this web site now:

<https://www.voler.com/custom/ordering/li/44303>

**No Parting Shot** tonight but I did find this image on the web and it seemed appropriate



See You On The Road,

Rod Doty, VP