

Los Angeles Wheelmen VP Report

1 message

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Hello All and Happy Summer Solstice

Last Saturday: In 1984 **Lou Steinhauer** began holding a series of Saturday Grand Tour Training rides in the 12 weeks prior to the Grand Tour. There had been previous Grand Tour training rides but Lou formalized the 12 week training season. The club has continued this tradition every year since (except 2020 which we took off due to Covid). That's 36 years of training rides. I rode at least some of the rides in every year -- probably the only person to do that. But with falling interest, I have decided this is the last year we will present a 12 week Saturday series of trainers. So, last Saturday was the last of the last trainers. In honor of this occasion, I have selected this song for tonight's theme. I found a version with the lyrics which should make it a little more interesting. There are some lyrics at about minute 9 which I didn't know were in the song.

<https://www.youtube.com/watch?v=LsQtnBu3p7Y>

As has been the case for so many of the trainers, **Phil Whitworth** was the only rider to show up at the start. He took this one last selfie



But along the way he was joined by two more Wheelmen who apparently rode at least part of the ride with him. Phil took this shot:



That's **Nancy Domjanovich** and **Michael Doyle**. I was looking at Phil's track on Strava and he deviated from the course in a number of places He added a trip up to the domes in Palsos Verdes where he took this shot.



That's an extra bit of climbing not on the course, but then he skipped the last climb up Hawthorne for lunch at the Steve Bowen Memorial Habit Burger. I suppose it all averages out. Well, congratulations to Phil for completing all the trainers and a fond farewell to the training ride series.

Last Sunday: On Sunday we were riding "Alhambra & Bikeway" which started in Alhambra. I'm off the bike for a couple of weeks with a minor medical thing, but I heard from several of the riders. There were 5 of them and **Rafi Karpinski** sent this photo from the start (taken by a passing stranger)



That's **Gary Murphy, Rafi Karpinski, David Nakai, Thomas Knoll** and **Jacques Stern**. I tried to clear up David's face in Photoshop but couldn't do much with it. Perhaps the person next to him could have done better. According to Gary, everyone but him did the long route. Gary did the medium. All routes stay together until lunch where Gary took this shot of Thomas and David at the Habit.



David sent a long description of the ride, but too much to include here. Let's just say it sounds like they had a good time.

This Weekend: This weekend is the Grand Tour, but since registration for that is closed now, there isn't much point in mentioning it here. On Sunday, we will be riding "Will Rogers Park" which is a traditional post-Grand Tour ride. There are only two routes and both are fairly short. Both eventually work their way over to the polo grounds in Will Rogers Park where hopefully they will be playing polo. The last time we did this ride, it was the heart of the pandemic and they were not playing. The medium does a bit more climbing than the short route, but otherwise the routes are similar. I will still be

off the bike this weekend, so I hope riders will send me some photos. Some polo shots would be good and last time we saw some deer on the descent from the park. Unfortunately, the days will now be getting shorter. In fact, on Sunday you will have 1 minute, 16 seconds less daylight to complete the ride than if you rode it today -- so don't dawdle

Minutes of the Meeting: Attached are the minutes of the meeting we held last Thursday. Some interesting reading, if you are into that sort of thing.

New Pet: As some of you know, **David Nakai** has a new dog named Cheddar. He sent me a photo, so I thought I would included it here.



I would be happy to include photos of any one's new pet in the future. I'm planning on getting a cat in the near future, so I want to justify putting in a photo of the cat when that happens.


Parting Shot: I don't have much to include here so I thought I would throw this in. This is my condo this past week when circus came to town.



I'm glad the termites are gone, but I hope they got the silverfish too. So far I haven't seen any.

See You On The Road

Rod Doty, VP

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