

THREE HILLS TRAINER

Full - 75 Miles - 7700 Feet (barometric)

PROTECTIVE HELMETS ARE TOTAL NEXT
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 361 ft):
Marsh Park (near intersection of Glendale Frwy & I-5)

START L (WEST) OUT OF PARK ONTO
LA RIVER TRAIL 0.0 0.5
U-TURN TO EXIT PATH AFTER CROSSING 0.5 0.1
UNDER FLETCHER
AHEAD INTO CRYSTAL ST 0.6 0.1
R - FLETCHER DR 0.7 0.3

R - GLENDALE BLVD (*Bcms ROWENA AV*) 1.0 1.4
ROWENDA GOES L AT LOWRY RD 2.4 0.1
L - AVOCADO ST 2.5 0.2
R - COMMONWEALTH AVE 2.7 0.5

CONT. THRU GATE INTO GRIFFITH PARK 3.2 0.2
R - VISTA DEL VALLE DR (*Thru Gate*) 3.4 3.6
R - MOUNT HOLLYWOOD DR 7.0 2.7
L - GRIFFITH PARK DR 9.7 0.7

CONT. INTO ZOO DR 10.4 1.0
L - RIVERSIDE DR 11.4 0.3
R - SONORA AVE 11.7 0.9
R - GLENOAKS BLVD 12.6 2.8

GLENOAKS GOES R AT ETHEL 15.4 1.0
L - CHEVY CHASE DR 16.4 0.4
L - SOLWAY ST (*Very Steep*) 16.8 0.2
R - RIDGE DR 17.0 0.4

L - PARCHER PL 17.4 0.1
R - FOXKIRK RD 17.5 0.1
R - CAMINO SAN RAFAEL 17.6 1.9
R - EMERALD ISLE DR 19.5 1.0

L - CHEVY CHASE DR 20.5 2.3
R - FOOTHILL BLVD 22.8 0.1
L - ANGELES CREST HWY 22.9 9.5

Toilet/(Maybe Water) available at Clear Creek

Bear R AT CLEAR CREEK STATION 32.4 4.5
R - MT. WILSON-RED BOX RD (*at Red Box*) 36.9 4.2
R - MT WILSON CIRCLE RD 41.1 0.4
R - THROUGH GATE INTO PARKING AREA 41.5 0.2

BREAK at top - Cosmic Café should be open
but sometimes is closed

RETURN BACK TO MT WILSON CIRCLE RD 41.7 0.2
R - MT WILSON CIRCLE RD & CONT.
DOWN MT WILSON RD 41.9 4.4
L - ANGELES CREST HWY (*At Red Box*) 46.3 14.0
R - FOOTHILL BLVD (*At T*) 60.3 0.3

LATE LUNCH at Corner of Angeles Crest & Foothill

L - VERDUGO BLVD 60.6 1.2
L - VERDUGO RD 61.8 0.9
BEAR R INTO CANADA BLVD 62.7 1.8
INTO VERDUGO RD (*again*) 64.5 0.2

R - MOUNTAIN ST (*Bear R at Jackson*) 64.7 1.7
R - CENTRAL AVE 66.4 0.1
L - KENNETH RD 66.5 1.4
L - SONORA AVE 67.9 1.3

L - RIVERSIDE DR (*into Griffith Park*) 69.2 0.3
L - ZOO DR (*Cont. Around Zoo lot and
Into Crystal Springs Dr*) 69.5 3.4
INTO RIVERSIDE DR (*at Griffith Park Exit*) 72.9 1.4
L - GILROY ST 74.3 0.2

R - RIPPLE ST (*into ROSANNA ST*) 74.5 0.3
INTO MARSH PARK & BACK TO START 74.8

See Us on the Web at LAWheelmen.org
Problems with this route? e-mail: routes@lawheelmen.org

Created 05/18

Last Scheduled 05/28/22

Author: Mike Eberts

Next Week: Fillmore (West)!

CONTINUE IN NEXT COLUMN

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