

Los Angeles Wheelmen VP Report

1 message

Rod Doty <roddoty@roadrunner.com>

Tue, Apr 26, 2022 at 10:24 PM

Los Angeles Wheelmen VP Report - April 26, 2022

Hello All:

The Weekend: As usual this time of year we had rides both Saturday and Sunday. The Sunday ride was "Orange Thrill at Redhill" which suggests this song for our theme tonight:

<https://www.youtube.com/watch?v=YxZ5iVhQ6il>

On Saturday, the Grand Tour trainer was "Decker Canyon." **Gary Murphy** and I started from Brentwood at 8 to do the traditional route while **Phil Whitworth** and **Rafi Karpinski** started from Malibu to do the lite route. Phil took this selfie at their start:



Phil and Rafi rode from home so they got many more miles than the traditional route and Gary and I both cut the traditional route short. so we didn't get quite as many miles in as advertised. However, we all went up Decker which was the featured climb of the day. (Actually Gary went up Encinal, but it's basically the same climb). Either I'm getting older or Decker is getting steeper because it was a bear. I stopped to rest and catch my breath after only half a mile and took this photo. It shows how steep the road was and how high above the ocean we had gotten in only half a mile.



Fortunately Decker gets easier after the first mile, but it was still about all I could do to get to the top. Rafi and Phil passed me on the way up. They should have been ahead of me since they started in Malibu, but they missed the turn to Decker and didn't realize it until about 3-4 miles later when they got to Neptune's Net. Phil took this photo there:



I guess that proves they did the extra miles. Despite the difficulty I had on the climb and my cutting it short, I thought it was a good day.

When I decided to cut the Saturday ride short, the promise I made to myself was that I would go to the Sunday ride. I actually kept that promise and was in Tustin at 8:30 for the start of "Orange Thrill at Redhill." Only two other riders were there and I took this photo:



That's **Rafi** (again) and **Ben King** (who rode from home). Once again we had more riders on the Saturday trainer than on the Sunday ride and two out of three Sunday riders had ridden on Saturday. I don't understand this. The Sunday ride is easier and should be drawing more riders. Where is everyone? Rafi and Ben did the long route but I wisely chose the medium route, so we only rode the first few miles together. My legs were so tired, I was only making about 11 mph on a flat stretch of Irvine Blvd. There was some wind in the morning which I thought might be a problem, but the wind died down and the bigger problem for me was the heat. It really warmed up in Orange County. I was tempted to stop and rest in some shade only about 3 miles from the end, but I decided that would be silly and pushed on to the end. When I finished, I texted Rafi to see where he was. He was only 8 miles out but said he was out of water and searching for a 7-11. Hope he found something. Based on his Strava track he did finish.

This Week: This Saturday the trainer is "Sand Canyon." The full version starts in Brentwood and rides out to Santa Clarita to go up and over Sand Canyon and come down Little Tujunga. I believe this is the only route we have which goes up Sand Canyon and down Little Tujunga (although we have a couple of routes which go the other way). The long downhill is fun. The Lite version of this route starts in the San Fernando Valley and thus cuts off the beginning and end of the full route. It also cuts off the two trips over Sepulveda Pass. I plan to ride the full version and there really isn't any way to cut this one short like I did last week, so I'll be pretty much stuck with doing the whole thing.

On Sunday we will be riding "Turnbull Revisited" which starts at Pico Park in Pico Rivera. All routes go over Turnbull Canyon (except one of the two short routes) but that is really the only climb of any note for all routes except the long which tacks on a trip up Hwy 39 to Williams Camp and back. I would really like to promise I'll be there, but if I do the entire ride on Saturday, it is hard to say.

In Memoriam - Christie Edinger: Alan Duncan sent me a notice of the passing of **Christie Edinger** in March at the age of 79. Christie was a former member who at one time was very active in the club. A very dedicated cyclist -- she had ridden the Grand Tour many times and according to Alan, had ridden RAGBRAI at least 17 times. She was active in many other activities as well, including operating one of the trains at LA Live Steamers in Griffith Park. She once invited club members to stop by Live Steamers after we finished a ride which started at the nearby Zoo. I was the only one to go and she gave me a personal ride on her train around the extensive layout they have there. Alan included many photos and here is one from 2011. Christie is in the center with the dark glasses



Members Meeting: Attached are the minutes of the meeting from last Thursday. The meeting was very brief and guest secretary **Nancy Domjanovich** didn't really have much to report.


Parting Shot: Gary Murphy took this shot of a horse on last Saturday's ride:



My thought is that he must be a very good hill climber.

See You On the Road

Rod Doty, VP

 2022_04_21.pdf
46K