



# LOS ANGELES WHEELMEN SCHEDULE



JANUARY 2022

VISITORS ARE ALWAYS WELCOME. Each week the routes offered will be available on the Web. Go to [www.LAWheelmen.org](http://www.LAWheelmen.org) and click on "Upcoming Rides." Download the routes and bring them with you to the ride.

**NOTE: Recent CDC pronouncements indicate that cycling is safe without a mask for **VACCINATED** people. Most club members have already been vaccinated. We urge all potential riders to become vaccinated before riding with us.**

## Ride of the Month: Rose Parade Ride



Nancy Niebrugge & Thomas Knoll (behind her) at the 2017 Rode Parade Ride (See January 1<sup>st</sup> ride below)

**Saturday, January 1 - 7:00 a.m. 2022 KICK OFF CENTURIES** (full century - 101 mi & 3100 ft, metric century – 67 mi & 2300 ft) Last year on New Year's Day I was saying how 2021 had to be better than 2020. It *was* better, thanks mostly to the vaccine, but it still wasn't a total return to the good old days. As I write this in November, it is hard to say what 2022 will bring with respect to the pandemic, but I hope for the best. In any case, we might as well try to kick the year off like it is going to be a great year. For me, and I hope for a lot of you, that means kicking the year off with a good ride. So, for the 19<sup>th</sup> year, we offer a January 1<sup>st</sup> century or metric century. The full century is pretty easy as centuries go – just up the coast to Ventura and return. No hills bigger than those along PCH. The metric century follows the full century up the coast to Camarillo where it stops for brunch or lunch. It then simply turns around and retraces the route back down the coast to the start. There is no support on these centuries, but none is really needed. January 1st is a fairly quiet day on PCH – everyone is watching football or has a hangover. Kick the year off with a century and you won't regret it. Be sure to report your century or metric century for the club's Century Challenge in 2022 and get the club kicked off to a good start as well. **START: MALIBU CIVIC CENTER.** Take the Santa Monica Frwy west to the end and then PCH north to R on Webb Way and R on Civic Center Way.

**Saturday, January 1 - 7:00 a.m. ROSE PARADE RIDE** (14 mi & 400 ft) Last year there was no Rose Parade which was the first time there was no parade since World War II. But this year it is back and I imagine a lot of people are anxious to see it again. It should be as great as ever, unless the flowers on the floats are imported and are stuck on a ship in the harbor. Since the parade is back, so is our annual ride to view it. It is a great way to see it. The colors are more vibrant and the sounds are clearer than on TV. And there is a spirit in the air which simply does not come through on TV. And riding to the parade is the best way to get there. No battling the traffic either before or after the parade. Simply drive to Alhambra and it's just a short easy 7 mile bike ride away. So if you have never seen the parade in person, you really should. Not only do you get to see the parade, but the route takes you down Orange Grove Avenue where the floats all line up prior to the parade and you get to preview the floats up close and personal. Take a selfie with any

float that strikes your fancy. Even the thousands of other people watching the parade in person along the route can't do that. So, if you have never been to the parade, I don't see how you can pass this up. The ride is incredibly easy. It's a fairly flat 7 miles followed by a rest of a couple of hours as you watch the parade and then an easy 7 miles back. Even if you are suffering a hangover from last night, how bad can 7 miles be? **START: ALHAMBRA PARK.** From San Bernardino Frwy (I-10), off & North on Freemont, R - Alhambra Rd, R - Raymond to Park.

**Sunday, January 2 - 8:30 a.m. CORNER CAPER - PHASE II** (Long 62 mi & 3800 ft, Medium 53 mi & 2400 ft, Short 31 mi & 1500 ft) Selecting a ride for today was tricky. Since yesterday was a holiday, I figure a lot of riders won't feel up to a big ride today. If you rode the century yesterday, you really probably don't feel like riding today (although it would be a good way to start your year off with a bang to ride two days in a row). Even if you just rode to the Rose Parade yesterday, you might not feel like getting up early two days in a row. But then again, some of you maybe just vegged out yesterday watching football and you want a good ride today. So I needed a ride that isn't too hard for the first group, but would give a good ride to those in the second group. So I have selected "Corner Caper II." It's nearby, so no one has to travel far for the ride, and it's of moderate difficulty. The long and medium go out to the valley (over Benedict Cyn) and head east. They travel through Griffith Park to the Eagle Rock area and the long makes an extra loop up to the Rose Bowl area before rejoining the medium riders for the return along Mulholland and down Franklin Cyn. As is often the case, the short route doesn't go to the valley. Instead it is half of an old route we used to run called Movie Star Madness which was a tour of



**Corner Caper Phase II in 2015**

movie star homes. This route is so old, we are pretty sure none of the stars listed on the route still live in the houses indicated (many aren't even alive). But it's an interesting ride anyway. So, the long offers enough of a work-out for those who want a real ride today, but the medium and the short take it easier on those who rode yesterday. So, let's all meet at the "Corner" for our first official Sunday ride of 2022. **START: THE "CORNER",** Olympic Blvd, 1 block west of La Cienega in Beverly Hills. From the Santa Monica Frwy (10), off & north La Cienega 1½ miles, L - Olympic 1 block to R - Le Doux.

**Thursday, January 6 - 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** Meet on the bridge at end of the Ballona Creek Trail in Marina Del Rey. Riders usually go south to Palos Verdes on the bike path and then do some riding on the Peninsula. There are optional climbs including the 3 "dips" which give the ride its name. The group usually stops for a break at the Golden Cove shopping area. Occasionally the group will decide to vary the route and explore specific sites elsewhere in the city. A typical day is 40 - 50 miles but often individual riders either cut the day short or add extra miles as desired. Contact [Nancy Domjanovich nancydomx@icloud.com](mailto:nancydomx@icloud.com) for details.

**Sunday, January 9 - 8:30 a.m. NORTH ORANGE COUNTY TREK** (Long 70 mi & 2800 ft, Medium 53 mi & 2600 ft, Short 41 mi & 1800 ft) This title may make it sound like we are going to boldly go where no cyclist has gone before, but that's not true. We do this ride about once every two years or so. Still, it does hit some places we seldom see such as Norco or the former dairy area of Chino. I say "former" because most of the big



**Wildlife seen in 2020**

dairy farms have been replaced by housing developments, but I think there are a few cows left. The new home owners are probably not too happy about the smell, but the cows were there first. As the ride name implies, we start in Orange County. Both the long and medium head east through Santa Ana Canyon to Corona. The long continues east all the way to the edge of Riverside. The long then makes an interesting loop back through Norco (where horses seem to outnumber cars) to rejoin the medium route for lunch in Chino Hills. The two routes return together through Carbon Canyon, finally re-entering Orange County on the downhill side of that canyon. The short stays in Orange County as it heads to Yorba Linda and the Santa Ana Canyon area before returning. So, our trek may not be as exciting or bold as Star Trek, but it is still a pleasant day. Join us. **START: CHAPMAN PARK** in Fullerton. From the Orange Frwy (57) off and west on Chapman, L - Commonwealth, L - San Carlos to Park.

Sunday, January 9, 2022, 9:00 am

**Sunday, January 9. 9:00 a.m. NEWCOMER RIDE – WEST SIDE** (approx. 20 flat miles) This month we move the West Side Newcomer Ride to Culver City from Bluey’s Market in Santa Monica. Our “sponsor” has left the Bluey’s organization and their only restroom was closed when we started from there in November. This provides us with the opportunity to explore another area of the west side in more detail. As we have done so far, we will provide a basic route of around 20 miles and at least one opportunity for extra miles and climbing. Cue sheets will be provided as well. Note that updates may occur up to a week before the ride date based on road conditions, etc. Bring helmets and signed waivers to the start. For questions on West Side Newcomer Rides you are encouraged to contact Mel Cutler at [cutlerme@earthlink.net](mailto:cutlerme@earthlink.net). **START: Culver Steps**, 9300 Culver Blvd (at Main St.) Culver City, CA 90232

**Thursday, January 13 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See January 6th for details.

**Sunday, January 16 - 8:30 a.m. BIKE TRAILS GALORE** (long 69 mi & 1400 ft, Medium 52 mi & 1000 ft, Short 37 mi & 600 ft) We are moving the start location for this ride this year. It formerly started at Wilderness Park, and we are moving it to Pico Park. There are several reasons. First, parking at Wilderness was always tight. Not so at Pico Park. Second, for the long and medium, lunch always came very late in the route, but with this change, it will be closer to the middle of the route. Finally, we have several other rides starting at Pico Park, so riders are probably more familiar with it. The move doesn’t really change the routes much. They are all loops on the San Gabriel and Los Angeles Rivers. We are moving the start north up the San Gabriel River, but the loops remain the same. The long rides 4 different bike trails. We start with the San Gabriel River trail up to the Santa Fe Dam.



**Sights on Bike Trails Galore in 2017**

Then it’s the Rio Hondo south to the LA River Trail and the Long Beach Bike Path over to Seal Beach for lunch. Then it’s the San Gabriel Trail again back to the start. The medium is much the same, except it does not go all the way to the Santa Fe Dam. The short is similar to the medium except that it doesn’t go all the way south to Long Beach. It is pleasant riding, with almost no hills. It’s easier to talk to your companions on bike trails. So how can you go wrong? You will have fun galore. **START: PICO PARK in PICO RIVERA.** From San Gabriel Frwy (605), off & west on Beverly Blvd to Park on left. (If coming from the North, the Beverly exit puts you on San Gabriel River Rd which you follow for 1.3 mi. to Beverly).

**Thursday, January 20 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See January 6th for details.

**Thursday, January 20 – 7:00 p.m. MONTHLY MEMBERS MEETING.** Another month and again we are still meeting on Zoom. This is our first meeting of the year and I’m hoping we will get better participation in the new year. One reason you should Zoom in is that **Nominations for club officers will close at this meeting.** If there are no contested offices, the nominees will be deemed elected. Just like dictatorships around the world. If you would like to take a larger role in running the club, join us and throw your hat into the ring. Other than that, there will be a discussion of recent rides, and perhaps even a discussion of the possibility of holding the holiday party once again. Of course there will be the usual gossip and storytelling. Reason enough to join us. We hope to see you there. If you would like to join the meeting, contact **Mel Cutler** at [cutlerme@earthlink.net](mailto:cutlerme@earthlink.net) for the necessary information.

**Saturday, January 22 - 7:30 a.m. JANUS SEQUENTIAL CENTURIES - DAY ONE** (Full Century 101 mi & 5100 ft, Metric Century 64 mi & 2300 ft) “Once more unto the breach, dear friends, once more.” For over 20 years the club has offered this January challenge – ride a century on each of two consecutive days. Unfortunately, fewer and fewer riders are answering the call. I myself haven’t ridden both full centuries in quite a few years. A few years ago when we added metric century options, I managed to ride a full century one day and a metric the other, but in the last couple of years, I have only managed a century on one day. But we continue to offer these rides for those who are willing to take up the challenge. And for the rest of us – you can do as I have and only ride one day or simply ride the metric centuries. The two centuries are really the same century, but ridden in opposite directions on each day. The route consists of a large loop around Ventura County, but on Saturday we ride the loop in a counterclockwise direction and on Sunday we ride clockwise. The course is essentially the classic Grand Tour Highland loop without Casitas Pass. Today we start from Thousand Oaks with the trip over Erbes to Moorpark, then over Grimes Cyn to Santa Paula and then over Dennison Grade to Ojai. Then it’s down to Ventura for a swing through Oxnard and on to the final climb of the day – Potrero. The metric century stays with the full metric for the first 7 miles over the initial hill but then cuts west to rejoin the full century near Port Hueneme and the final steep climb up Potrero and to the finish. Although this is subject to debate, I have always considered today’s route to be the more difficult one because you climb Potrero (a very steep hill) near the end of the ride. See below for the reverse ride. The Janus Centuries are a challenge, but really – come with the right attitude and you can do it. **NOTE:** It is usually very cold at the start, so come prepared.

**START: CROWLEY HOUSE PARK in THOUSAND OAKS.** From Ventura Frwy (101), off & north on Hampshire Rd, L - Thousand Oaks Blvd (at T) for ½ mile, L - Oakview and L - Pleasant Way to Park. Check Parking signs.

**Sunday, January 23 - 7:30 a.m. JANUS SEQUENTIAL CENTURIES - DAY TWO** (Full Century 101 mi & 5100 ft, Metric Century 65 mi & 2600 ft) See above for background on these centuries. Today is the clockwise route. It's the reverse of yesterday so it starts with the downhill on Potrero. Then it's on to Ventura and up to Ojai, over Dennison Grade to Santa Paula and over Grimes Canyon to Moorpark and back. Although more of the climbing is in the 2nd half of the ride today, it tends to be less steep than day one and I feel it is a little easier. In the years I rode both days, I usually had a faster time on the 2nd day despite being tired from riding day one. The metric route stays with the full century for the first 32 miles and cuts straight over to the Moorpark area to rejoin the full century on the final few miles of the return. This metric century cuts out much of the climbing of the full century. **START:** The start location today is the same as day one – see above.

**Thursday, January 27 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE**  
See January 6th for details.

**Sunday, January 30 - 8:30 a.m. AMAZING MAZE** (Long 66 mi & 3900 ft, Medium 57 mi & 2000 ft, Short 35 mi & 800 ft) I'm told that once upon a time, the "maze" portion of this ride in Villa Park was really hard to negotiate. Riders were given different route sheets so you couldn't follow the other riders. Also, route sheets back then didn't have mileage on them, so you never knew how far it was to your next turn. But then we added mileage to the route sheets and everyone got the same route and they also straightened out some of the streets in Villa Park so it was less "maze-like." And of course now we have GPS. But we still do this ride because the maze portion takes us by some nice homes, and the rest of the ride is fairly nice as well. These are nice Orange County routes which all head to lunch in Yorba Linda. The Long goes a roundabout way via Santiago Canyon while the other routes go more directly. On the return, the medium and the long head into the Anaheim Hills while the short takes an easier and more direct route. It is on the return that all routes still do the "maze" portion in Villa Park. It would be easy to skip this portion, but, like I say, there are some nice houses there. **START: PINE TREE PARK in TUSTIN.** From Santa Ana Frwy (I-5) in Tustin, off & east on Redhill, L- Bryan one block to park.



**Grimes Canyon on the century route**