

## **DECEMBER SCHEDULE**

**Thursday, December 2 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** Meet on the bridge at end of the Ballona Creek Trail in Marina Del Rey. Riders usually go south to Palos Verdes on the bike path and then do some riding on the Peninsula. There are optional climbs including the 3 “dips” which give the ride its name. The group usually stops for a break at the Golden Cove shopping area. Occasionally the group will decide to vary the route and explore specific sites elsewhere in the city. A typical day is 40 - 50 miles but often individual riders either cut the day short or add extra miles as desired. Contact **Nancy Domjanovich** [nancydomx@icloud.com](mailto:nancydomx@icloud.com) for details.

**Sunday, December 5 - 8:30 a.m. RESEDA PARK - PHASE I** (Long 83 mi & 4900 ft, Medium 57 mi & 4300 ft, Short 28 mi & 700 ft) Reseda is now part of Los Angeles, but it was originally formed as a town named Marion, named for Marion Otis Chandler, the daughter of the LA Times publisher. However, when the town applied for a post office, it could not use the name Marion (for reasons I’m not clear about) so the residents decided to change it to Reseda which was a fragrant plant found in many gardens at the time. I don’t know if there is any of that plant in Reseda Park where we start today, but maybe. Well, so much for history and on to the ride. Both the long and medium head out to Santa Clarita for lunch, but the long gets there by the long climb up and over the two peaks of Little Tujunga (nothing little about it) while the medium heads out the old road – a somewhat lesser climb, but still a climb. Both return back over the Old Road (another climb). Both routes have an optional climb up Kagel Canyon although they do it in opposite directions. There are other options which allow you to customize these routes to your taste. Of course there is always the short route which stays in the San Fernando Valley for a relatively flat ride. Perhaps if **David Nakai** (our club plant expert) attends this ride, he can tell us if there is any Reseda in Reseda Park. **START: Reseda Park - Reseda & Victory Blvds in the San Fernando Valley** From Ventura Frwy (101), off and north on Reseda, right on Victory one block to park.

**Sunday, December 5. 8:30 a.m. NEWCOMER RIDE – DOWNTOWN LA** (~20 flat miles). This month’s Newcomer Ride returns to Downtown LA for another CicLAvia Pre-Ride as we did in October. Although the CicLAvia site is less than 6 miles from the start location, the route will detour through some interesting sights on the way to and from the festivities, which are optional for the riders of course. Similar to the October route, additional expert-led miles with climbing and spectacular views are available after the official route is finished. **START: Los Angeles State Historic Park**, 1245 N Spring St. Meet at south end of parking area.

**Thursday, December 9 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See **December 2nd** for details.

**Sunday, December 12th – 7:30 a.m. (full century) and 8:30 a.m. (metric century) FOOTHILL FOOTSIE CENTURY & METRIC CENTURY** (Century 92 mi & 3700 ft, Metric Century 66 mi & 2400 ft). This is our 12<sup>th</sup> year in a row riding this century designed by **Dennis Miller** as our December Century of the month. Dennis is long gone, but we ride this in memory of him. (He’s not dead – just moved away) I always like to use this ride to view the houses decorated for the holidays and to get a feel for what the latest trends in decorations are. Inflatables have been the trend in recent years, but maybe something new will show up this year. The century is so named because it roughly parallels Foothill Blvd (sometimes actually riding Foothill) from La Crescenta east through the San Gabriel Valley all the way to Claremont and back. Although the route has a lot of short ups and downs, there are no mountain climbs, and that makes for a fairly easy ride. Most of the roads should be familiar to anyone who has ridden with the club a lot or who rides the San Gabriel Valley often. **NOTE:** The metric century has a separate start location. In order to give metric century riders the best portion of the full century, they are starting at the Pasadena High School and riding the center portion of the full century route out to Claremont and back. So come on out and enjoy looking at the decorated houses and the miles will just fly by **FULL CENTURY START: LA CRESCENTA PARK in Glendale**. From the Foothill Frwy (210), off and south on Pennsylvania, R- Honolulu to Park (on left) at Frederick St.

**METRIC CENTURY START: PASADENA HIGH SCHOOL** near the intersection of **Orange Grove and Sierra Madre Blvds**. From the Foothill Frwy (210), off & north on Sierra Madre Blvd to school on left.

**Thursday, December 16 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See **December 2nd** for details.

**Thursday, December 16 – 7:00 p.m. MONTHLY MEMBERS MEETING.** Another month and again we are still meeting on Zoom. This is our last meeting of the year and I’m hoping maybe early next year we will start meeting in person again. This meeting will be pretty much the same old thing except for one thing: **Nominations for club officers will open at this meeting.** If you would like to take a larger role in running the club, join us and throw your hat into the ring. Other than that, there will be a discussion of recent rides, and perhaps even a discussion of the possibility of holding the holiday party once again. Of course there will be the usual gossip and

storytelling. Reason enough to join us. We hope to see you there. If you would like to join the meeting, contact **Mel Cutler** at [cutlerme@earthlink.net](mailto:cutlerme@earthlink.net) for the necessary information.

**Sunday, December 19th - 8:30 a.m. HONOLULU FOR LUNCH** (Long 64 mi & 2500 ft; Medium 48 mi & 1800 ft; Short 32 mi & 1700 ft) Today's destination is Honolulu Blvd. in Montrose. Back when I first started riding with the club, the Montrose Bike Shop was well known in the club for its high-end bikes and equipment. It seemed whenever the club did a ride that went through Montrose we would be sure to stop in. I bought a lighting system there that I used for many years. The bike shop is still there, but for unknown reasons, it seems to have lost its popularity within the club. We will be passing near there today, but I doubt we stop in. Seems we are just too focused on finishing the ride. The long and medium stay together on a circuitous route up to Montrose where, despite the title, only the mediums have lunch. The long continues up and over La Tuna Canyon to circle back to the start including a stop for lunch along Glenoaks Blvd. The medium riders head back the way they came. The short heads straight to Montrose and then joins the Medium riders for lunch and then on the return. There are several short climbs, but only the long does a major hill (and even that is not so bad with a 4 mile downhill as a payoff). Maybe you will want to take the time to stop at the bike shop. It's right there on Honolulu Blvd, so why not. **START: BARNES PARK in MONTEREY PARK.** From San Bernardino Frwy (I-10), off & south on Garfield, R - Newmark, L - McPherrin to the Park. You might want to get there early to get a parking space as the park gets heavy use by morning exercise groups.

**Thursday, December 23 - 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See December 2nd for details.

**Saturday, December 25 - 8:30 a.m. CHRISTMAS RIDE** (44 mi & 2600 ft). Christmas is on a Saturday this year. I never cared for that. Even though most working people probably get Friday off, it still seemed like the holiday fell on a day you would have gotten off anyway and that was no fun. I suppose the retailers don't care for it either, because it eliminates one of the big shopping days of the week. But I don't work anymore and neither do many of our regular riders, so what do we care what day of the week it is? In any case, this is our traditional Christmas Day ride. We don't really celebrate Christmas on this ride, so please feel free to ride with us whatever your beliefs. We are just taking advantage of the fact that the streets are unusually quiet on this day. What better day to ride Mulholland Drive or head downtown. Things are usually hopping on Olvera Street as we ride through and also in Chinatown where we stop for lunch or a break. But other than those two places, the stillness of the city is really something to see. And of course there is the ride along Carrol Ave with its restored Victorian homes, which we hit just before going downtown. So many nice things to see in one ride. How can you miss it? The ride is short, so if you are having a holiday celebration later, it should get you back in time for that. **START: THE "CORNER,"** Olympic Blvd, 1 block west of La Cienega in Beverly Hills. From the Santa Monica Frwy (10), off & north La Cienega 1 miles, L - Olympic 1 block to R- Le Doux.

**Sunday, December 26 - 8:30 a.m. VALLEY RALLY** (Long 50 mi. & 3500 ft; Medium with hill, 40 mi & 1700 ft; Medium without hill, 42 mi & 1100 ft; Short 33 mi & 1200 ft.) Today is Boxing Day, but that's really a holiday celebrated mostly in Great Britain and Canada, so it won't affect us much today. In the U.S. today is mostly a day to hit the post-holiday sales and to return those gifts you didn't care for. For those of us in the club, it is an opportunity to work off some of those holiday calories. That would be a very productive use of the day. So where will we be burning those calories? All routes today ride in the San Gabriel Valley, but don't stick together much. All routes head east from Whittier. The Long makes it all the way to Pomona and then returns via Diamond Bar Blvd and Brea Cutoff to Industry for lunch. After lunch it's a quick hop over Turnbull back to the start. The two mediums head to Industry to join the Longs for lunch (probably beating them there) either by going over Turnbull or around it. They both make an easy return. The Short doesn't go quite as far east as the mediums before returning to Whittier. The only major hill today on any of the routes is Turnbull and that's not really so bad. However, the medium does it going out and the long hits it coming back. You probably burn off about the same number of calories either way. The nice thing about having a ride the day after the holiday is that it gives you an excuse to overeat yesterday. But you can't use that excuse if you don't show up today. **START: Sorensen Park in Whittier** From 605 Frwy, off and east on Washington 0.5 mi. to left on Broadway to Park on right.

**Thursday, December 30 - 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE** See December 2nd for details.