

NOVEMBER SCHEDULE

Thursday, November 4 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE Meet on the bridge at end of the Ballona Creek Trail in Marina Del Rey. Riders usually go south to Palos Verdes on the bike path and then do some riding on the Peninsula. There are optional climbs including the 3 “dips” which give the ride its name. The group usually stops for a break at the Golden Cove shopping area. Occasionally the group will decide to vary the route and explore specific sites elsewhere in the city. A typical day is 40 - 50 miles but often individual riders either cut the day short or add extra miles as desired. Contact **Nancy Domjanovich** nancydomx@icloud.com for details.

Sunday, November 7 --7:30 a.m & 8:30 a.m.. A WHALE OF A CENTURY (full century - 104 mi & 2400 ft; metric century – 63 mi. & 2000 ft). **NOTE: THIS HAS BEEN RE-SCHEDULED FROM THE DATE PREVIOUSLY LISTED IN THIS SCHEDULE. ALSO THE START TIMES ARE EARLIER DUE TO END OF DAYLIGHT SAVING TODAY.** Today is our century and metric century of the month for November. Last June I used this century essentially as the center portion of my Grand Tour Double Century route. That day did not go so well for me (although I did finish) so I look forward to wiping out that bad memory of this route with a good ride today. Fortunately we will only be going 100 miles today so it should be a better experience than the double. Also, the century is very flat with long stretches with no stop signs, so it’s a fairly fast and easy century. The route runs from Camarillo up to Santa Barbara and back. It gets its name because it makes a loop to view the huge whale skeleton on display at the Santa Barbara Museum of Natural History. It rides along the coast much of the time, which accounts for it being relatively flat. The profile shows 5 distinct hills, but none of them are very long or very high. The metric century rides the center portion of the full century. This gives you the best portion of the full century and with the later start time, a chance to still ride with the full century riders. Starting in Ventura, it joins the full century route up to Santa Barbara and back to Ventura It still does the bulk of the climbing of the full century. So why not join me and help wipe out a bad memory with a good one. **NOTE** the two separate start locations and start times. **START (Full Century – 8:00 a.m.): VALLE LINDO PARK IN CAMARILLO.** Take the 101 Frwy North to Camarillo and exit north on Carmen Dr. Left on Ponderosa Dr & Right on Valle Lindo Dr to park. Park where Valle Lindo Dr curves left. **START (Metric Century – 9:00 a.m.) PARKING LOT NEAR MISSION PARK IN VENTURA** Take 101 Frwy to Ventura and exit at California St. Go 1 block north to a left on Santa Clara St. Go 4 blocks west to parking lot on the right opposite Junipero St.

Thursday, November 11 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE See November 4th for details.

Sunday, November 14 - 8:30 a.m. BRONSON CAVES (Long 40 mi & 3200 ft, Medium 26 mi & 1600 ft, Short 19 mi & 900 ft) **NOTE: THIS HAS BEEN RE-SCHEDULED FROM THE DATE PREVIOUSLY LISTED IN THIS SCHEDULE.** Bronson Caves are in the heart of Hollywood so you might think they were named for Charles Bronson. The truth may be the other way around. The caves are named for nearby Bronson Street, but Charles Buchinsky (the original name of Charles Bronson) is thought to have chosen his stage name after seeing the name “Bronson” on a street sign. In any case, the caves are where we are headed today. The long route is jam packed with iconic Los Angeles locations. Before the caves, you ride Mulholland Drive, circle the Hollywood reservoir and take in a view of the Hollywood sign. After the caves you visit Griffith Park and the Observatory. All that is packed into a 40 mile ride. The medium cuts off the ride along Mulholland and the trip to the Observatory while the short cuts off just about everything except the trip to the caves. The caves are the highlight of the day. Even if you have never been there I just about guarantee you have seen them. They are a very popular film location and have appeared in many TV shows and commercials. Maybe Charles Bronson even shot a scene there (but probably not). A couple of caveats: The long and the medium include a couple of short but very steep hills. They are short enough that if you had to, you could easily walk the last portion of them. Also, the route is somewhat convoluted. If there was ever a route which would be helped by downloading the route into a Garmin or similar device, this is it. With those caveats aside, this is a most enjoyable ride. You really should make an effort to join us on this one. **START: THE CORNER, Olympic Blvd, 1 block west of La Cienega in Beverly Hills.** From the Santa Monica Frwy (10), off & north La Cienega 1 miles, L - Olympic 1 block to R - Le Doux.

Sunday, November 14 -- 9:00 a.m. NEWCOMER RIDE – West Side (20-22 miles). This month’s Newcomer Ride returns to the West Side with two routes enhanced from the route ridden in September. Both shorten the September route but trade those miles for a more detailed exploration of Pacific Palisades. The shorter route is only about 1.5 miles shorter, but it eliminates about 200 ft of climbing. However, this extra climb will give the resolute rider a view across the ridges to the Getty Center. Both routes will be ridden. Five cyclists have ridden both the September and October Newcomer rides... how many will continue their streak? **START: Bluey's Market and Cafe,** 1814 Berkeley St, Santa Monica. From the Santa Monica Frwy Westbound, exit north on Centinela Ave, Jog L/R at Olympic to continue Centinela to a left on Nebraska Ave and then a left on Berkeley to the café.

Thursday, November 18 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE See November 4th for details.

Thursday, November 18 – 7:00 p.m. MONTHLY MEMBERS MEETING. Another month and again we are still meeting on Zoom. I'm writing this in September, and at the September meeting we only had 4 members show up. I think we would do better if we had in-person meetings even if it did mean driving somewhere to do it. I think people enjoy the personal contact and Zoom just doesn't do it. Well, maybe by the new year. In any case, the meeting will be the same old thing. There will be a discussion of recent rides, and perhaps even a discussion of the possibility of holding the holiday party once again. Of course there will be the usual gossip and storytelling. Reason enough to join us. We hope to see you there. We really need more than 4 people. If you would like to join the meeting, contact **Mel Cutler** at cutlerme@earthlink.net for the necessary information.

Sunday, November 21 - 8:30 a.m. APPLE BLOSSOM TIME (Long 56 mi & 4900 ft, Alternate Long 43 mi & 3800 ft, Medium 37 mi & 3800 ft, Short 29 mi & 1600 ft). It almost exactly 3 years since we last rode these routes. They are really nice routes, but it's a long drive out to Redlands, so that explains why we don't schedule them more often. The routes head up to the apple growing area of Oak Glen. Historically the club would ride this in the spring when we could view all the apple blossoms, but actually, I think it makes a better fall ride. Some of the orchards allow people to pick their own apples and others are holding harvest festival activities. The weather is usually better in the fall too. All but the short route go up to Oak Glen for lunch (and maybe apples). One nice thing about these routes is that its almost all uphill to lunch and then almost all downhill on the way back. The Medium heads straight up to Oak Glen while both Longs take a roundabout way through Beaumont. The Short route simply tours the Redlands area. The holiday season may bring out the tourists and the restaurants may be busy, but in the past we have sometimes had a late lunch down the hill. Really try and make this one. You wont regret it. It is a tough climb (it is one of the climbs on annual Breathless Agony ride) but the routes are not long so you can take your time and rest when you need it. And remember – it is almost all downhill after lunch. Maybe you can even pick up some apples for a Thanksgiving pie later this week. **START: SYLVAN PARK in Redlands** Go east on San Bernardino Frwy (10) to Redlands, off and left on University. Left on narrow road just after crossing RR tracks into park.

Thursday, November 25, 8:30 a.m. THANKSGIVING DAY RIDE (Long 39 mi & 1100 ft, Medium 37 mi & 1000 ft, Short 27 mi & 600 ft) Last year at this time there didn't seem to be much to be thankful for. The pandemic was raging and a vaccine was still months away. This year we have a vaccine which is very good at preventing Covid and even if you still get it, the vaccine all but guarantees your case will not be serious. And after the surge due to the Delta variant, numbers are once again dropping in California. Reasons enough to be more thankful this year. So let's get out and celebrate. As it has been throughout the pandemic, cycling is a relatively safe activity so what better way to celebrate. Today we offer our usual Thanksgiving Day rides. The long and medium head to the Palisades where the view is always nice. After the Palisades, we head down to the Marina for a break before returning to the start. (The difference between the long and medium one uses the bike path while the other uses streets.) The short skips the Palisades, and heads directly to the Marina. All routes are short and easy, leaving you plenty of time to socialize at the Palisades and in the Marina and still get home in time for a traditional Thanksgiving dinner. **START: THE "CORNER", Olympic Blvd, 1 block west of La Cienega in Beverly Hills.** From the Santa Monica Frwy (10), off & north La Cienega 1 miles, L - Olympic 1 block to R- Le Doux.

Thursday, November 25 – 8:30 a.m. TRIPLE DIPPER SOUTH BAY RIDE The usual Thursday Triple Dipper Ride will not be held today due to the holiday. We urge those who wish to ride to join us on the Thanksgiving Day ride above.

Sunday, November 28 - 8:30 a.m. CAL POLY BY GOLLY (Long 65 mi & 3300 ft, Medium 45 mi & 2600 ft, Short 29 mi & 1200 ft) The holiday shopping season kicks off this weekend. Last year's season was something of a bust and with the pandemic lingering on this year and shortages of goods in the stores, it's hard to say how this year's season will go. But today's ride starts at a shopping mall and maybe we can get a hint. The ride starts early before most shoppers would have arrived, but if the parking lot is full when we get back, it's a good sign for retailers. While we wait to see what this unofficial economic indicator will say, we will be out on our bikes enjoying a nice ride. All routes today head over to the Cal Poly Campus. The long and medium stay together over to the college and then on to Puddingstone reservoir. The long splits off at this point to do a loop taking them over Carbon Canyon and Brea Canyon while the medium heads more directly back to the start. The short takes a fairly direct route to the college and back. All in all, a pleasant day of cycling and at the end we can publish the LA Wheelmen holiday economic forecast. I'm sure the Wall Street Journal will be interested in our findings. **START: PUENTE HILLS MALL in Industry.** From the Pomona Frwy (60), off and south on Azusa Avenue. L - on Colima and L into Mall Parking lot. We park on top of the rise near Colima (away from Mall buildings) and immediately across from Shabarum County Park. **NOTE:** New construction where we used to park will prevent our using that lot, but it appears there is still some parking immediately to the east or immediately below where we used to park.

