

Los Angeles Wheelmen VP Report

1 message

Rod Doty <roddoty@roadrunner.com>

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Hello All:

Last Weekend: On Saturday we had our 4th Grand Tour trainer -- "Encinal Canyon." Once again I started by myself, but met up with **Gary Murphy** at lunch. We saw no one else on the ride, but I later learned that **David Williams** was out there. He started almost the same time I did and made some of the same stops, so it is surprising we never saw each other. As far as I know, we were the only 3 on the ride. I can remember when we had a large group that rode every trainer together and we were so cohesive that we held a training group party after the Grand Tour. Ah, well, those were the days. The only photos I have from Saturday are two that I took. The first is a standard photo I usually take from about a mile up the Encinal climb at the last point where you can look back down on the coast. That is Point Dume in the distance.



The second is of the little dam and lake near the bottom of Westlake Blvd I've always like this dam -- it's one of the smallest I've ever seen. And no matter how little rain we have gotten, the lake always seems full.



On Sunday, we were riding the "Santa Fe Dam" ride which started in Monterey Park. There were 6 riders: Nancy Domjanovich, Phil Whitworth, Jacques Stern, Rafi Karpinski, myself, and (in his first ride back with the club since the start of the pandemic) Bill Faulkner. The long and medium routes were the same until lunch and by then it was clear to me that my legs had not recovered enough from the trainer on Saturday to take on the big post-lunch climb on the long route. So Bill and I finished with the medium. The rest did the long and even added an extra loop to get the distance up to a metric century length. Unfortunately, I don't have any photos from Sunday. Bill and I ate at a Carl's which had opened up it's indoor dining, which was a good thing because this particular Carl's had no outdoor dining. Only about half the tables were available so that diners would keep their distance, but it hardly mattered since Bill and I were essentially the only two in there.

Other Ride: The Thursday Triple Dipper ride continues to get back the ridership which it had lost during the worst of the pandemic. **Phil Whitworth** took this photo of the group:



At our break in Palos Verdes he also took this photo of **Emma Pham** and **Nancy Domjanovich** which I thought was a good shot.



Next Week: On Saturday we have our 5th Grand Tour trainer: "Sand Canyon" This one starts in Brentwood and rides out to the Valley and over to Santa Clarita where we pick up Placerita Canyon and on to our featured climb of the day -- Sand Canyon. There are two peaks to this climb, but once you are over the 2nd, there is a very nice long downhill on Little Tujunga. After a late lunch in the Valley, it's back over Sepulveda to complete the day. Lunch comes late on this one, so carry snacks to eat up at Bear Divide.

On Sunday we are in the Valley again for "Ring Around the Valley" which starts at the Zoo. There are 4 routes and from long to short, each makes a smaller and smaller loop around the Valley, but all 4 visit the history mural in the Tujunga Wash. None of the routes is very difficult and I have hopes that this week I will finally be able to ride the trainer on Saturday and then do the long route on Sunday.

Pandemic Progress: Today the CDC announced that it felt that masks were no longer necessary for outdoor activities for small groups of vaccinated people. This is good news for me since I've been riding with my mask pulled down ever since I was vaccinated. I don't mind pulling it up to go into a restaurant etc., but I really didn't like riding with it up because my glasses kept fogging up. Maybe the CDC announcement will spur even greater ridership at club events.

Nothing Else: I have nothing else to add tonight and I don't even have a photo for the parting shot. I'll try to do better next week.

See You On The Road

Rod Doty, VP