

## **NOVEMBER SCHEDULE**

**Sunday, November 1 - 8:30 a.m. TURNBULL REVISITED** (Long 78 mi & 4400 ft, Medium 52 mi & 2300 ft, Hilly Short 37 mi. & 1400 ft, Flat Short 36 mi & 600 ft) Today is All Saints Day. On a lark, I searched Google to see if there is a patron saint of cycling. Turns out, there is: La Madonna del Ghisallo. I'm a little confused because I thought saints were real people and La Madonna del Ghisallo apparently was an apparition which appeared to and saved a traveler. In any case, the shrine to La Madonna del Ghisallo is atop a hill which has often been used in the Giro d'Italia and is also a common stopping point for cyclists. Because of this it was proposed by a local priest that she be named the patroness of cycling and this was confirmed by Pope Pius XII. Well, this has nothing to do with today's ride except that when you are struggling up Turnbull, now you know who to pray to. All but the flat short route will be riding over Turnbull today. It's the only hill for everyone except the long riders, so don't let it keep you away. The long and the medium are identical as they climb over Turnbull and make their way over to the top of the San Gabriel River Trail in Azusa and then take the trail back to the start. The only difference is that the long makes an extra trip a few miles up San Gabriel Canyon and back before going down the river. The short routes simply go over or around Turnbull, but pretty much stay in the area. So come on out and revisit an old favorite. And if you are worried about making it over Turnbull, Google "Madonna del Ghisallo" and you will see that you can buy medallions to the saint and maybe that will help. **START: PICO PARK in PICO RIVERA.** From San Gabriel Frwy (605), off & west on Beverly Blvd to Park on left. (If coming from the North, the Beverly exit puts you on San Gabriel River Rd which you follow for 1.3 mi. to Beverly)

**Sunday, November 8 – 8:30 a.m. BRENTWOOD FLYER** (Long 51 mi & 3600 ft., Medium 30 hilly mi & 2200 ft, Short 29 mi & 1200 ft) There is a city of Brentwood, California but it is up in the Bay Area. Our Brentwood, and the destination of today's ride, is really just a part of Los Angeles. I remember back during the O.J. trial, there some confusion among out-of-state commentators as to which was which. Well, I don't think anyone will be confused today. We start from the "Corner" and head west. Long and medium riders will first take in a few hills in the Beverly Hills area. The long route will then split off and take riders out to the Valley and back without ever actually getting to Brentwood (so no confusion there). The medium does continue on to Brentwood for a nice tour this side of the hill. The short (which is about the same length as the medium) heads west to Brentwood and Santa Monica as well, but by an easier route. I don't know that there is anything particularly special about these routes, but they are pleasant and a nice way to spend your Sunday. So come on out and join us. Just don't ask any of the digital mapping services for directions to Brentwood, CA or you might end up near San Francisco. **START: The "CORNER",** Olympic Blvd, 1 block west of La Cienega in Beverly Hills. From the Santa Monica Frwy (10), off & north La Cienega 1 miles, L - Olympic 1 block to R- Le Doux.

**Sunday, November 15 - 8:00 a.m. CAMARILLO CENTURY** (full century 100 mi & 5000 ft, metric century 62 mi & 4900 ft) Today is our monthly century and metric century ride. We haven't done this one since the spring of 2018 and then we used it as a Grand Tour training ride. We start in Brentwood and, as the name implies, head to Camarillo and back. Actually, only the full century makes it to Camarillo but the metric sticks with the century riders for about the first 25 miles. We start with a climb over Topanga Canyon and Old Topanga to Calabasas. We then head west through Agoura Hills, where the two routes split. The full century continues to Westlake and along Santa Rosa Road to Camarillo for lunch. Then it's a trip to the coast and back down the coast (with hopefully a tailwind) to finish the day. The metric stops for lunch in Agoura and then jogs over to Mulholland Hwy on Cornell Rd. We ride Mulholland to Kanan Dume Rd. and take that down to the coast where we rejoin the full century on the return down the coast. The only really major climb of the day for the full century is Topanga/Old Topanga but there are a number of smaller climbs including all those hills coming back down the coast. The metric adds the climb on Mulholland up from the Rock Store. Therefore, although shorter in miles, the metric has almost the same amount of climbing as the full century. NOTE: These routes formerly started from San Vicente and Gretna Green in Brentwood, but that location is used as a farmer's market on Sunday, so we have moved the start down the road a bit on San Vicente. **START: CORNER OF SAN VICENTE BLVD & 26<sup>th</sup> ST.** in Santa Monica. From San Diego Frwy (405), off & west on Wilshire, R - San Vicente to 26<sup>th</sup> Street. You should be able to find parking near the intersection and then simply group at the intersection.

**Thursday, November 19 – 7:00 p.m. MONTHLY MEMBERS MEETING.** Once again we will be holding our meeting on Zoom. We will probably be doing this until there is a reliable vaccine, and that probably won't be any time soon. Normally, we might be discussing our annual holiday party, but that is probably up in the air too. Anyway, it's always a chance to swap gossip and tall tales. So why not join us. We hope to see you there. If you would like to join the meeting, contact Mel Cutler at [cutlerme@earthlink.net](mailto:cutlerme@earthlink.net) for the necessary information.

**Sunday, November 22 - 8:30 a.m. SIERRA DONUT RIDE** (Long 47 mi & 2100 ft, Medium 42 mi & 2100 ft., Short 18 & 900 ft) Not so long ago donut shops fell on hard times as everyone was attempting to avoid carbs. The big chains like Winchell's and Krispy Kreme closed many outlets and Dunkin' Donuts completely disappeared from Southern California. But now Dunkin is back and many donut shops seem to be doing just fine. However, unlike many food based businesses where large chains eventually dominate the market, it seems that independent donut shops continue to outnumber the chains. So today we are going to support one of those plucky independent shops – Sierra Donuts in Sierra Madre. These routes, which are derived from a ride **Richard Wedeen** formerly rode every Saturday with some friends, travel from the Zoo up to Sierra Madre and the donut shop and then return. Today's medium route is basically Richard's original route. The long adds a few miles with a loop to the south into San Marino. From the donut shop, both routes stay together on the return. The routes gently, but consistently, climb on the trip up to Sierra Madre, but it's mostly downhill back to the start. The short doesn't make it to the shop, but does visit an equally popular bake shop in Montrose. If donuts really aren't your thing, there are alternate lunch sites nearby on all routes. So come on out and support an independent donut maker. **START: Los Angeles Zoo parking lot Northeast Corner** From Ventura (134) Frwy or Golden State Frwy (5), exit near Griffith Park at any exit marked by signs to the Zoo or to the Autry Museum. Follow signs into the park and to the Zoo lot. We will be meeting in the Northeast Corner of the lot near the camel sign. Other groups often meet here, so make sure you are with the Wheelmen.

**Thursday, November 26, 8:30 a.m. THANKSGIVING DAY RIDE** (Long 39 mi & 1100 ft, Medium 37 mi & 1000 ft, Short 27 mi & 600 ft) I'm writing this in September and no one is talking much about Thanksgiving right now, but as the holiday approaches, I'm willing to bet you will hear a lot of pundits say things like "What the Hell have we got to be thankful for this year?" Let's face it, 2020 has been the pits. But I will also bet that a lot of pundits will be coming up with lists of things to be thankful for despite the terrible year we are having. Well, I can think of one thing. Cycling remains one of the few relatively safe physical activities during the pandemic because it is outdoors and riders almost naturally maintain a safe distance from each other. And unlike many people who are only now waking up to the benefits of cycling and are emptying the bike shops of new bikes, we already have bikes and are already used to riding. So, let's get together today and give thanks that our physical activity of choice happens to be the best one possible during the pandemic. Our routes today are old standards. The long and medium head to the Palisades where the view is always nice. After the Palisades, we head down to the Marina for a break before returning to the start. (The difference between the long and medium one uses the bike path while the other uses streets.) The short skips the Palisades, and heads directly to the Marina. All routes are short and easy, leaving you plenty of time to socialize at the Palisades and in the Marina and still get home in time for a traditional Thanksgiving dinner (but maybe this year without the extended family). **START: THE "CORNER", Olympic Blvd, 1 block west of La Cienega in Beverly Hills.** From the Santa Monica Frwy (10), off & north La Cienega 1 miles, L - Olympic 1 block to R- Le Doux.

**Sunday, November 29 - 8:30 a.m. REVEL THE ROLLIES FROM REDHILL** (Long 63 mi & 3300 ft, Medium 50 mi & 2800 ft, Short 28 mi & 500 ft) A couple of easy typos and this could be a different ride. It could be "Ravel the Rollies" which would be a ride during which we listen to the music of Ravel as we go up and down some hills. Or it could be "Reveal the Rollies" in which we find hidden hills we had not ridden before. But it is "Revel the Rollies" which implies that we are to enjoy (perhaps even boisterously) going up and down some hills. Well I always enjoy going down a hill, but I don't know about going up. But in the right frame of mind, I guess it can be fun. You will have to come out today to see what you think. The short simply loops around the Irvine area. The medium route follows the long southeast down to Mission Viejo and then back through Irvine. There are no huge climbs on the medium or short so they could accurately be described as rolling as the name of the ride implies. However, the long adds an extended loop in the middle of the route taking you down to Capistrano for lunch. On the return from this loop to rejoin the medium route, we ride up Pacific Island Drive. This climb of about a mile does not fit my idea of a rolling hill. The rest of the route is fine, but I just want to warn you about that one climb. I guess you have to expect a little more difficulty on a long route. Anyway, join us and see if you can revel in the rollies today. Put some Ravel in your iPod to listen to during the ride – maybe that will help. **START: PINE TREE PARK in TUSTIN.** From Santa Ana Frwy (I-5) in Tustin, off & east on Redhill, L- Bryan one block to park.