

## Los Angeles Wheelmen VP Report and Schedule for August

1 message

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### Los Angeles Wheelmen VP Report - July 28, 2020

Hello All:

**Sunday:** Last Sunday we were down in Orange County for the "Orange Coast Tour." There were 9 of us at the start. I took this photo.



That's **David Nakai, Bill Faulkner, Rafal Karpinski, Ben King, Jacques Stern** and **Mario Solono**. Not in the photo are **Kit Gray** and his friend Alice. I also saw on Facebook that a group of 3 started an hour early. They posted this photo on Facebook aboard the Balboa Ferry



Hard to tell with the masks, but I think that's **Rosanne Giorgio, Lynn Katano** and **Jackie Royer**. Most riders did the long. Bill and I did a modified short route and Kit and Alice, after some tire trouble, simply road around the Back Bay. Kit sent me this photo of the Back Bay





David's account of the ride made it sound as if things went as well as could be expected.

**Other Rides:** As usual these days, **Mel Cutler** and **Dale Aaronson** did a big ride on Saturday. This time it was the "Fullbore For Fillmore" trainer which may well be the toughest trainer we have at well over 100 miles and a ton of elevation gain. Mel sent me a lot of photos, but I liked this selfie taken at the top of Grimes Canyon. I know I'm always happy when I get to the top of that one.



I also received this photo from **Rafal Karpinski** and **Ben King** who did a ride together on Friday taking them around the Palos Verdes peninsula. This was taken at the Yellow Vase there.



**Next Week:** This Sunday we are starting from the "Corner" and riding "Exploring the Environs." The long and the medium head out to the west Valley for lunch and then continue to the coast via Topanga and then loop back to the start through Santa Monica. The short doesn't make it to the Valley but does climb up Franklin Canyon to the nature center there. Not sure that will be open, but it's still a pretty climb. I haven't been doing any climbing so I think the trip up Franklin Canyon will be plenty for me. So I plan to do the short if anyone wants to join me.

### **August Schedule is attached**

The Schedule for August and September, which I would normally send separately, is attached. Once again we are sending it to everyone via e-mail and will not be printing any hard copies.

**Interesting Record:** I got this from Voler (I imagine anyone who has ever ordered a jersey from Voler got it too). Last week a cyclist named Colin Patterson set a 24 hour record for elevation gain at 68,633 feet. That's over twice the height of Mount Everest from sea level (and people who climb Everest don't start anywhere near sea level) He did it by climbing the same 300 foot hill over and over for 24 hours. And we think 30 laps around the Rose Bowl is boring.

**Parting Shot.** I saw this Salon on last Sunday's ride. I thought the name was unusual considering that Medusa had snakes for hair and was so horrible looking that she would turn to stone anyone who looked at her.






See You On The Road

Rod Doty, VP

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 [august\\_schedule.pdf](#)  
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