Los Angeles Wheelmen VP Report - March 10, 2020

Hello All:

Sunday: Last Sunday we were riding our monthly century and metric century – this time down to Laguna and back. David Nakai sent a comprehensive report to the Yahoo Group. According to him there were 9 riders. Phil Whitworth took this photo of five of them.

From left to right, that's Marc Spigelman, Rafi Karpinski, Nancy Domjanovich, David Nakai and Jacques Stern way over on the right. Since he isn't in his own photo, Rafi took this photo of Phil.
Missing from the photos were **Sheila Szymanski** and **Thomas Knoll** who had taken off a bit early and **Mario Solano** who joined the ride en route. I think 3 or 4 did the metric while the rest did the full century. David's account makes it sound like it was an eventful ride: Riders kept getting lost and found, they passed two automotive accidents complete with police at the scene, there was a broken spoke and a flat tire and David was having problems with his bike as well. Despite all that, they finished before dark -- Thank you daylight saving time. Here's a photo from Phil of Nancy working on her flat.
Next Sunday: This Sunday we will be riding “Revel thr Rollies II” starting in Tustin. It's the Ides of March, but don't beware, these are nice routes. The highlight of the long and medium is a ride through Santiago Canyon which isn't all that difficult. The long adds an extra loop which takes you through Trabuco and Live Oak Canyons which are kinda pretty. I'm still off the bike, but I wish I could be there.

Sad News: I have been told that last Sunday Laverne Boethling (who was pictured in this e-mail last week) fell while working at a golf tournament and broke her hip. She is now in Torrance Memorial where she has had or will have surgery. Our sympathies go out to her and we wish her a speedy recovery.

My Arm: Although my broken arm pales in comparison to Laverne's injury, here's the latest on my situation. I saw the orthopedist again today and he says things are coming along well, in fact he wants me to start physical therapy already, which surprises me since I can barely move my arm now. But I guess that's the idea. I did take a photo of my X-ray today. That's my upper arm near the shoulder and the break is the dark line horizontally across the bone,
Parting Shot: Mel Cutler sent me a number of photos from recent rides. To save space I'm only going to print one. This is the sunrise in Carlsbad where he was riding a brevet last weekend,
He missed his installation as a club officer and he missed being awarded the Jack Flynn Award (the club's most prestigious award) but he saw this sunrise. Seems to me we have sunrises here too, but OK.

See You on the Road (in maybe another month)

Rod Doty, VP