

## **FEBRUARY SCHEDULE**

**Sunday, February 2, 8:30 a.m. REVEL THE ROLLIES (CORONA)** (Long 65 mi & 3200 ft, Medium 49 mi & 2400 ft, Short 34 mi & 1400 ft) Today is Groundhog Day. By the time we start our ride the official groundhog in Punxsutawney, PA will have already made his prediction, but I'm not sure it is applicable here in California. Maybe we should check with local groundhogs. It's hard to find a groundhog here in LA, but maybe out in Corona we might have a better chance. So that's where we are headed today. Besides visiting Corona, the long rides out Temescal Canyon to Tom's Farm where (who knows) they might actually have a groundhog on display. Every time I ride out Temescal, I am surprised (and disappointed) by how developed the area is becoming. It used to be all country road where the groundhogs could roam free. But it is still away from the city and still a pleasant riding area. All routes head out to Corona via Santa Ana Canyon and Green River. The short barely makes it to Corona before returning. The long and the medium routes tour Corona and the long makes the extra swing out Temescal Canyon for lunch before returning to rejoin the Medium riders who had lunch in Corona. Both then return together back through Santa Ana Canyon. There are no major hills just a bunch of medium sized ones. Nothing you can't handle. It's a bit of a drive but you don't have to drive all the way to Corona. We start from the city of Orange which isn't all that far. Note, if you wake up tomorrow and we are riding this ride again, that's a whole different story. **START: EISENHOWER PARK in ORANGE.** From 91 Frwy, go south on the 55 Frwy--take the first exit (Lincoln) which puts you on Tustin Ave Southbound (left at bottom of off ramp). Then R (west) on Lincoln .2 mi., R - Oceanview and R- Main St. into the Park.

**Thursday, February 6th, 8:30 a.m. TRIPLE DIPPER RIDE** See "Every Week Rides" at [www.lawheelmen.org/wheelmen-weekly-rides/](http://www.lawheelmen.org/wheelmen-weekly-rides/)

**Sunday, February 9 - 8:30 a.m. LONG BEACH BOOGIE** (Long 64 mi & 2700 ft Medium 54 mi & 1600 ft, Short 34 mi & 600 ft) I used to schedule this ride mostly in the summer because it starts in Long Beach and it would be cooler at the beach in the summer. But actually, despite starting in Long Beach, these routes don't spend much time near the beach. In fact the long route heads inland all the way to Brea Canyon where in the summer it could be very hot. So maybe it's not so bad that we are riding these routes in February. The long and medium riders head up Coyote creek almost 10 miles all the way to Santa Fe Springs. The long then makes a long loop over to Brea and around back to Santa Fe Springs. This includes a significant climb over Colima and a climb on Pathfinder. If it's a cool day we might actually appreciate those climbs. The medium skips this loop but still does a climb over West Road and East Road so they get to warm up as well. The two routes come back together for lunch. We have to spend some time in Long Beach in order to justify the name of the ride, so before returning to the start, there is a short loop in Long Beach, but by then it will be the afternoon and as warm as it is going to get at the beach. The short gets off Coyote Creek a little earlier than the other two routes and tours northern Orange County on its way back to the start. But don't worry if we don't get to the actual beach today. We'll have plenty of opportunity for that throughout the summer. **START: EL DORADO PARK in Long Beach.** From San Diego Frwy (405), off & North/East on Studebaker 1 mi. to Park. Park in Library lot on right just before Spring St.

**Thursday, February 13th, 8:30 a.m. TRIPLE DIPPER RIDE** See “Every Week Rides” at [www.lawheelmen.org/wheelmen-weekly-rides/](http://www.lawheelmen.org/wheelmen-weekly-rides/)

**Sunday, February 16 - 7:30 a.m. BEACHES TO BREA CANYON CENTURIES** (full century 100 mi & 2900 ft, metric century 66 mi & 1300 ft) Today’s century route has some similarity to last week’s long route in that they both start near the beach and head inland to the Brea Canyon area. However they rarely travel the same streets and when they do, they go in opposite directions. So, even if you rode last Sunday, this should seem like a new experience. Today’s route rides a lot of bike trails with no stops and an 11 mile stretch on Del Amo Blvd. This makes for a fairly fast century, which is good since the days are still short. We start by heading down to Long Beach to ride the Long Beach Bike Trail and then up the Coyote Creek bike trail about 9 miles. We work our way over to Brea and ride up Brea Canyon before the downhill on Pathfinder. Then it’s on to East Road and West Road which is always fun. We will be riding it in the direction which I think is easier. Then it is back along the river and that Del Amo stretch. There are some ups and downs (including a short but sweet climb on 190th St.) but most of the climbing is spread throughout the ride and is usually not very steep. The metric century is much the same as the full century but simply cuts out the center portion of that route. This cuts out the trip up Brea Canyon and the ride over East Road and West Road, but leaves you with a fairly easy route as far east as Buena Park and back. Riding from the beach to Brea and back sounds more impressive than it probably really is, so why not join us and then you can impress your non-cycling friends. **START: POLLYWOG PARK in Manhattan Beach.** From San Diego Frwy off and West on Manhattan Beach Blvd (Inglewood Blvd Exit). Go 1.4 miles to park. Park on the street near the east side of the park.

**Thursday, February 20th, 8:30 a.m. TRIPLE DIPPER RIDE** See “Every Week Rides” at [www.lawheelmen.org/wheelmen-weekly-rides/](http://www.lawheelmen.org/wheelmen-weekly-rides/)

**Thursday, February 20 7:00 p.m. MONTHLY MEMBERS MEETING.** This month we continue the return to our policy of holding meetings at member’s homes. This month our host will be **Marc Spigelman** who has never hosted before, so let’s give him nice hosting experience so that he will want to do it again. Regardless of who hosts, the meetings will be much the same as always. First we will prepare the printed schedules for mailing. Then we will hold a business meeting. This is where you are encouraged to show up and express your thoughts on what the club could be doing or any club related issues that are on your mind. Following the meeting we will have refreshments. Sprinkled throughout the evening is usually a heavy dose of gossip and storytelling. That’s probably the best part. So why not join us and see what goes on behind the scenes in the operation of the club. **PLACE: 9111 Beverlywood St, Los Angeles 90034.** From the Santa Monica Frwy (I-10) take the Robertson exit and go north on Robertson about 0.4 mi. to Beverlywood St. Make a left on Beverlywood for about one block to 9111 on the right, Meeting night directions: **(310) 266-3442.**

**Sunday, February 23 - 8:30 a.m. BRONSON CAVES** (Long 40 mi & 3200 ft, Medium 26 mi & 1600 ft, Short 19 mi & 900 ft) A few years ago we rode this ride as a joint ride with the Bicycle Club of Irvine. They enjoyed it so much that I believe some of their members have continued to ride it on their own and one asked me when we would be riding it again. I’m not surprised be-

cause these are some amazing routes. The long is a mere 40 miles (fairly short for one of our long routes) and yet in that short space you get to ride along Mulholland Drive, ride completely around the Hollywood Reservoir, stop at one of the most popular tourist viewing locations for the Hollywood sign, explore a cave right in the heart of Los Angeles and visit the Griffith Park Observatory. How can we pack so much of iconic LA into one ride? Well, you will have to join us to see. The medium and short routes cut off some of these sites. The medium cuts off the ride along Mulholland and the trip to the Observatory while the short cuts off just about everything except the trip to the caves for which the ride is named. The caves are the highlight of the day. Even if you have never been there I just about guarantee you have seen them. They are a very popular film location and have appeared in many TV shows and commercials. A couple of caveats: The long and the medium include a couple of short but very steep hills. They are short enough that if you had to, you could easily walk the last portion of them. Also, the route is somewhat convoluted. If there was ever a route which would be helped by downloading the route into a Garmin or similar device, this is it. Seems like last time, even with the Garmin pointing the way, I missed a turn or two. At least the Garmin told me I was off course almost immediately. With those caveats aside, this is a most enjoyable ride. You really should make an effort to join us on this one. **START: THE CORNER, Olympic Blvd, 1 block west of La Cienega in Beverly Hills.** From the Santa Monica Frwy (10), off & north La Cienega 1 miles, L - Olympic 1 block to R - Le Doux.

**Thursday, February 27th, 8:30 a.m. TRIPLE DIPPER RIDE** See “Every Week Rides” at [www.lawheelmen.org/wheelmen-weekly-rides/](http://www.lawheelmen.org/wheelmen-weekly-rides/)

**Saturday, February 29 – 7:30 a.m. LEAP DAY CENTURY** (Century 92 mi & 2800 ft, Metric Century 64 mi & 1900 ft) It’s “Leap Day” which only happens once every 4 years and even less often does it fall on a Saturday. When you are given an extra day in the year, you owe it to yourself make good use of it and what better way to use this extra day than by riding your bike. And as long as you are going to be riding your bike, you should make it special and what could be more special than riding a century. We have chosen for our leap day century a relatively easy century we have often ridden before – the “Coastal Cruise Century.” Just to make it even easier, we will be riding a modified version of this century which cuts out a few of the hills and simplifies the route with fewer turns. This is the version I often ride when I do this century on my own. Starting from Playa del Rey, the route heads down to Huntington Beach and back. On the way down we ride through Palos Verdes (which includes a few hills). We take an interesting route through the harbor area which is nicer than you might think. The Long Beach Bike Path gets us to Seal Beach and then it’s a short hop to lunch at the northern edge of Huntington Beach. The route back is a bit more inland but has fewer hills. We will also offer a metric century. The metric stays with the full century down to the edge of Long Beach and then jogs over on the LA River to pick up the full century route again for the return. **START: DEL REY LAGOON in Playa Del Rey.** From San Diego Frwy off and west on Culver Blvd (or off and west on Jefferson, which runs into Culver) to end (approx. 4 mi). R - Pacific Ave to park (Pacific Ave & Convoy)