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## Los Angeles Wheelmen VP Report

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### Los Angeles Wheelmen VP Report - December 17, 2019

Hello All:

**Last Weekend:** Last Sunday we were out in Westlake for "Westlake - Potrero." I couldn't make the ride, but I had reports from 3 of the riders (**Bill Faulkner**, **Jacques Stern** and **Phil Whitworth**). There were 5 riders: **Bill**, **Jacques** and **Phil** were joined by **Sheila Szymanski** and **Rafal Karpinski**. Sheila and Bill rode the medium route and the others did the long although I believe Rafal rode from home and ended up with well over 100 miles (sounds like a prime recruit for Randonneuring). Additionally, **Mel Cutler** rode the short route on Saturday (probably also from home). There was some confusion at the start so I didn't get a group photo. However, Phil sent me this selfie of him and Rafal



Jacques also sent me this selfie of him and Phil



Two of the ride reports mentioned that the weather was sunny but cold. Jacques sent this photo taken (I think) in Port Hueneme which shows what a nice day it was with a bit of snow on the mountains in the distance.

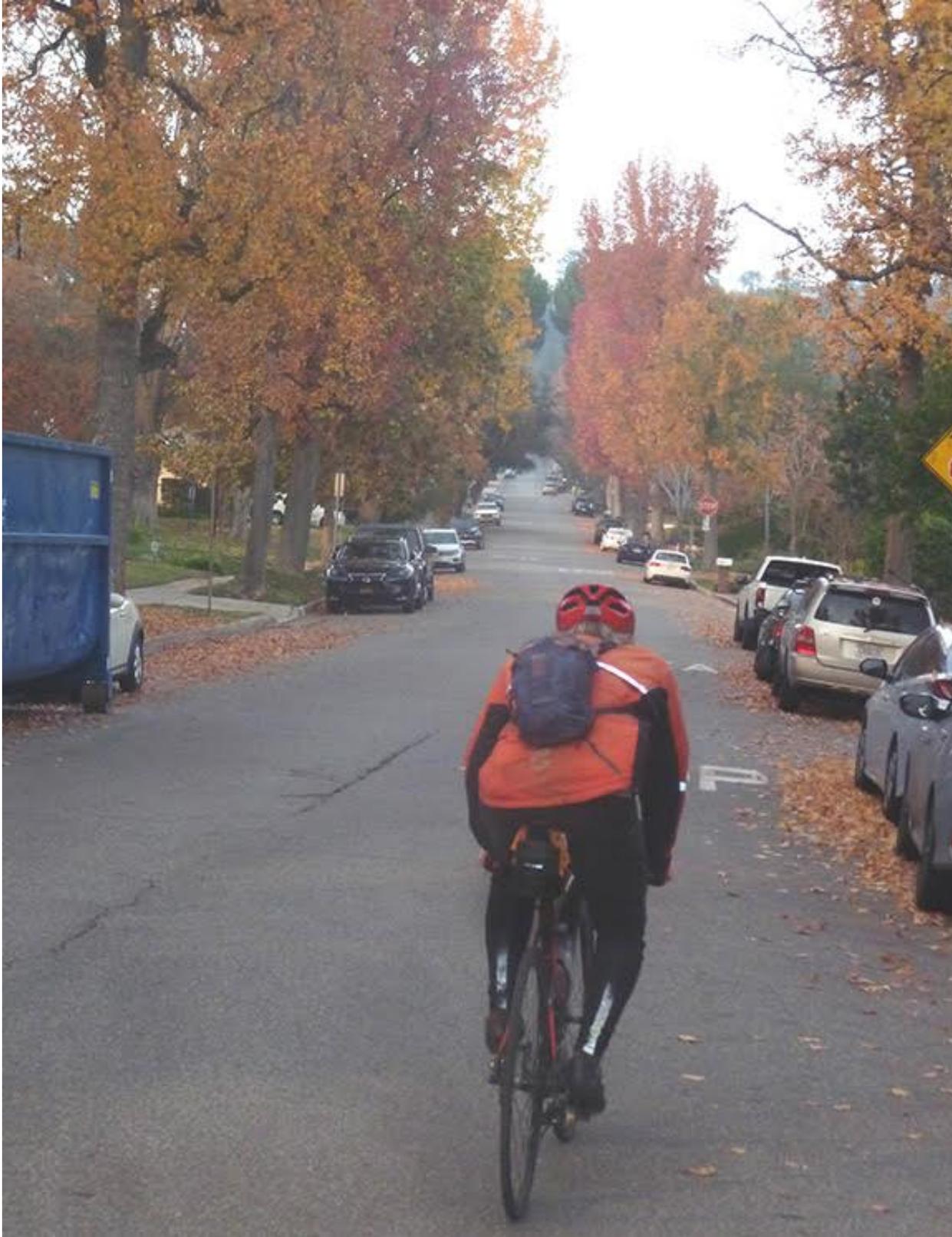


On his ride Saturday, Mel took this photo of a traffic accident, but it also incidentally shows that he had some nice weather on that day as well



It sounded like the riders had a good day. I wish I had been there.

**Prior Week's Ride a Week Late:** Last Saturday **Gary Murphy** and I rode the century which had been rained out the previous Sunday. I had hoped for better weather but it was foggy and wet for about the first two thirds of the ride. It never actually rained, but the streets were wet. However, once it cleared off late in the ride, it was fairly nice. Gary took this photo showing the fall colors.



At least we got our December century in and I hated to miss that particular century because it usually is a nice autumn ride.

**Next Week:** This Sunday we are scheduled to ride "Revel The Rollies III." These rides start down in Irvine and ramble around southern Orange County. Highlights would include riding Capistrano and (for the long) the Turtle Rock area. These are nice routes and I hope to ride. However I was just looking at the long term forecast and it does not look promising. However, as always, it is too early to say now, so I will hope for the best.

Although I will be sending out another Report next Tuesday before Christmas, I do want to remind you now that we also have the annual Christmas ride on Wednesday, the 25th. This is a nice ride I always enjoy very much on a day when the traffic is light.

**Goals:** I got an e-mail from **Mel Cutler** saying he has already met his 2019 goals of riding 10,000 miles and climbing at least 528,000 feet (a vertical century). Congratulations Mel! Last Saturday by riding the century I completed one of my goals for the year -- riding at least one century and at least one metric century in each month. I have yet to reach my mileage goal. If

any of you have achieved your goals this year, let me hear from you and I'll put them here. What's the point of making a goal if you can't tell people about it?

I'm big on cycling goals. I really feel that setting goals helps you keep riding, even if you don't make the goal. Now is the time of year when you should be thinking about your goals for 2020. Send me your goals and I'll also include them here. Announcing your goals can help you stick to them. I find using social media also helps me stick to my goals. I post on Facebook for each ride I did this year and somehow just knowing a few people were seeing my posts helps me stick to my plans.

**Meeting:** There is a club meeting this Thursday. This will be the last time we are meeting at the Culver City Veteran's Memorial Center (Room B). I will be bringing a batch of "Grandma Doty's Sugar Cookies" and you certainly don't want to miss that.

**Parting Shot Update:** Last week I showed a photo of some Christmas decorations which included a couple of pink pigs and I wondered what pigs had to do with Christmas. Well, since then I have seen pink pigs as part of the decorations at 4 more houses. **Ted Ernst** e-mailed me to say that in some places (Germany perhaps) pigs are a symbol of good luck for the coming year and of prosperity and abundance. So maybe that's why there are so many pigs out there on the lawn.

See You On The Road

Rod Doty, VP