

SOUTH BAY RAMBLE

Medium - 43 Miles - 2000 feet (barometric)

PROTECTIVE HELMETS ARE TOTAL NEXT
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 133 ft): Westchester Pk (Manchester & Lincoln)

START SOUTHWEST THRU PARK	0.0	0.1
<i>(Go past Senior Citizens Center to sidewalk along Lincoln To where Loyola Blvd crosses Lincoln)</i>		
CROSS LINCOLN INTO LOYOLA BLVD.	0.1	0.3
R - WESTCHESTER PKWY	0.4	1.3
L - PERSHING DR.	1.7	1.6

L - IMPERIAL HWY	3.3	0.7
R - MAIN ST.	4.0	1.1
L - EL SEGUNDO BLVD.	5.1	1.1
R - PACIFIC COAST HWY (formerly Sepulveda)	6.2	1.1

R - VALLEY DR. (1st R after Rosecrans)	7.3	0.6
L - PACIFIC AVE. (For a short way)	7.9	0.0
L - MARINE AVE.	7.9	0.2
R - POINSETTIA AVE. (Sign hard to see)	8.1	1.1

R - DUNCAN PL. (To end)	9.2	0.1
L - ARDMORE AVE.	9.3	1.0
JOG R/L AT PIER AVE INTO VALLEY DR.	10.3	1.1
<i>(Becomes FRANCISCA)</i>		

Medium & Long routes split here Long turns left at HERONDO

R - CATALINA AVE.	11.4	1.1
R - ESPLANADE	12.5	1.5
CURVE L INTO CALLE MIRAMAR	14.0	0.3
R - CAMINO DE ENCANTO (Just before light)	14.3	0.5

L - PASEO DE LA PLAYA (At T)(a short way)	14.8	0.0
R - PALOS VERDES BOULEVARD (At T)	14.8	2.2
<i>(Curves R into Palos Verdes Dr West)</i>		
R - At 2ND PASEO DEL MAR	17.0	2.0
<i>(Where Palos Verdes Drive becomes divided)</i>		
<i>(Becomes PASEO LUNADO)</i>		
R - VIA ANACAPA (For a short way)	19.0	0.0

R - PASEO LUNADO	19.0	0.8
<i>BCMS PASEO DEL MAR</i>		
R - VIA ALVARADO (To End)	19.8	0.1
L - INTO ALLEYWAY	19.9	0.1
R - VIA PACHECO (For a short way)	20.0	0.0

R - PALOS VERDES DRIVE WEST	20.0	1.4
R - INTO WHALE WATCH SITE	21.4	0.2

BREAK--WATER & RESTROOMS

CONTINUED IN NEXT COLUMN

RETURN TO PALOS VERDES DR	21.6	0.2
L - PALOS VERDES DR. (back the way you came)	21.8	0.4

LUNCH at Golden Cove on R (Subway / Starbucks)

CONT. ON PALOS VERDES DR	22.2	4.9
L - PALOS VERDES <u>BLVD.</u> (Careful!!!)	27.1	0.6
R - CALLE MAYOR	27.7	1.9
L - ANZA AVE.	29.6	2.9

L - 190TH AVE.	32.5	0.5
R - RINDGE LANE	33.0	1.0
L - ARTESIA BLVD	34.0	0.1
R - BLOSSOM LANE	34.1	0.9

L - WARFIELD AVE	35.0	0.2
R - AVIATION BLVD	35.2	4.6
L - ARBOR VITAE	39.8	1.2

BCMS WESTCHESTER PKWY

R - SEPULVEDA WESTWAY (one block past Sepulveda Blvd)	41.0	0.2
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STOP for Frozen Yogurt at Menchie's (Go Right into lot just past Ralphs - Menchie's is next to Starbucks) Afterwards . . . return to Sepulveda Westway

CONTINUE SEPULVEDA WESTWAY	41.2	0.2
L - MANCHESTER AVE	41.4	1.1
L - INTO PARKING LOT AT LOYOLA BLVD	42.5	0.1
FINISH BACK AT PARK	42.6	

See Us on the Web at LAWheelmen.org Problems with this route? E-mail: routes@lawheelmen.org
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Revised 7/98 Last Scheduled 08/22/19

Next Week: An All New Grand Tour Lite!

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