

## LA Wheelmen VP Report

1 message

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## Los Angeles Wheelmen VP Report - August 6, 2019

Hello All:

**Last Sunday:** Last Sunday we were riding "Valley Venture" out in the San Fernando Valley. It was predicted to be very hot in the valley, but still 5 riders were up to the challenge. I took this photo at the start:



That's **David Williams, Sheila Szymanski** and a newcomer whose name I had written down, but now I can't find. **Mel Cutler** showed up a little late for the photo. Sheila and the visitor did the medium while David, Mel and I did the long. Fortunately all the heavy duty climbing comes early in the ride before it really warmed up. The highlight of the long route is the climb to the top of Encino Hills Dr. -- a climb I have sometimes had to walk. Here is a photo Mel took of David as he climbed the last few feet to the top:



And here is a photo I took of MeI as he took the above photo:



So I guess that proves we all made it to the top. I was very happy to have made this climb without walking or resting, but I might have paid for it later in the ride. On the return I was getting pretty warm and took a few rests in the shade. With only 4 miles to go my bike steered itself into a gas station for a cold drink. I couldn't seem to stop it. Well, at least that last 4 miles went a lot better after the drink.

**Next Sunday:** This Sunday we will be riding "Poking Around PV" which is our monthly century and metric century. These routes start in west LA and head down to Palos Verdes and back. The metric makes only a short loop on the peninsula before returning. The full century makes a large clockwise loop around the peninsula including a trip all the way down to San Pedro. The routes include a few short but steep hills for variety, but nothing you shouldn't be able to handle. The good news is that the routes stay fairly close to the coast, so heat shouldn't be a problem. I plan to be there and hope to see several of you too.

I don't have anything else to discuss tonight, so this will be short. I don't even have a photo for my usual "parting shot."

See You On The Road

Rod Doty, VP