

CAPISTRANO CAPER (frwy option)

Long - 64 Miles & 2900 feet (2300 without hill)(mapping software)

PROTECTIVE HELMETS ARE TOTAL NEXT
REQUIRED ON ALL WHEELMEN RIDES MILES TURN

START LOCATION (Elev. 159 ft): San Juan Capistrano -- Camino Capistrano 1/2 mi. S of Junipero Serra Rd		
START SOUTH ON CAMINO CAPISTRANO	0.0	0.3
R - LA ZANJA ST	0.3	0.2
L - AVE. DE LA VISTA (To the End)	0.5	0.3
BEAR R AND INTO BIKE PATH	0.8	0.9

CROSS BRIDGE & GO L (San Juan Creek)	1.7	2.4
AT END U-TURN ON PATH THRU PARK TOWARDS STREET	4.1	0.1
R - ON ST PARALLEL TO PCH (cross bridge)	4.2	0.1
BEARS RIGHT INTO BEACH		
BEAR L TO PICK UP BIKE PATH ALONG PCH	4.3	1.0

L - TO CROSS PCH INTO PALISADES ST.	5.3	0.3
R - CAMINO CAPISTRANO (At top of hill)	5.6	0.6
FOLLOW CAMINO CAPISTRANO RIGHT		
L - CAMINO DE ESTRELLA	6.2	1.4
(Becomes CAMINO DE LOS MARES)		
R - AVE. VAQUERO	7.6	0.3

L - CALLE GUADALAJARA	7.9	0.1
R - CALLE JUAREZ	8.0	0.3
R - CALLE FRONTERA (At T)(cont. to PICO)	8.3	1.6

TO AVOID STEEP HILL do instructions in box below		

CROSS PICO INTO AVE. PRESIDIO (0.3 mi)		
R - CALLE ESCUELA (0.3 mi)		
R - CALLE MIGUEL (0.1 mi)		
R - CALLE EMPALME (0.2 mi)		

R - AVINEDA DE CUESTA / DE LA PAZ (0.2 mi)		
R - EL ORIENTE (0.1 mi)		
L - AVINEDA CABALLEROS (0.1 mi)		
R - AVINEDA PALIZADA (0.2 mi)(go under frwy)		

L - EL CAMINO REAL (to end 2.8 mi)		
(Skip to ##### below)		

CROSS PICO INTO AVE. PRESIDIO (Hill!!!!)	9.9	1.1
L - AVE. SALVADOR (More Up--then down)	11.0	1.7
R - AVE. SAN PABLO (At T)	12.7	0.2
L - AVE. SAN GABRIEL	12.9	0.1

L - EL CAMINO REAL	13.0	1.5
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R - CRISTIANITOS RD (To Cross Frwy)	14.5	0.1
L - INTO BIKE PATH (Just passt Frwy)	14.6	1.0
PATH GOES L THRU FENCE TO OLD PCH	15.6	5.9
CONT. R (SOUTH) ON OLD PCH		
ENTER & CONT THRU CAMP GROUND		
CONT BIKE PATH THRU GATE	21.5	1.9
(At end of campground)		

CONTINUED IN NEXT COLUMN

BIKE PATH GOES R AFTER TUNNEL 23.4 1.5

Long & Medium Split here Long continues South - Medium returns		
R - LAS PULGAS RD. (At End of Path)	24.9	0.2
L - TO ENTER FRWY SOUTH	25.1	7.4
(go through rest area and back onto Frwy)		
R - TO EXIT FRWY TO HARBOR DR	32.5	0.3
R - HARBOR DR (at bottom of ramp)	32.8	0.2

L - AT T JUST PAST RR BRIDGE	33.0	0.2
LUNCH at Harbor Village Shops Area		

RETURN TO HARBOR DR.	33.2	0.3
R - HARBOR DR (go under frwy)	33.5	0.5
L - TO ENTER FRWY NORTH	34.0	7.4
(go through rest area and back onto Frwy)		
R - TO EXIT FRWY AT LAS PULGAS RD	41.4	0.2

R - LAS PULGAS RD	41.6	0.1
L - INTO BIKE PATH	41.7	3.4
(Follow Bike Path back to camp ground)		
CONT THRU GATE INTO CAMPGROUND	45.1	5.9
CONT ON OLD PCH PAST POWER PLANT		
L - ACROSS OLD PCH THRU GATE	51.0	1.0

L - CRISTIANITOS RD (At end of path)	52.0	0.1
R - AVE. DEL PRESIDENTE	52.1	1.8

Follow green bike route signs for next 10 turns		
L - AVE. VALENCIA	53.9	0.2
R - OLA VISTA	54.1	0.6
L - AVE. SANTA BARBARA	54.7	0.1
INTO CALLE SEVILLE	54.8	0.2

R - AVE. PALIZADA	55.0	0.1
L - CALLE PUENTE	55.1	0.5
L - AVE PELAYO	55.6	0.2
R - AVE. FLORENCIA	55.8	0.2

L - CALLE LAS BOLAS	56.0	0.1
R - INTO BOCA DE LA PLAYA (at circle)	56.1	0.1
R - AVE. PICO	56.2	0.1
L - CAMINO REAL	56.3	1.0

R - CAMINO CAPISTRANO	57.3	2.1
L - TO STAY ON CAMINO CAPISTRANO	59.4	0.5
BEAR R INTO VIA CANON (Down hill)	59.9	0.1
L - CAM. CAPISTRANO (again - under frwy)	60.0	0.5

R - AT STOP SIGN (Still Camino Capistrano)	60.5	3.2
BACK TO START	63.7	

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Revised 8/19 Last Scheduled 09/08/19

Next Week: Rings Of Power

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