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## LA Wheelmen VP Report

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Rod Doty <roddoty@roadrunner.com>

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### Los Angeles Wheelmen VP Report - March 12, 2019

Hello All:

**Last Weekend:** Our scheduled ride for Sunday was the century of the month -- "Circling San Fernando." The weather forecast was more promising for Saturday so I decided to ride the century on Saturday. I optimistically thought that if the weather was OK on Sunday maybe I would go out and do the metric on that day. But because of the time change, it was still dark when I woke up to get ready for the ride and I was tired from Saturday's ride, so I convinced myself that it would probably rain anyway and I didn't go. As it turned out, it didn't rain and I should have gone. Oh Well. **David Nakai** did go and sent a report out to the Yahoo Group. It turns out there was only one other rider -- **Sheila Szymanski**. Sheila was doing the metric while David was doing the full century. Actually David was using our century as the 2nd half of a 200 mile ride. He had ridden the first 100 miles during the night. Since not all of you get the Yahoo Group e-mails, I have attached David's lengthy report to this e-mail.

I found the century to be a bit harder than I thought it would be. There were no major climbs, but there was still a lot of climbing scattered throughout the course and it totaled up more than 6000 feet of gain. The weather was mostly cloudy in the morning but there was more sun in the afternoon. I was struck by how much the sun changes my mood. While riding with cloud cover I would be feeling a bit down and wondering what the hell I was doing out there. Then the sun would break through and I would suddenly be enjoying the day and thinking what a nice ride I was having. Then the sun would go behind another cloud and I would go through the whole thing again. Sort of like being bi-polar, but controlled by the sun. **Gary Murphy** also rode a modified version of the century on Saturday and we joined up for about the last 30 miles. Here is a photo he took in Bell Canyon. Although you can see some dead trees in the photo, we both thought there would be more fire damage there. Obviously all the rain has already greened the area up.



Gary sent me another photo of me riding along Piuma mean Malibu Canyon. I believe those are some of the hills of South Korea in the distance.



David also sent a photo to prove that Sunday was a nice day as well. This is taken from Malibu Canyon as it descends to the coast.



**Next Week:** It finally looks like some good weather is coming our way. Next Sunday looks like it is going to be an excellent day for riding. It will be Saint Patrick's Day. We don't really have any special Saint Patrick's Day ride planned, but the ride is in Orange County where all this rain has surely turned the hills very green. We will be riding "Revel the Rollies From Redhill." Both the long and the medium are much the same except that in the middle, the long breaks off to do an extra loop which of course includes some extra climbing. The long has one fairly steep hill that goes on for about a mile, but other than that, the routes are not too difficult. After all the wet weather, it would be nice if we could get a really good group out Sunday. I hope to see a lot of you there.

**March Meeting:** We have a meeting coming up on Thursday, March 21st. As usual, we are looking for someone to provide refreshments. It can be as simple as some Girl Scout cookies (even though David did that last month) or whatever you want. We're not picky. If you can provide refreshments, please let me know.

**Parting Shot:** I don't have much else to report tonight so this will be a short e-mail. As he often does, **Mel Cutler** was riding a brevet last weekend and he sent me a few photos. This one is of the setting sun from the bottom of Torrey Pine's. He sent a second photo from the top of Torrey Pines with the sun in about the same position to show how fast he had climbed the hill. I'm just impressed that he had the time to stop and take photos.



See You On The Road

Rod Doty, VP



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