

Los Angeles Wheelmen VP Report - February 7, 2017

Hello All:

Last Sunday: On Sunday we started from the Zoo for "David Does Descanso." The three of us who rode this one last October when it got rained out were there again along with another 10 riders. It didn't rain this time, but it was sort of gloomy much of the day. Phil Whitworth took a photo of the group at the start. This time we were looking at the camera (well, almost all).



From left to right, that's David Nakai, Rick Gordon, Gary Murphy, Thomas Knoll, Me, Hoy Quan, Mark Rubin, Terry Neff, Ann Trank, Nancy Domjanovich, Phil Whitworth, Jacques Stern and Russ Brynes. I'm definitely getting better at Photoshopping Phil into the photos. The only thing I see wrong is his feet -- sort of looks like he is floating there.

Not only did we have a good turn-out for the ride, but everyone opted to do the long which included one heck of a climb. Congratulations to everyone! Here is a shot taken by Gary Murphy at the top of that climb where we regrouped to catch our breath.



You might notice that Phil is in the exact same pose as in the first photo above. Here's another shot from Gary of the climb in Mount Washington. I think it shows how pretty that area is. It's amazing that it's really in the heart of the city.



Finally, since the name of the ride is "David Does Descanso", Phil took this shot of David Nakai, the ride originator:



We split between a few different places for lunch but then came back together for the fast return downhill back to the Zoo, except that a few stopped off to buy some Girl Scout cookies from a roadside stand which some girl scouts had set up.

Next Week: This weekend we have centuries on Saturday and rides from the Corner on Sunday. On Saturday, the centuries (both full century and metric century) start from Long Beach and head down into Orange County to ride the "Bikeways of Orange County." Both routes ride a number of bike trails and are therefore fairly flat, but the full century does throw in one climb which adds quite a bit to the total elevation gain. The start time is 8 a.m., but I'm thinking of starting closer to 7 to give myself a bit more time. Anyone who wants an early start is welcome to join me.

On Sunday, the ride is "Exploring the Environs" which leaves from the Corner. Both the long and medium head out to the valley, travel to the west valley for lunch and then return by going over Topanga to the coast. However, they each use somewhat different routes. For instance, the long goes to the coast on Old Topanga and the Medium uses New Topanga. If I'm not too tired from the century on Saturday, I hope to be there. I don't have an "on bike" reading of the elevation gain for the long route and I would like to get one.

Dipper News: Last Thursday was Groundhog Day and it was also Gary Murphy's birthday. The Triple Dippers helped him celebrate with a cupcake and a candle. Here's a shot taken by Emma Pham (but with Phil's camera).



I think he had already eaten the cupcake when this was taken. Gary intended to ride his age that day, but actually did better -- he got in a century.

Well, it's almost midnight so I had better send this. I would have gotten it out earlier, but then I decided to try and Photoshop Phil into that first photo and that took me a while. Too bad we don't have someone in the club who knows something about Photoshop.

See You On The Road
Rod Doty, VP